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BETWEEN
HEAVEN
AND
EARTH

A GUIDE TO CHINESE MEDICINE

HARRIET BEINFIELD, L.Ac., and EFREM KORNGOLD, L.Ac., O.M.D.

# Between Heaven And Earth A Guide To Chinese Medicine

**Lei Huang** 

#### **Between Heaven And Earth A Guide To Chinese Medicine:**

Between Heaven and Earth Harriet Beinfield, Efrem Korngold, 2013-12-18 A worthy and important Deepak Chopra guide that demystifies Chinese medicine and explores the benefits of its three pronged holistic approach Comprehensive encyclopedic and lucid this book is a must for all practitioners of the healing arts Annemarie Colbin author of Food and Healing The promise and mystery of Chinese medicine has intrigued and fascinated Westerners ever since the Bamboo Curtain was lifted in the early 1970s Now in Between Heaven and Earth two of the foremost American educators and healers in the Chinese medical profession break down this centuries old approach to health Harriet Beinfeld and Efrem Korngold pioneers in the practice of acupuncture and herbal medicine in the United States for over eighteen years explain the philosophy behind Chinese medicine how it works and what it can do Combining Eastern traditions with Western sensibilities in a unique blend that is relevant today Between Heaven and Earth addresses three vital areas of Chinese medicine theory therapy and types to present a comprehensive yet understandable guide to this ancient system Whether you are a patient with an aggravating complaint or a curious intellectual seeker Between Heaven and Earth opens the door to a vast storehouse of knowledge that bridges the gap between mind and body theory and practice professional and self care East Between Heaven and Earth Harriet Beinfield, Efrem Korngold, 1991 Two of the foremost American educators and West and healers in the Chinese medical profession demystify Chinese medicine's centuries odl approach to health Combining Eastern traditions with Western sensibilities in a unique blend that is relevant today BETWEEN HEAVEN AND EARTH opens the door to a vast storehouse of knowledge that bridges the gap between mind and body theory and practice professional and self care East and West From the Trade Paperback edition Ancient Wisdom, Modern Kitchen Yuan Wang, Warren Sheir, Mika Ono, 2010-03-09 The ancient Asian practice of cooking with healing herbs and other therapeutic foods meets Western palates and kitchens in these guick easy delicious recipes Equine Acupressure Nancy A. Zidonis, Marie K. Soderberg, Amy Snow, 1999-01-01 Tao and Dharma Robert Svoboda, Arnie Lade, 1995-07-31 Tao and Dharma Chinese Medicine and Ayurveda explores the enduring features of humanity s longest and continually practiced systems of medicine These two indigenous healing arts arising independently in China and India communed and exchanged experience techniques and therapeutic substances over the epochs of their development This book s interesting and valuable comparison provides a pioneer effort in examining side by side two great systems of medicine studying closely the historical theoretical and Dictionary of Natural Healing Deborah R. Mitchell, 1998-09-15 Guide explaining exactly what each practical relationships natural remedy is including definition pronunciations conditions for which the therapy or product is used how it is performed or applied also appendices provide facts on product information further reading reference materials **Encyclopedia of** Wellness Sharon K. Zoumbaris, 2012-06-06 This wide ranging encyclopedia addresses our rapidly changing understanding of health and wellness providing a collection of essays that are up to date and comprehensive in both scope and breadth

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In a digitally-driven earth wherever screens reign great and instant interaction drowns out the subtleties of language, the profound secrets and emotional subtleties concealed within words usually get unheard. Yet, nestled within the pages of **Between Heaven And Earth A Guide To Chinese Medicine** a interesting literary value pulsing with fresh emotions, lies a fantastic quest waiting to be undertaken. Written by a skilled wordsmith, this marvelous opus invites visitors on an introspective journey, delicately unraveling the veiled truths and profound influence resonating within the cloth of every word. Within the emotional depths of this emotional evaluation, we can embark upon a heartfelt exploration of the book is key styles, dissect their interesting writing type, and fail to the strong resonance it evokes deep within the recesses of readers hearts.

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