The Power of Prevention

PREVENTIVE SCREENING SCHEDULE

PLUS

See your doctor annually for a physical exam, blood pressure test, medication review, exercise review, fall-prevention tips, and BMI measurement.

SCREENING	PROCEDURE	FREQUENCY	AGES
Breast cancer+	Mammogram	Every 2 years	50-74
Colorectal cancer	Colonoscopy Flexible sigmoidoscopy Cologuard® Fecal occult blood test (FOBT)	Every 10 years Every 5 years Every 3 years Annually	50-75 50-75 50-75 50-75
Diabetes eye disease*	Check for eye damage from diabetes	Annually if diabetic retinopathy is present, if not, every 2 years	18-75
Diabetes kidney disease*	Check for kidney damage from diabetes	Annually	18-75
Diabetes A1C*	Have A1C levels checked for controlled blood sugar	Annually, or more often as doctor-directed	18-75
Flu	Flu Shot	Annually prior to flu season	All
Osteoporosis+	Check bone mass	At least once	65+
Osteoporosis after a fracture+	Check bone mass	Within 6 months of fracture	65-85
Urinary incontinence	Talk to your doctor	When experiencing leaking urine	All

⁺For women *For individuals with diabetes

Acog 2015 Medicare Guide To Preventive Screenings

Jim Phillips

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The Well-Woman Visit David Chelmow, Anita Blanchard, Lee Learman, 2017-06-15 The book provides guidance for conducting a well woman visit based on the American College of Obstetricians and Gynecologists Well Woman Task Force recommendations. The scope of problems the rationale for screening or prevention and the factors that alter screening are explained then the recommendations are summarized and advice is offered on their application Public and Preventive Medicine Specialty Review and Study Guide Barbara Forester, 2015-09-25 Includes Multiple choice fact scenario and case based questions Correct answers and explanations to help you quickly master specialty content All questions have keywords linked to additional online references The mission of StatPearls Publishing is to help you evaluate and improve your knowledge base We do this by providing high quality peer reviewed educationally sound questions written by leading educators StatPearls Publishing Reichel's Care of the Elderly Jan Busby-Whitehead, Samuel C. Durso, Christine Arenson, Mary H. Palmer, Rebecca Elon, William Reichel, 2022-07-21 A clinical guide for all health specialists offering practical relevant and comprehensive information on managing the elderly patient **Evidence-Based Physical Examination Kate** Gawlik, Bernadette Mazurek Melnyk, Alice Teall, 2020-01-27 The first book to teach physical assessment techniques based on evidence and clinical relevance Grounded in an empirical approach to history taking and physical assessment techniques this text for healthcare clinicians and students focuses on patient well being and health promotion It is based on an analysis of current evidence up to date guidelines and best practice recommendations It underscores the evidence acceptability and clinical relevance behind physical assessment techniques Evidence Based Physical Examination offers the unique perspective of teaching both a holistic and a scientific approach to assessment Chapters are consistently structured for ease of use and include anatomy and physiology key history questions and considerations physical examination laboratory considerations imaging considerations evidence based practice recommendations and differential diagnoses related to normal and abnormal findings Case studies clinical pearls and key takeaways aid retention while abundant illustrations photographic images and videos demonstrate history taking and assessment techniques Instructor resources include PowerPoint slides a test bank with multiple choice questions and essay questions and an image bank This is the physical assessment text of the future Key Features Delivers the evidence acceptability and clinical relevance behind history taking and assessment techniques Eschews traditional techniques that do not demonstrate evidence based reliability Focuses on the most current clinical guidelines and recommendations from resources such as the U S Preventive Services Task Force Focuses on the use of modern technology for assessment Aids retention through case studies clinical pearls and key takeaways Demonstrates techniques with abundant illustrations photographic images and videos Includes robust instructor resources PowerPoint slides a test bank with multiple choice questions and essay questions and an image bank Purchase includes digital access for use on most mobile devices or computers CNS-Adult-Gerontology Specialty Review and Study Guide Peter Norris, 2015-09-25 Includes

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Unveiling the Magic of Words: A Review of "Acog 2015 Medicare Guide To Preventive Screenings"

In a world defined by information and interconnectivity, the enchanting power of words has acquired unparalleled significance. Their ability to kindle emotions, provoke contemplation, and ignite transformative change is really aweinspiring. Enter the realm of "Acog 2015 Medicare Guide To Preventive Screenings," a mesmerizing literary masterpiece penned by way of a distinguished author, guiding readers on a profound journey to unravel the secrets and potential hidden within every word. In this critique, we shall delve in to the book is central themes, examine its distinctive writing style, and assess its profound affect the souls of its readers.

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