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A MENTE MEDITATIVA

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Sequestros Alienígenas II Mário Nogueira Rangel, Uf logo e pesquisador revela a partir de hipnoses em pessoas abduzidas por vni o que os extraterrestres estão fazendo na Terra

La ciencia de la meditación Ramiro Calle, 2024-04-04 Ramiro Calle el gran pensador de nuestro tiempo descifra las claves de la meditación para una vida más confortable y completa

Le radici del qigong cinese Jwing-Ming Yang, 2008

Ante la ansiedad Calle Ramiro A., 2023-02-01 Las exigencias que nos imponen o nos imponemos la descompensación de los mecanismos de adaptación la expectativa de resultados inciertos la persecución compulsiva y la avidez de logros los enfoques incorrectos de la existencia y la confusión de prioridades los conflictos internos la atmósfera hipertensa en la que muchas personas se ven obligadas a desenvolverse todo ello genera ansiedad Asimismo y sobre todo la falta de armonía interior las viejas heridas del subconsciente los conflictos básicos sin resolver las tendencias neuróticas las relaciones inmaduras las carencias psicológicas y las deficiencias emocionales Sólo en la medida en que maduramos vamos remitiendo la sensación de ansiedad El afán de posesión los impulsos de dominio el compulsivo juego de la competitividad la ausencia de ser la excesiva demanda de seguridad la avidez y el aferramiento la persecución de la felicidad en donde no puede residir la ofuscación las actitudes rigidamente egocéntricas todos estos también son factores y destacados generadores de ansiedad

Sophia Ed. 79 - Mudanças para um novo mundo Editora Teosófica, O fim dos velhos padrões é abrir espaço para relacionamentos baseados em uma nova ordem Seres assim com uma mente nova serão verdadeiros focos de luz iluminando todo o planeta Por trás das máscaras Bodhicitta a mente altruista As lições da Solidão

Sexualidad trascendente y erotismo en el yogaÉ Adrian Marcelli

Esquivel,2016-09-21 Este texto explora la visi n aparentemente insalvable entre la er tica m stica el Hatha Yoga y el Tantra y profundiza en un recorrido por develar las complejas y sutiles redes de todarelaci n trascendente del ser humano La v a superior del Tantra del Hatha y del Raja Yoga parten del deslumbrante descubrimiento de los caminos de contacto relaci n y sentido los cuales se expresan a trav s de siete dimensiones que son la base y la clave de la alquimia superior del yoga

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