



Birds A Mindful Coloring

Georgie Woolridge



Birds A Mindful Coloring :

Birds Georgie Woolridge,2015-10-27 Birds are the aesthetic masterpieces of nature Now you can bring some to life with your colored pencils markers or even watercolor paint Birds presents a new kind of mindful coloring book containing over 35 astounding drawings inspired by illustrator Georgie Woolridge s travels in India and around the world Each stunningly intricate drawing incorporates swirling paisley patterns and other local designs inspired by the styles in Thailand Vietnam Singapore Australia and New Zealand By easing you out of your thoughts and into another world coloring these beautiful images becomes a practical exercise in mindfulness that anyone can adopt regardless of skill level Each stunning illustration is accompanied by a brief paragraph about the bird and its habitat in addition to a helpful introduction with hints and tips about drawing coloring and the various effects that you can achieve by using different coloring tools Go ahead and ruffle some feathers *Birds* Georgie Woolridge,2015-10-06 **Birds: A Mini Mindful Coloring Book** Georgie

Woolridge,2016-10-25 Birds are the aesthetic masterpieces of nature Bring some to life with your colored pencils markers or even watercolor paint now in a convenient portable pocket size Containing 20 pull out pages of astounding drawings inspired by illustrator Georgie Woolridge s travels in India and around the world each stunningly intricate drawing incorporates swirling paisley patterns and other local designs inspired by the styles in Thailand Vietnam Singapore Australia and New Zealand By easing you out of your thoughts and into another world coloring these beautiful images becomes a practical exercise in mindfulness that anyone can adopt regardless of skill level Each illustration is accompanied by a brief paragraph about the bird and its habitat in addition to a helpful introduction with hints and tips about drawing coloring and the various effects that you can achieve by using different coloring tools Go ahead and ruffle some feathers **Bird's A Mindful**

Coloring Book Laalpiran Publishing,2020-01-30 This book has a beautiful collection of Bird s Coloringpatterns that would provide hours of stress relief throughcreative expressions Designs range in complexity anddetail from beginner to expert level *Birds - a Mindful Coloring Book* Asad House,2021-06-08 Brand New Release 2021 Discover a wonderful collection of imaginative birds with this delightful adult coloring book Do you want to explore the world of birds through the joys of coloring Are you searching for a wonderful collection of creative birds ideas to fuel your imagination and inspire you to color Then this book is for you Specially crafted by Best Selling brand of 30 illustrated masterpieces Coloring Book Cafe this unique and exquisite coloring book will sweep you away on a journey into the natural world featuring dazzling birds artistic birds designs relaxing flowers and so much more all specially designed to spark your inner creativity and help you discover the wonders of mindfulness Perfect as a thoughtful gift idea for kids teens seniors and adults the Charming Birds Coloring Book features dozens of one of kind illustrations all crafted so you can tap into the joys of coloring while you soothe your mind and experience the scientifically proven benefits of meditative mindfulness Coloring Book Details 30 hand drawn images exclusively designed to stimulate your artistic ambition Separately printed sheets to prevent bleed through and allow

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anyone can adopt regardless of skill level Each stunning illustration is accompanied by a brief paragraph about the bird and its habitat in addition to a helpful introduction with hints and tips about drawing coloring and the various effects that you can achieve by using different coloring tools Go ahead and ruffle some feathers You will Love this Coloring Book It offers Stress Relieving Designs that are Great for Relaxation Each coloring page is designed to provide calmness and relaxation as you channelize your energies for creative expression Beautiful Artwork and Designs Well crafted illustrations and designs that lay the groundwork for you to create your own frame worthy masterpieces High Resolution Printing Each image is printed in high resolution to offer crisp sharp designs that enable trouble free coloring and high quality display Single sided Pages Every image is printed on a single sided page so that you can use a broad variety of coloring choices without fearing bleed through Moreover single side pages can be framed to display your masterpieces Suitable for All Skill Levels This coloring book offers a broad variety of designs suited for all skill levels ranging from beginner to expert level A Great Gift Coloring books make a wonderful gift and Mantra Craft coloring books are frequently one of the most gifted items

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