



# Bulimics On Bulimia Bulimics On Bulimia

**Lindsey Hall, Leigh Cohn**



## **Bulimics On Bulimia Bulimics On Bulimia:**

**Bulimics on Bulimia** Maria Stavrou,2008-09-15 The book looks at people who are living with the disorder shedding new light on the day to day struggle of coping with bulimia It challenges the stereotypical image of the bulimic teenage girl revealing that it affects a far wider range of people and dispelling the myth that bingeing involves only food and purging involves only vomiting

**Bulimia** Lindsey Hall,Leigh Cohn,2010-11-10 This intimate self help guidebook offers a complete understanding of bulimia and a plan for recovery It includes a two week program to stop bingeing ideas for things to do instead of bingeing a guide for support groups specific advice for loved ones and Eat Without Fear Lindsey Hall s story of her self cure which has inspired thousands of other bulimics This 25th anniversary edition updates all information from previous editions with additional material on assessment new diagnostic categories men and bulimia evidence based treatment family assisted recovery the influence of media including the Internet the essentials of long term recovery and much more Drawing on its established track record of success **Bulimia A Guide to Recovery** includes input from 400 recovered bulimics and is packed with valuable tips for therapists educators bulimics and their loved ones

**Bulimia** Roberta Trattner Sherman,Ron A. Thompson,1990-08-15 The classic book that offers understanding and a positive approach Sherman and Thompson answer the questions asked most frequently by the families and friends of bulimics Why do some women become bulimic What are the medical risks The authors both experts on the causes and treatment of eating disorders have created the first authoritative step by step guide to this complex disease They reveal bulimia s insidious nature including the fact that those who care the most about helping can actually make things worse Filled with practical information and advice this essential resource offers hope to millions of bulimics and their loved ones

**Saving Michael: A Bulimia Story: The true story of our Bulimic son, and the powerful intervention of the Living God** Jon Hunter with Sherry Hunter,2017-06-13 Michael was just fifteen years old when he started dieting He wasn t fat he wasn t thin either But he was a strong minded teenager who was determined to change his own life in a very dramatic way Michael s obsession with his appearance drew him into a death struggle with Bulimia Nervosa Sherry and I believed that there was no hope for Michael We knew that we were losing our youngest son but at the height of our desperation God came and touched our lives in a very powerful way When tragedy enters your life and you feel that you have no hope don t be afraid The Lord is close to those who call upon Him He is only a prayer away and when He comes He reveals Himself as the one true God the Almighty

**Bulimia** Janice M. Cauwels,1983 Reveals the mysteries of the development of a disease affecting women of intelligence and low self esteem Covers the problems treatment and help needed on the road to recovery

**Eating Disorders** Phyllis Alsdurf,James Alsdurf,1993-07-02 Phyllis and James Alsdurf blend the personal stories of those who have suffered anorexia or bulimia with vital information on recognizing and treating these two most common eating disorders For friends and family as well as for counselors they offer insight into underlying causes and they offer hope for recovery

**Anorexia Nervosa and Bulimic Disorders** G.I.

Szmukler, P. D. Slade, P. Harris, 2013-10-02 *Anorexia Nervosa and Bulimic Disorders Current Perspectives* covers the proceedings of Conference on Anorexia Nervosa and Related Disorders The book presents 60 papers that cover various aspects that are essential in understanding the nature of eating disorders The materials in the text are organized thematically into sections The book first covers the historical aspects and then proceeds to tackling the classification of eating disorders The succeeding sections detail the different aspects of eating disorders such as epidemiological biological familial psychological and clinical The selection also discusses the treatment outcome and prognosis of eating disorders The book will be of great use to students researchers and practitioners of health related disciplines *The Role of Shame in Bulimia Nervosa and the Female Bulimic's Perception of Interpersonal Needs* Melissa Frisch McCreery, 1991 *The Etiology Of Bulimia Nervosa* Janis H. Crowther, Stevan E. Hobfoll, Mary A. Stephens, Daniel L. Tennenbaum, 2013-02-01 This work reflects material covered at a psychology forum in 1990 striving to unite a psychopathological perspective on bulimia nervosa episodic food bingeing purging with research on individual and family characteristics that might be precursors to developing eating disorders Psychodynamic Treatment of Anorexia Nervosa and Bulimia Craig Johnson, 1991-01-01 Recent research has indicated that approximately one third of the patients who present with disordered eating also have significant personality disorders or Axis II co morbidity These patients are difficult to treat and usually require longer term informed individual psychotherapy This important volume addresses the challenges of treating these patients with chapters written by established psychodynamically oriented clinicians who have been doing longer term treatment Editor Craig Johnson has fashioned a valuable contribution to the continuing search for effective treatment interventions for this group of patients This volume is aimed at clinicians and researchers working in the field of eating disorders

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