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True Stories and Reflections



SUSAN CHERNAK McELROY

"Must reading for anyone who has ever
loved an animal—or wondered why others do."

—Jack Canfield

Author of Chicken Soup for the Soul

Animals As Teachers And Healers True Stories And Reflections

Susan Chernak McElroy



Animals As Teachers And Healers True Stories And Reflections:

Animals as Teachers and Healers Susan Chernak McElroy, 1998-02-24 Susan Chernak McElroy credits her astounding triumph over cancer to the love of the animals in her life In *Animals as Teachers Healers* she shares her remarkable story along with true stories from others who have been touched by the loving energies of animals A woman escapes an abusive relationship by observing how her boyfriend treated her two Arabian horses a German shepherd cocoons its body around a toddler during a house fire a coyote gives a couple wisdom about their rebellious daughter a little three legged frog imparts a valuable lesson to a frightened nine year old girl Unique and compelling *Animals as Teachers Healers* invites us to reconnect with the boundless gifts of joy wisdom and deep healing that flow from our ageless and intimate relationship with the animal kingdom *Animals as Teachers & Healers* Susan Chernak McElroy, 1997

Animals as Guides for the Soul Susan Chernak McElroy, 1999-08-31 In her New York Times bestseller *Animals as Teachers and Healers* Susan Chernak McElroy movingly explored the wide and enriching horizons of human relationships with animals In this new volume of reflections and true animal stories she invites us to broaden and deepen that relationship While living with her husband and animals on a farm in Oregon McElroy pondered the ancient bonds that connect humans and animals the healing gifts of animals the genius of people who talk to them and the power of animal messengers She also asked herself the tough questions that engage every true animal lover How can we soothe our anguish and guilt when a loved animal suffers or dies How do we atone for our mistakes When are animals prisoners and when are they fulfilled Is it moral to eat other beings And how can we go about transforming our relationship with animals Through daily experiences with the animals around her and those in her dreams along with compelling true stories sent to her by readers McElroy began to find answers She discovered that animals are guides in the development of our souls A frail llama teaches lessons of joy and unconditional love a barn cat proves that service need not be imprisonment but fulfillment a mortally injured hawk infuses a cancer patient with renewed strength and faith an attentive rabbit awakens an abused child from a trance of sadness and a skinny white horse does more for a damaged six year old boy in one hour than any human has done in six years In this deeply personal yet universal testament to the profound connection between animals and humans there is wisdom and blessing As the author reminds us the fingerprint of God is often a pawprint

What Animals Tell Me Monica Diedrich, 2005 Describes the techniques she uses to get in touch with the minds of dogs cats birds horses rabbits and even a wolf Directly quoted conversations reveal pets intelligence devotion and a sense of humor

Animals As Teachers And Healers Susan Chernak McElroy, 2003 **Beauty Without the Beasts** Heather Chase, 2001 Today's consumers are growing increasingly animal conscious In recent polls sixty percent of women said they preferred products that were not tested on animals while seventy two percent of Americans said they preferred synthetic fur instead of animal fur Yet caring compassionate people still wonder how they can look and feel great without wearing or consuming animal products Heather Chase has the answer In her groundbreaking book Chase provides

information and tools to help consumers choose animal friendly skin care products apparel foods entertainment and more Beauty without the Beasts contains specific product guidelines as well as background information on what products contain animal parts and how you can avoid them Beautifully illustrated and written Beauty without the Beasts will inform the mind please the eye touch the heart and inspire the spirit **Grieving the Death of a Pet** Betty J. Carmack, 2025-05-27 Because our relationships with our animal companions are unlike human relationships the death of a pet is like no other loss that we will experience In Grieving the Death of a Pet Betty J Carmack draws on her own experience and on interviews with dozens of pet lovers to guide the reader through the loss of a beloved animal companion **All in the Family** Kennan Ferguson, 2012-06-19 Ferguson starts with the commonplace assumption within political philosophy that the family provides the ideal model for political association Yet families are not necessarily harmonious units Ferguson takes up several situations to think about how familial attachments can offer insight into the creation of a pluralistic and democratic society

The Role of Companion Animals in Counseling and Psychology Jane K. Wilkes, 2009 The human health benefits derived from relationships with companion animals has attracted an abundance of scientific interest and research However there is a need for theoretical conceptualizations in order to understand the healing benefits of human animal interactions The goal of this book is to seek these answers and the OC howOCO and OC whyOCO companion animals play a role in counseling and psychology In depth semi structured interviews were conducted with three psychologists who use animals in their therapy settings The focus of these interviews was to determine the experiences of having a companion animal present during therapy sessions The results revealed that pets in therapy 1 enhanced the therapeutic alliance relationship 2 revived the therapeutic environment 3 improved professional practice and 4 created a sense of sacredness The therapy animals seemed to provide the trust and safety needed for clients to work within the transitional space and that the animals may act as transitional objects for some clients This book suggests that therapy animals are extremely helpful in providing a sense of safety for traumatized clients and could act as catalysts especially with defensive and or detached clients Unique features include discussion of the domestication of companion animals research into the human animal bond social and psychological support theory descriptions of methods used object relations theory and Winnicott s Concepts implications for the practice of counseling and psychology professional and ethical considerations and suggestions for future research Replete with informative appendices that will serve as valuable knowledge this book is a significant resource on the subject of animal assisted therapy for mental health professionals such as counselors clinical social workers psychologists and skilled therapists **Until One Has Loved an Animal** Mildred A. Drost DVM, 2013 Mildred Drost has had the honor of meeting many wonderful beings canine feline and wild She has had comical interludes and been shocked and horrified She has seen met and experienced miracles Through it all she has become part of the best career in the world Dr Drost is a veterinarian who by her own admission is completely fascinated by her patients In Until One Has Loved an Animal Dr Drost shares all the

amusing and heartwarming ways that pets affect all of our lives She recalls the ninety pound Malamute who spontaneously decides he wants a live chicken for lunch while on a jog with her the German shepherd who makes any other ornery dog look like an angel and the cat who seemingly possessed at night steals geraniums Providing an entertaining and informative glimpse into the lives of pets and their owners Dr Drost also explores animal emotions and health proving that these creatures both large and small often feel the same sentiments as humans The stories of this collection offer an intriguing look into the animal psyche the importance of pet rescue and all the reasons why we cannot help but love animals unconditionally

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