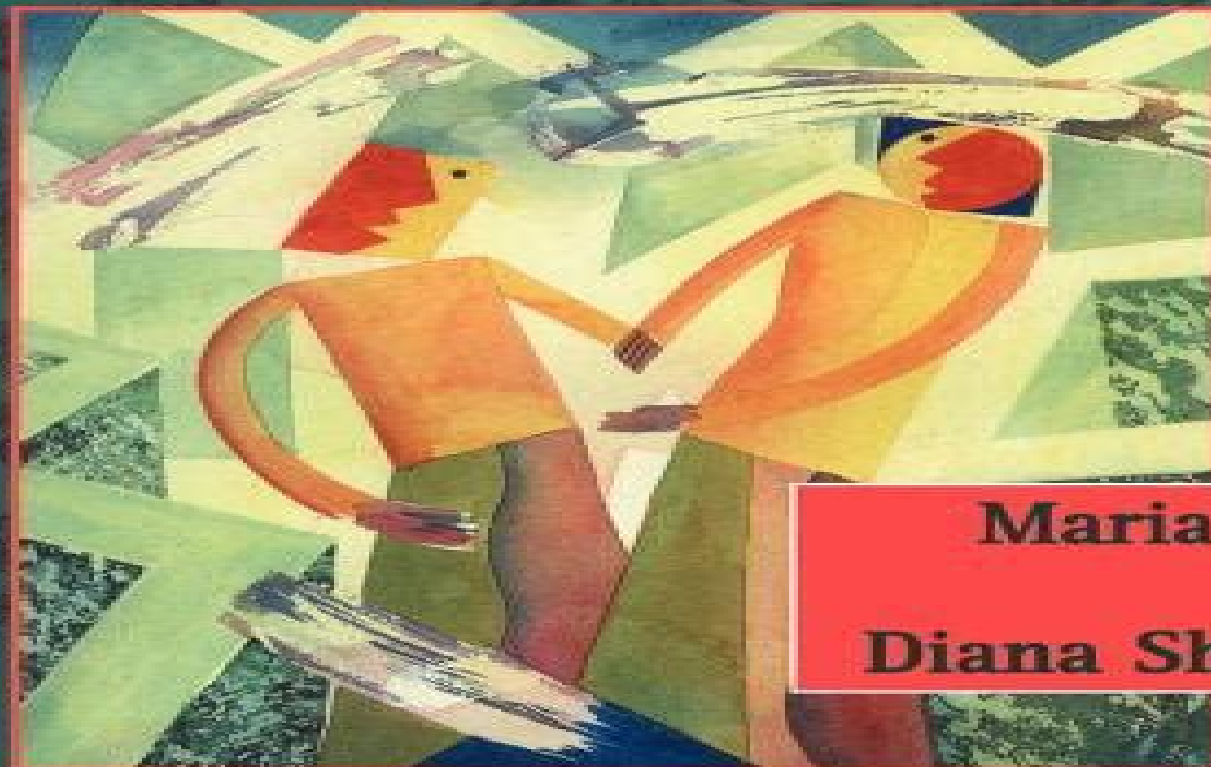


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factors that are involved in applying these approaches in clinical practice Supplementary online materials include PowerPoint slides and test questions to help readers further expand their understanding of integrated and unified approaches for the anxiety disorders and assess their newfound knowledge Graduate and undergraduate students novice and seasoned therapists and researchers will learn the rationale for and the history of past and contemporary integrated and unified models of treatment to gain better insight into anxiety disorders *Clinical Casebook of Couple Therapy* Alan S.

Gurman,2012-11-26 An ideal supplemental text this instructive casebook presents in depth illustrations of treatment based on the most important couple therapy models An array of leading clinicians offer a window onto how they work with clients grappling with mild and more serious clinical concerns including conflicts surrounding intimacy sex power and communication parenting issues and mental illness Featuring couples of varying ages cultural backgrounds and sexual orientations the cases shed light on both what works and what doesn't work when treating intimate partners Each candid case presentation includes engaging comments and discussion questions from the editor See also *Clinical Handbook of Couple Therapy* Fourth Edition also edited by Alan S Gurman which provides an authoritative overview of theory and practice

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Depressive Disorders Judy Z. Koenigsberg,2023-07-25 *Depressive Disorders* uses an integrative view to explore the etiology of depression its development and maintenance and highlights contemporary unified psychotherapy approaches The text includes case examples that illustrate how to use integrated and unified psychotherapy approaches to help patients with

depressive disorders Dr Koenigsberg demonstrates how research based approaches may be used to treat individuals with different types of depressive disorders such as major depressive disorder persistent depressive disorder bipolar disorder cyclothymia and adjustment disorder with depression It encourages therapists to recognize that the complex themes of the depressive disorders may be more fully realized within the context of integrated and unified psychotherapy perspectives This text is essential for early career and seasoned therapists graduate students and psychotherapy researchers who wish to explore the past and contemporary history of psychotherapy approaches in order to understand the depressive disorders

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