

ATI MEDSURG Final Exam Study Guide

1. Understand the ABG's and how to decide if a patient is in resp acidosis or resp alkalosis, metabolic acidosis, or metabolic alkalosis.

ABG	pH	PaCO ₂	HCO ₃
Respiratory Acidosis			normal
Respiratory Alkalosis			normal
Metabolic Acidosis		normal	
Metabolic Alkalosis		normal	

2. Understand the function of potassium, sodium, and calcium in the body- especially the heart and how to administer these electrolytes. Be able to correct the calcium using the calculation.
 - Sodium: Na
 - Normal value: 135-145
 - Hyponatremia <135
 - Common imbalance in the elderly caused by Na loss or water gain
 - Symptoms: decrease BP, poor skin turgor, headache, nausea, cramps
 - If seizure occurs: small infusion of 3%-5% NaCl SLOWLY
 - Hypernatremia >145
 - Sodium gain or water loss
 - Problem with elderly/pts who can't sense thirst or don't meet fluid needs
 - Symptoms: increase in temp, dry swollen tongue, neuro symptoms/changes=FIRST sign usually
 - Potassium: K
 - Normal value: 3.5-5.0
 - K⁺ necessary for normal cardiac rhythms, necessary for skeletal and smooth muscle contraction, K⁺ helps make glycogen deposit in the liver
 - K imbalances can be life threatening
 - Hyperkalemia >5.0
 - Manifestations: cardiac changes & dysrhythmias, ECG shows tented T waves, arrhythmias, muscle weakness, GI cramps

Ati Med Surg Test Study Guide

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Table of Contents Ati Med Surg Test Study Guide

1. Understanding the eBook Ati Med Surg Test Study Guide
 - The Rise of Digital Reading Ati Med Surg Test Study Guide
 - Advantages of eBooks Over Traditional Books
2. Identifying Ati Med Surg Test Study Guide
 - Exploring Different Genres
 - Considering Fiction vs. Non-Fiction
 - Determining Your Reading Goals
3. Choosing the Right eBook Platform
 - Popular eBook Platforms
 - Features to Look for in an Ati Med Surg Test Study Guide
 - User-Friendly Interface
4. Exploring eBook Recommendations from Ati Med Surg Test Study Guide
 - Personalized Recommendations
 - Ati Med Surg Test Study Guide User Reviews and Ratings
 - Ati Med Surg Test Study Guide and Bestseller Lists
5. Accessing Ati Med Surg Test Study Guide Free and Paid eBooks
 - Ati Med Surg Test Study Guide Public Domain eBooks
 - Ati Med Surg Test Study Guide eBook Subscription Services
 - Ati Med Surg Test Study Guide Budget-Friendly Options

6. Navigating Ati Med Surg Test Study Guide eBook Formats
 - ePub, PDF, MOBI, and More
 - Ati Med Surg Test Study Guide Compatibility with Devices
 - Ati Med Surg Test Study Guide Enhanced eBook Features
7. Enhancing Your Reading Experience
 - Adjustable Fonts and Text Sizes of Ati Med Surg Test Study Guide
 - Highlighting and Note-Taking Ati Med Surg Test Study Guide
 - Interactive Elements Ati Med Surg Test Study Guide
8. Staying Engaged with Ati Med Surg Test Study Guide
 - Joining Online Reading Communities
 - Participating in Virtual Book Clubs
 - Following Authors and Publishers Ati Med Surg Test Study Guide
9. Balancing eBooks and Physical Books Ati Med Surg Test Study Guide
 - Benefits of a Digital Library
 - Creating a Diverse Reading Collection Ati Med Surg Test Study Guide
10. Overcoming Reading Challenges
 - Dealing with Digital Eye Strain
 - Minimizing Distractions
 - Managing Screen Time
11. Cultivating a Reading Routine Ati Med Surg Test Study Guide
 - Setting Reading Goals Ati Med Surg Test Study Guide
 - Carving Out Dedicated Reading Time
12. Sourcing Reliable Information of Ati Med Surg Test Study Guide
 - Fact-Checking eBook Content of Ati Med Surg Test Study Guide
 - Distinguishing Credible Sources
13. Promoting Lifelong Learning
 - Utilizing eBooks for Skill Development
 - Exploring Educational eBooks
14. Embracing eBook Trends
 - Integration of Multimedia Elements

- Interactive and Gamified eBooks

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