# BEHIND THE MASK

revised and updated



THE IAN YOUNG GOALTENDING METHOD

lan Young and Chris Gudgeon

How.
Comprehensive
Edition
Combining
Fundamental
and Advanced
Techniques

### **Beyond The Mask The Ian Young Goaltending Method**

**Jessica J Manson** 

#### **Beyond The Mask The Ian Young Goaltending Method:**

Behind the Mask Ian Young, Christopher Gudgeon, Chris Gudgeon, 1992 This completely revised edition of Behind the Mask combines the first two volumes in the bestselling Ian Young Goaltending Trilogy Behind the Mask and Beyond the Mask Now in one convenient book is everything a coach or young goaltender needs to develop and practice essential skills Also included are exciting game action photographs and informative diagrams Author Ian Young is a world renowned authority whose innovative drills and practice techniques have a proven record of success with coaches parents and goaltenders

<u>Basic Hockey and Skating Skills</u> Jeremy Rose, Murray Smith, 1993 An introduction to basic ice and in line skating discussing equipment selection and maintenance skating techniques and drills and how to construct a homemade rink

**Our Game** Doug Beardsley, 1997 Like any allstar team the book has an impressive line up of crusty veterans unsung heroes and hot rookies Monday Magazine The Hockey News ... Yearbook ,1994 Get the Edge Audrey Bakewell, 1996 Audrey Bakewell provides an introduction to power skating covering essentials such as balance agility flexibility timing and Roller Hockey Greg Siller, 1997 Anyone interested in roller hockey will find a complete guide to the game in endurance this book from fundamentals to advanced techniques from rules to equipment as well as practical insights based on the author's own experiences in both ice hockey and roller hockey Photos diagrams charts Canadian Book Review Annual ,1993 Children's Books in Print, 2007, 2006 **Quill & Quire** ,1993 The Hockey Goalie's Handbook Jim Corsi, John Hannon, 2002-03-18 The most comprehensive guide to the art and science of goaltending The past decade has seen a tremendous surge of interest in hockey More colleges and universities have added programs Hockey leagues are sprouting up in such unlikely places as Florida beach communities New Mexico desert towns and the Texas flatlands Coauthored by Jim Corsi goaltending coach for the Buffalo Sabres The Hockey Goalie's Handbook is the most comprehensive guide to mastering the most demanding hockey position goalie Drawing upon his extensive coaching experience at all levels from peewees to pros Corsi explores all facets of goaltending From the psychology of being a goalie to choosing and purchasing the right equipment for an individual s style and needs to drills for improving timing coordination reach and speed Corsi covers all the bases with invaluable advice and guidance as well as tips and techniques for aspiring goalies parents and hockey coaches

## Whispering the Techniques of Language: An Psychological Journey through **Beyond The Mask The Ian Young Goaltending Method**

In a digitally-driven earth wherever screens reign supreme and instant transmission drowns out the subtleties of language, the profound strategies and psychological subtleties concealed within words frequently get unheard. However, set within the pages of **Beyond The Mask The Ian Young Goaltending Method** a interesting literary value pulsating with fresh feelings, lies an extraordinary quest waiting to be undertaken. Written by a skilled wordsmith, that wonderful opus invites viewers on an introspective journey, delicately unraveling the veiled truths and profound impact resonating within the fabric of each word. Within the emotional depths of this emotional review, we can embark upon a genuine exploration of the book is primary styles, dissect its interesting publishing model, and yield to the strong resonance it evokes heavy within the recesses of readers hearts.

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