# CHINESE COOKBOOK

150 Authentic Chinese Recipes for Modern Kitchens

**Duke Yeong** 



# **Authentic Chinese Cookbook**

**Sorina Asan** 

#### **Authentic Chinese Cookbook:**

Family Style Chinese Cookbook Shanti Christensen, 2016-12-20 Family Style Chinese Cookbook is a treasure trove of real Chinese home cooking But it s more than just a cookbook it s a collection of stories about tradition ceremony family and pride Bee Yinn Low author of Easy Chinese Recipes Authentic Chinese cuisine is responsible for some of the most tantalizing dishes in the world And yet creating these delicious dishes may seem daunting We re not talking about westernized Chinese food that you can find in most Chinese cookbooks but rather the succulent flavors vibrant aromatics and bold pairings that define what authentic Chinese food truly is Shanti Christensen knows a thing or two about what makes Chinese food authentic As food editor for Time Out Beijing and an avid traveller Shanti soaked up China's culture and food But the best cuisine she experienced wasn t from five star restaurants but rather from the family kitchens of locals Family Style Chinese Cookbook is an assemblage of family recipes that Shanti collected during her time with families throughout China Presented alongside endearing stories these recipes form a Chinese cookbook that evokes a truly unique experience to excite your curious spirit and surprise your adventurous palate With Family Style Chinese Cookbook you ll find everything you need to cook home style Chinese food from your very own kitchen including High quality authentic Chinese family heirloom recipes Cooking tips based on your personal preferences and suggested variations for hard to find ingredients Guidance for stocking up on Chinese pantry essentials and finding unique ingredients Overview of essential equipment commonly required for proper recipe preparation such as a glazed clay pot wok and mandoline Simplified instructions of basic cooking techniques including those for tenderizing meat stir frying parboiling and braising In China food brings people together With the ease and simplicity of Family Style Chinese Cookbook you and yours will savor the bold flavors sweet aromas and warm connection that can be offered through authentic Chinese cooking Chinese Cookbook Maki Blanc, 2021-03-25 Do you want to learn how to cook traditional Chinese recipes at home In this book Maki Blanc will guide you towards a world of authentic Chinese recipes that can be easily cooked in your kitchen Chopsticks and wok are the natural companions of one of the most tasty cuisine in the world Chinese food is far from the greasy dishes you can find in low graded restaurants Chinese food is rich crunchy spicy and balanced with hundreds of different dishes from noodles to proteins China is one of the biggest countries in the world and its cuisine differs a lot from north to south in terms of seasoning and cooking techniques for reasons linked with the territory that goes from subarctic region to the tropical seas and partly due to historically different influences The basis of Chinese cuisine are posed on rice and wheat staple food necessary to feed a population of over 1 3 billion people Soybean products vegetables and spices such as Sichuan peppercorn cloves and cinnamon along side poultry and red meat complete the picture of a complex tasty and entertaining cuisine that can be easily replicated at home with ingredients found in the local supermarkets In Chinese Cookbook by Maki Blanc you will learn How to cook authentic Chinese food at home 70 easy recipes for traditional Chinese food Easy to follow recipes for the most famous and exciting

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In a fast-paced world fueled by information and interconnectivity, the spellbinding force of linguistics has acquired newfound prominence. Its capacity to evoke emotions, stimulate contemplation, and stimulate metamorphosis is truly astonishing. Within the pages of "**Authentic Chinese Cookbook**," an enthralling opus penned by a very acclaimed wordsmith, readers embark on an immersive expedition to unravel the intricate significance of language and its indelible imprint on our lives. Throughout this assessment, we shall delve to the book is central motifs, appraise its distinctive narrative style, and gauge its overarching influence on the minds of its readers.

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