



APPETIZERS

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SALADS (Served with a breadstick | 190 cal.)

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BLACKENED SHRIMP CAESAR SALAD 660 cal. **11.49**
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CHICKEN

BOURBON STREET CHICKEN & SHRIMP 740 cal. **14.59**
CHICKEN TENDERS PLATTER 1480 cal. **11.79**
FIESTA LIME CHICKEN* 1200 cal. **12.99**
GRILLED CHICKEN BREAST 190 cal. **11.29**

SEAFOOD

BLACKENED CAJUN SALMON 250 cal. **14.99**
DOUBLE CRUNCH SHRIMP 1200 cal. **14.29**
HAND-BATTERED FISH & CHIPS 1440 cal. **12.99**

PASTA (Served with a breadstick | 190 cal.)

FOUR-CHEESE MAC & CHEESE WITH HONEY PEPPER CHICKEN TENDERS 1300 cal. **13.99**
CLASSIC BLACKENED SHRIMP ALFREDO 1170 cal. **14.59**
CLASSIC BROCCOLI CHICKEN ALFREDO 1280 cal. **13.99**

SANDWICHES & MORE

(Served with classic fries | 430 cal.)

BACON CHEDDAR GRILLED CHICKEN SANDWICH 860 cal. **10.49**
ORIENTAL CHICKEN SALAD WRAP 1500 cal. **10.29**
ORIENTAL GRILLED CHICKEN SALAD WRAP 1290 cal. **10.29**
THE PRIME RIB DIPPER 1000 cal. **12.99**

BEVERAGE

FOUNTAIN 0-210 cal. **2.99**
FLAVORED ICED TEAS 45-80 cal. **2.99**
FLAVORED LEMONADES 180-280 cal. **2.99**

BURGERS

(Served with classic fries | 430 cal.)
CLASSIC BACON CHEESEBURGER 990-1020 cal. **10.99**
CLASSIC CHEESEBURGER 890-930 cal. **9.99**
CLASSIC BURGER 760 cal. **9.49**
WHISKY BACON BURGER 1250 cal. **11.29**

Pile it on

EXTRA APPLEWOOD-SMOKED BACON 100 cal. **1.49**
EXTRA CHEESE 130-170 cal. **.59**
EXTRA PATTY 400 cal. **3.99**

Substitute

CHICKEN BREAST Subtract 220/210 cal.
LETTUCE WRAP Subtract 330 cal.

KIDS MENU (One side included per Kids Item)

CHEESEBURGER 610 cal. **5.99**
CHICKEN CORN DOG 210 cal. **5.99**
CHICKEN TENDERS 300 cal. **5.99**
KRAFT* MACARONI & CHEESE 310 cal. **5.99**

Kids Sides (Add an additional side for .99)

BROCCOLI TREES 30 cal.
FRENCH FRIES 430 cal.
GARLIC MASHED POTATOES 130 cal.
MOTT'S* APPLESAUCE 60 cal.
MOZZARELLA STICKS 330 cal.

SIDES (No additional charge for Classic Sides)

CLASSIC SIDES

STEAMED BROCCOLI 100 cal.
CLASSIC FRIES 430 cal.
GARLIC MASHED POTATOES 250 cal.
GARLICKY GREEN BEANS 160 cal.
SIGNATURE COLE SLAW 130 cal.

SIGNATURE SIDES

FOUR-CHEESE MAC & CHEESE WITH APPLEWOOD-SMOKED BACON 420 cal. **1.49**
LOADED GARLIC MASHED POTATOES 440 cal.
CRUNCHY ONION RINGS 510 cal. **2.59**

SOUP & SIDE SALAD

FRENCH ONION SOUP 340 cal. **3.49**
CAESAR SALAD 220 cal. **3.49**

DESSERTS

BLUE RIBBON BROWNIE 1400 cal. **6.99**
BROWNIE BITE 340 cal. **1.79**
TRIPLE CHOCOLATE MELTDOWN* 1000 cal. **6.99**

Applebees Menu

**Erica Sadun, Michael Grothaus, Steve
Sande**



Applebees Menu:

The Unauthorized Copycat Cookbook: Recreating Recipes for Applebee's Grill and Bar Menu Copycat

Cookbooks JR Stevens, 2019-09-29 Try Applebee's Copycat Recipes in Your Kitchen In The Unauthorized Copycat Cookbook Recreating Recipes for Applebee's Grill and Bar Menu we recreate the casual dining experience of this neighborhood restaurant chain We all like to dine out but that can get expensive especially for an entire family But what if you can recreate those recipes at home The Applebee's concept focuses on casual dining with mainstream American dishes such as salads shrimp chicken pasta and ribs You'll find more than 50 recipes you'll recognize from their menu which allows you to cook your favorite dishes in your own kitchen Here are some of the recipes you'll recognize Bahama Mama Cocktail Blue Hawaiian Cocktail Mango Summer Squeeze Cocktail Fireball Whisky Lemonade Cheeseburger Egg Rolls Double Crunch Bone in Wings Sriracha Shrimp Salsa Verde Beef Nachos Mozzarella Sticks Baked French Onion Soup Grilled Chicken N Cornbread Salad Thai Shrimp Salad Southwest Grilled Chicken Salad Garlicky Beans with Bacon Maple Pecan Mashed Sweet Potatoes Fiesta Lime Chicken Bourbon Street Steak Crispy Orange Chicken Bowl Bone in Pork Chop with Honey Apple Chutney Double Glazed Baby Back Ribs Crunchy Shrimp Firecracker Shrimp Cavatappi BBQ Brisket Tacos Chicken Fajita Rollup Honey Grilled Salmon Whiskey Bacon Burger Triple Chocolate Meltdown Deadly Chocolate Sin Mudslide [Applebee's America](#)

