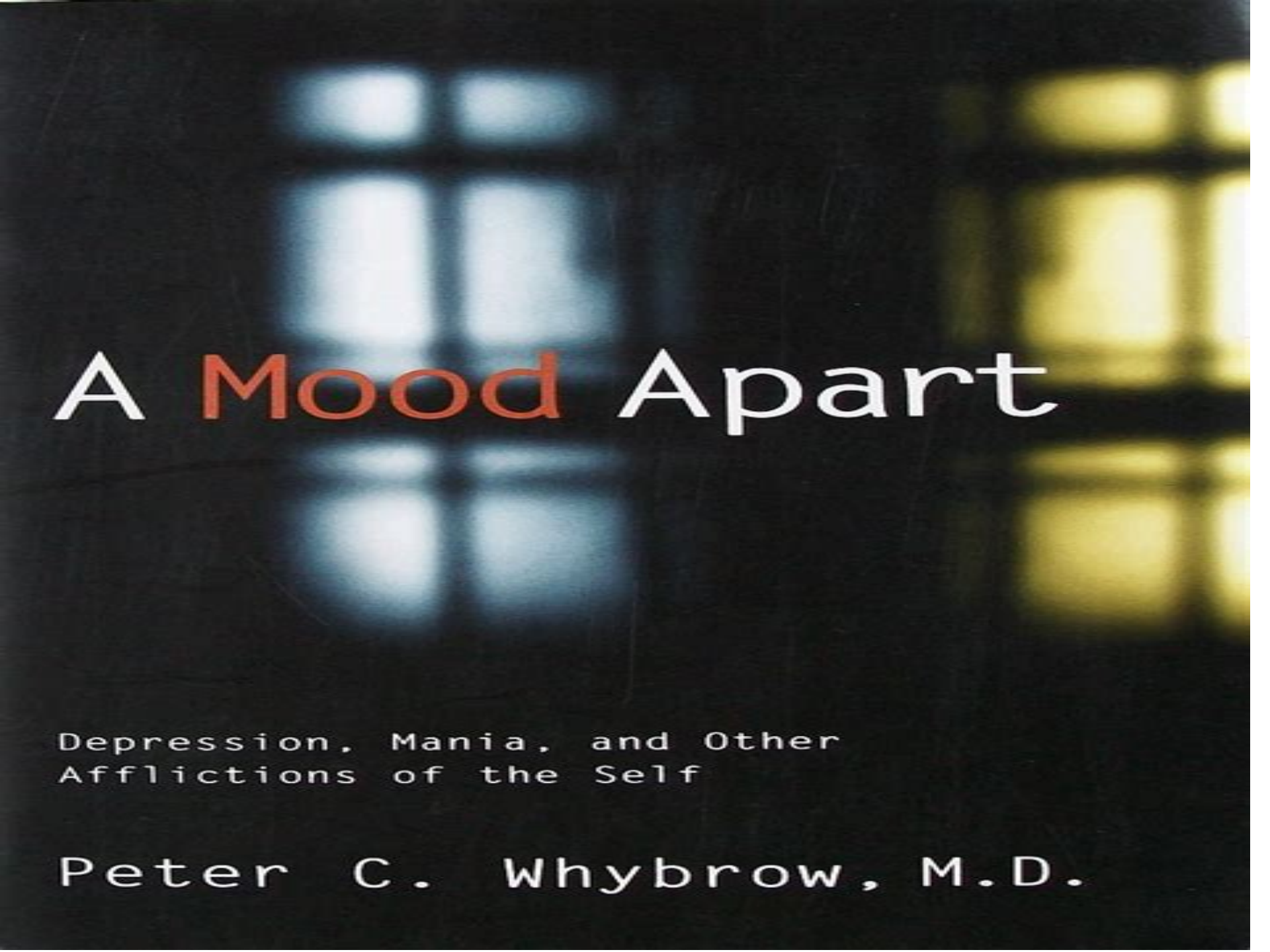


The background of the book cover is a dark, out-of-focus photograph of city lights at night. On the left, there are several bright, rectangular light sources, possibly windows or streetlights, that appear as soft, glowing shapes. On the right, there are more numerous, smaller, and warmer-toned light sources, creating a bokeh effect. The overall mood is contemplative and somewhat somber, fitting the book's theme.

A Mood Apart

Depression, Mania, and Other
Afflictions of the Self

Peter C. Whybrow, M.D.

A Mood Apart Depression Mania And Other Afflictions Of The Self

S Nieto



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