

Top Study Tips



1

Give yourself
enough time
to study



2

Review syllabuses
and subject reports



3

Organise study
groups with
friends



4

Take regular
breaks



5

Practise on
past papers*



6

Snack on
'brain food'



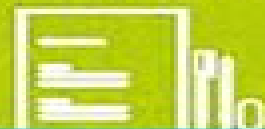
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Plan your
exam day



8

Organise your
study space



9

Get plenty
of sleep



Basic Study Skills And Tips For Psychology Students

Jiyuan Zhang



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