#### **BIOLOGY LAB: Homeostasis and Exercise**

#### VARIABLES:

Controlled Variable: The intensity of the exercise.

Independent Variable: The amount of time (in minutes) allotted to perform the exercise (jumping jacks).

Independent Variable: The increase/decrease in heart rate, breathing rate and perspiration level.

#### V. RESULTS

#### A. (TABLE)

The graph below shows a compiled version of the results obtained from the experiment. The left column (highlighted in yellow), is the first trial and in the other divided right column (highlighted in blue) is the second trial.

Time (min)	(beats/min)		Breathing Rate (breaths/min)		Perspiration Level	
	Trial 1	Trial 2	Trial 1	Trial 2	Trial 1	Trial 2
0	156	124	36	44	0	2
2	164	160	52	52	0	2
4	144	120	40	48	0.5	2
6	160	156	52	52	1	2
8	168	180	48	60	1	2
9.5	280	275	60	52	2	2

#### B. (GRAPH)

There will be three graphs shown below, for each of the graphs, there will already be a display of both of the trials. The three graphs will be constructed according to the three different dependent variables; heart rate, breathing rate, and the perspiration level.

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