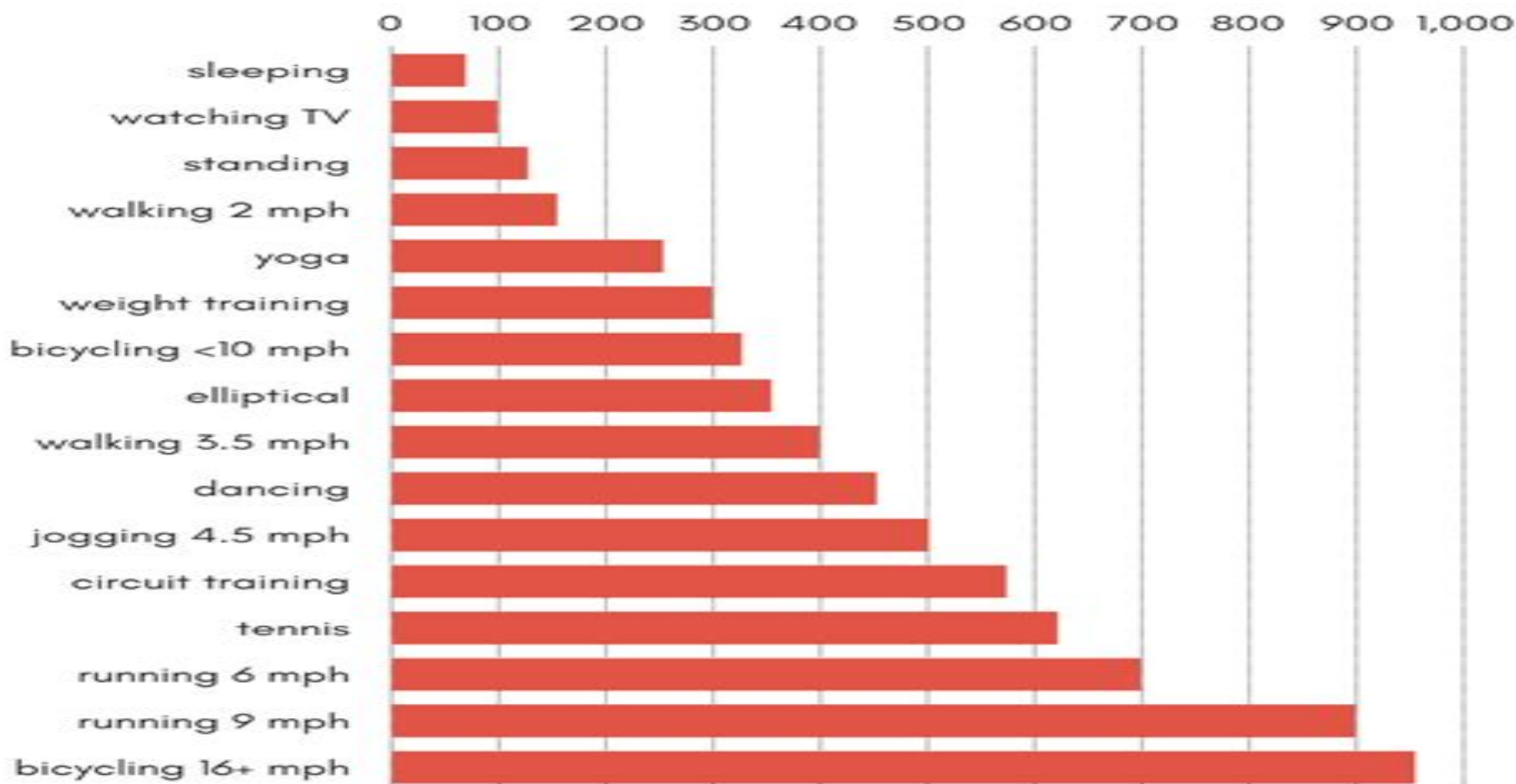


HOW MANY CALORIES DO YOU BURN PER HOUR?

CALORIES BURNED IN 60 MINUTES OF ACTIVITY



CALORIES BURNED IN 60 MINUTES FOR A PERSON WEIGHING 150 POUNDS



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