TRICYCLIC MEDICATIONS FOR DEPRESSION



Enlarged prostate

Mechanism of action

Tricyclic antidepressants block the neuronal reuptake of norepinephrine and serotonin.

Indications for use

- Depression, including severe depression
- Chronic pain (fibromyalgia, migraine)

Contraindications

- Hx of heart disease
 Glaucoma
- Thyroid problems Urinary retention Liver issues

Medications and dosing

Medication	Starting dosage*	Titration
Amitriptyline	75 mg orally per day in divided doses or as a single dose at bedtime	Increase by 25–50 mg PRN up to 150 mg/day. Lower dose for geriatric and pediatric
Imipramine	75 mg orally once a day at bedtime	Increase by 25–50 mg PRN up to 150 mg/day
Clomipramine	25 mg orally once a day at bedtime	Increase by 25–50 mg PRN up to 250 mg/day
Nortriptyline	25 mg orally 3 to 4 times per day or as single dose at bedtime	Increase by 25–50 mg PRN up to 150 mg/day
Amoxapine	50 mg orally 2 to 3 times a day or as single dose at bedtime	Increase by 25–50 mg PRN up to 600 mg/day. Doses over 300 mg should be given in divided doses

^{*}Starting dosages above are for outpatient treatment. Dosages may be higher in inpatient settings. Dosages will be lower for geriatic/pediatric populations.

Antidepressant Cheat Sheet

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