Douglas B. Sosnik, Ron Fournier, Matthew J. Dowd, 2007-09-04 This New York Times bestseller now in paperback takes the readers behind the scenes of Clintons and Bushs operations corporations and churches to see the strategies they use to forge a sense of community Amy Goldstein The Washington Post *America's Most Wanted Recipes Kids' Menu* Ron Douglas, 2015-06-02 The author of the New York Times bestselling America's Most Wanted Recipes series reveals the secrets to winning over your kids tummies with their favorite restaurant meals made in the comfort of your own kitchen More than a million home chefs have devoured Ron Douglas's ingenious copycat recipes From desserts to low calorie and grilled meals he's proven how simple and cost effective it is to prepare mouthwatering restaurant dishes at home In America's Most Wanted Recipes Kids Menu he shares the ingredients to more than 100 of the most frequently ordered dishes from the country's most popular children's menus Buca di Beppo's Cheese Manicotti PF Chang's Crispy Honey Chicken Applebee's Kids Mini Hamburger Chili's Cinnamon Apples Cos's Mississippi Mud Pie Friendly's Chicken Quesadillas Panera Bread's Mac and Cheese Uno Chicago Grill's Safari Nuggets and much much more Face it we all know the best way to make sure our kids are eating right is to prepare their food at home Restaurant meals are traditionally high in calories sodium and fat The dishes featured in Kids Menu were selected and designed to be served as occasional treats and as a fun way to get the family together in the kitchen comparing the copycat version against the original By making these dishes at home parents will have the opportunity to make them healthier by substituting different ingredients and cooking methods That's what Kids Menu provides Also included is a section on children's nutrition and advice on how to balance the foods they love with ingredients

that are good for them Be the ultimate sneaky chef Prepare the meals your family loves knowing you re giving them the nutrition they need America s Most Wanted Recipes Kids Menu will help you save money no more drive thru and calories while you indulge in good food and quality time with the people you love around the dinner table **The South Beach Diet Dining Guide** Arthur Agatston,2005-12-27 Americans spend 440 billion eating out at restaurants each year and as the American culture is increasingly on the go we let diets fall by the wayside as we fuel up on fast food and convenience foods Now with The South Beach Diet Dining Guide Dr Arthur Agatston will give dieters a trusted resource to keep them on track wherever they go The first part of the book features listings of over 75 of the most popular chain and family restaurants in America including mall and airport listings For each entry the book provides an editorial overview and specific menu recommendations and nutritional information The South Beach Diet Dining Guide focuses on what you can eat not what you should avoid The second part of the book covers suggestions on what to eat from different ethnic food categories such as French Italian Mexican Spanish Indian and Japanese A bonus section for travelers includes an editorial overview and menu suggestions from South Beach friendly restaurants in 15 of the most well traveled cities New York Los Angeles San Francisco Boston Chicago Atlanta Dallas Cleveland New Orleans Kansas City Minneapolis Miami Washington DC St Louis and Las Vegas **The Low-Carb Restaurant** Cheri Sicard,2004-09-15 In the past dieting and dining out have not gone well together But this easy to follow guide provides low carb information on over 100 national restaurant chains making it a simple diet even when eating away from home **Strategic Sourcing in the New Economy** Bonnie Keith,Kate Vitasek,Karl Manrodt,Jeanne Kling,2016-01-12 This book provides a comprehensive overview of each of the sourcing business model Readers will master the art and science of strategic sourcing by being able to chart a unique path that fits their capacity to apply more the full continuum of strategic sourcing concepts and tools Taking Your iPad to the Max Erica Sadun,Michael Grothaus,Steve Sande,2010-12-31 It looks different It acts different There s no right way to hold it It responds to the touch of your fingertips It s the Internet in your lap It connects to the world yet it is as personal as a well worn book Taking Your iPad to the Max is written so that anyone from a computer savvy teenager to a 92 year old great grandmother can quickly get up to speed on Apple s latest hit As bloggers at The Unofficial Apple Weblog tuaw com we have the happy privilege of working with Apple products every day The iPad is so different from any computer you ve ever used and we realize many people could use a helping hand to feel comfortable buying and using an iPad We take you from selecting and buying an iPad to connecting it to the Internet and then demonstrate just how to use the incredible power of the iPad and all its apps to enhance your life Whether you re using your iPad to surf the Internet admire family photos listen to music watch movies or read a book we re here to guide you We show you how your iPad can be a virtual shopping mall opening the door to purchases of music books videos and movies We help you organize your daily life through the use of Calendar Notes and Contacts communicate with friends and colleagues with Mail and find your way with Maps The iPad is more than the ultimate

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Eating Healthy on the Go Kia Potts,2014-12-10 This is a dining nutrition guide to help you make better food decisions while on the move This book includes health coaching tips as well as low calorie less sodium and low carbohydrate restaurant meal options

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