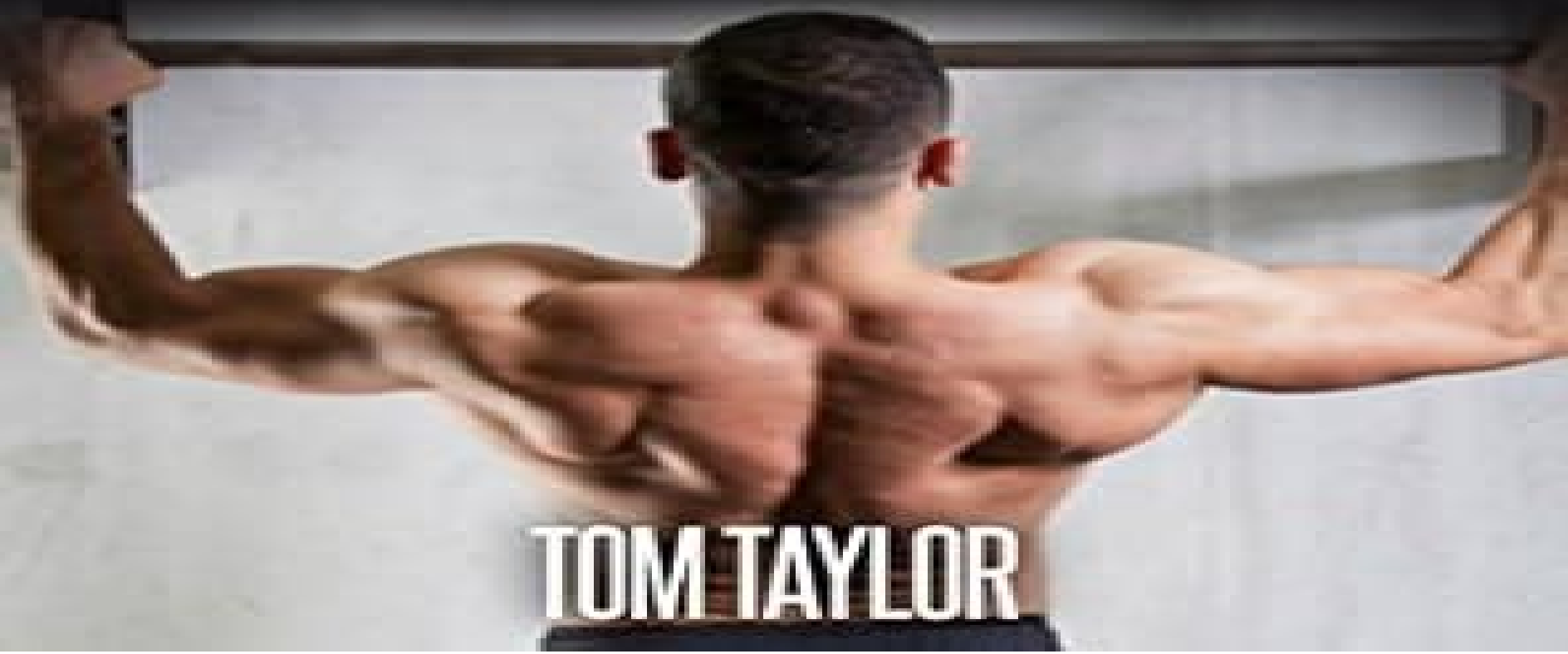


BODYWEIGHT TRAINING

The Ultimate Guide To Rapid Muscle Growth



TOM TAYLOR

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