

***Black Belt
Instructor Manual
for
Tang Soo Do***



Edited by
Sandra Spencer

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5th Dan Black Belt & Ph.D

Black Belt Instructor Manual

Julia Schneider



Black Belt Instructor Manual:

Tang Soo Do Black Belt Instructor Manual Len Losik, Len Losik Ph D, 2019-12-25 The Tang Soo Do Black Belt Instructor Manual includes the curriculum necessary to open a martial arts school or create a local national or international martial arts organization The author includes substantial information that each Tang Soo Do Black Belt should know understand and be able to instruct students with it Included is the Tang Soo Do creation history and evolution the creation and history of the Tang Soo Do Hyungs and their connection with Okinawa and Japanese Kata a Hyung to Kata conversion matrix also included are examples of the Tang Soo Do Gup and Black Belt testing requirements and scoring sheets at all Black Belt Dan and example Gup and Black Belt testing scoring sheets and Gup Promotional Test Acceptance forms Gup tests from 10th Gup white belt through 2nd Gup Red Belt and 1st 2nd and 3rd Cho Dan Bo test requirements and scoring sheets and all Black Belt Dan testing forms from Cho Dan Black belt through 9th Dan Black Belt This manual has the information for an instructor to produce students Instructors and Master Instructors consistent in performance knowledge understanding experience wisdom patience humility quality and effectiveness with those from local national and international Tang Soo Do organizations This manual is not for the student who has no need for this information and is unable to grasp its significance for opening a new martial arts school or creating a new martial arts organization Included are the instructions for three Kee Cho hyungs from Grandmaster Hwang Kee s Moo Duk Kwan and five Pyung Ahn Nai Hanji and Passai Cho hyujngs from the Grandmaster Won Kuk Lee s Chung Do Kwan and an additional complete set of 10 Gup test forms as examples to develop tailed one s by the reader as an Appendix

Black Belt Instructor Manual for Tang Soo Do Len Losik Ph D, 2020-11-08 Black Belt Instructor Manual for Tang Soo Do has been updated to expand the introduction to better explain the importance of Tang Soo Do on the popularity of Korea s traditional martial arts on an international scale The example testing forms from 10th Gup white belt to 10th Dan Black Belt are included and this manual remains the most comprehensive source of accurate information about Tang Soo Do for Tang Soo Do Black Belts The instruction for Gup promotions are not included so that only Black Belts can use this resource to improve the quality of their training Check it out to see if your Black Belt testing is as demanding as one created from Korea over 50 years ago

Epak Instructors Book 5 Leo R. Lacerte, 2013-09 Greetings and Salutations Welcome to the 9th Instructor s Master Text Manual This Manual is the 1st in a series of Black Belt Manuals It features the Requirements needed to obtain a 1st Degree Black Belt Along with your requirements from Yellow Belt through 1st Degree Brown Belt This is the Manual that many students and Instructor have waited for It is another step to accomplishing their Goal to becoming a Black Belt One must remember that the Journey does not End here but just begins Becoming a Black Belt in the Art and Science of Ed Parker s American Kenpo Karate means that you have completed your understanding of the Basics and that you are now ready to Refine as well as to add on more knowledge As I have repeated myself in all of my Instructor Master Text Manuals that I do Not wish no disrespect to any Association Organization or

Instructors for utilizing their Knowledge to share with the students that wish to understand the Whys of Ed Parker s Kenpo Karate and to further their knowledge It is with respect to them and to the spirit of Master Parker in which I share this Knowledge with the students of the Lacerte s Kenpo Karate Academy Welcome to the 10th Instructor s Master Text Manual This Manual will consist of all requirements for the 2nd Degree Black Belt The timing required between each Degree of Black Belt varies between Associations The required Time in Grade between 1st and 2nd Degree Black Belt for the IKKA is a minimum of at least two years I myself have taking at least Five years between each Black Belt Rank to make sure I was not only ready for this Rank but that I could also understand and teach it to others If your Goal is to only have Red Strips upon your Black Belt then you have missed something along your Journey Once again as stated within all of my Instructor s Master Text Manuals it is with No disrespect to any one Instructor nor Association Organization that I utilize their neither Training Tips nor Information located in their Books Manuals Seminars nor Work shops that are found within these pages I do so only to share with my students the knowledge that is needed to obtain their next Rank in a Formatted order When the student is tested in front of a Board of Examiners that they will be able to follow along with the course of the Test and not be confused of what is to come next These following pages consist of the Requirements set forth by Senior Grand Master Edmund K Parker for the Rank of 2nd Degree Black Belt as where taught in the manner that he prescribed prior to his parting from us physically Not Mentally Leo R Lacerte 3rd Degree Black Belt IKKA affiliated 4th degree Black Belt WKKA Epak
Instructors Book 6 Leo R. Lacerte,2013-09 Greetings once again and welcome to the 11th Instructor s Master Text Manual This Manual is the 3rd in a series of Black Belt Manuals It features the Requirements needed for you to achieve your 3rd Degree Black Belt It also features the last of the Ed Parker s Extensions the Green Belt Extensions with their Principles Concepts At this Level of your Journey into Kenpo one now understands that it is the Whys of Kenpo that one should be obtaining in their studies This is what separates our students Instructors from other forms of Kenpo Kempo The understanding of the Whys of Kenpo allows us to understand Motion which leads to the art of Spontaneity Liken to all of my Manuals it is with no disrespect to Mr Parker his 1st Generation Black Belts or to their Or any Associations that I share my and their Knowledge in furthering the knowledge of the students of the Lacerte s Kenpo Karate Academy Greetings and welcome to the 12th Instructor s Master Text Manual It is the 4th in a series of Black Belt Manuals This Manual contains all the requirements needed in obtaining your 4th Degree Black Belt At this level of your Training you should now have all of the Empty Hand Techniques along with their Extensions you should now be Refining your Techniques You are now ready to become a Senior Black Belt this allows you to aid in teaching and become a teacher of Black Belts You should now be aware of the Why s of Kenpo and stress them in your Teachings Liken to all of my Manuals I stress within the Foreword that it is with no disrespect to any Instructor Association or Organization that I share the knowledge of Ed Parker s Kenpo Karate with all of those interested in furthering their Knowledge in our Art *Black Belt* ,1989-05 The oldest and most respected martial

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