

Applied Biomechanics: Concepts and Connections: Concepts and Connections

DESCRIPTION

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<https://maulkilasjia.blogspot.com/?read=1284170047> | Download Book [PDF] Applied Biomechanics: Concepts and Connections: Concepts and Connections | Each new print copy includes Navigate 2 Advantage Access that unlocks a comprehensive and interactive eBook, student practice activities and assessments, a full suite of instructor resources, and learning analytics reporting tools. Written for undergraduate biomechanics courses, Applied Biomechanics Concepts and Connections, Second Edition is a comprehensive resource that focuses on making connections between biomechanics and other subdisciplines of exercise science. With that in mind, each chapter contains a Concepts section and a Connections section. The Concepts are the core nuts and bolts of understanding the mechanics of movement. The Connections are designed to show how the Concepts are used in the many diverse areas within the movement sciences. The Second Edition was written to meet the needs of students who aspire to any field of human movement or performance, making the concepts of biomechanics relevant no matter their ultimate choice of profession. Key Features NEW - A new end-of-text Student Workbook provides additional problems that are ideal for homework assignments, study aids, and in-class exercises. PDF pages also available on Navigate 2. NEW - Includes a wealth of new and updated artwork, illustrations and graphs. UPDATED - Focus on Research feature boxes, and examples throughout the text have been updated to keep pace with changes in the field since the previous edition. UPDATED - Chapter 12, Connections by Application, is meant to apply all of the biomechanical concepts using a single sport and has been updated to reference soccer in all applications.

Applied Biomechanics Concepts And Connections

Applied Biomechanics Concepts And Connections

John McLester, Peter St. Pierre



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