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Beyond Halftime Practical Wisdom For Your Second Half

Joacim Rocklöv



Beyond Halftime Practical Wisdom For Your Second Half:

Beyond Halftime Bob P. Buford, 2009-08-30 Wisdom and Support for Your Halftime Journey Since the publication fifteen years ago of Bob Buford's award winning and newly updated and expanded bestseller *Halftime* more than half a million men and women have made the halftime journey from success to significance. If you are contemplating that journey yourself or have already started *Beyond Halftime* is for you. This book is the result of fifteen years of answering questions about halftime. Writes Buford, "I've focused on the areas that seem to come up most from those who contact me and I've answered them in much the same way I would answer you if we sat down together over coffee." So in a very real sense this book allows me to be your companion as you negotiate the ups and downs of the whole halftime experience. *Beyond Halftime* invites you to slow down and take time to listen really listen to the voice of your heart and the rhythms of your life. The discoveries you're about to make during this vital phase of your life can't be rushed. Enjoy this wise guidance on the things that matter most in moving from gaining success to leaving a legacy. Your most rewarding years lie ahead of you. Welcome to the journey. Halftime Bob P. Buford, 2011-03-08 Your midlife doesn't have to be a crisis. In fact the second half of your life can be better than the first. Let bestselling author Bob Buford show you how. What do you want to do with the rest of your life? In *Halftime* Buford provides encouragement and insight to propel your life on a new course to true significance and the best years of your life. Buford focuses on this important time of transition to the second half of your life giving you the tools you need to Take stock of your successes and accomplishments thus far. Redefine significance and what it means to you. Identify your personal goals. Develop a mission for serving God in the second half of your life. This updated and expanded 20th anniversary edition of *Halftime* also includes questions for reflection at the end of each chapter brand new stories of men and women enjoying a second half of significance and specific halftime assignments to guide you into your second half mission. Praise for *Halftime* According to Bob Buford the first half of life is a quest for success the second is a quest for significance. Bob should know he has achieved the first and is showing us the latter. You'll find this book to be unique inspiring and practical. Read it and finish strong. Max Lucado pastor and bestselling author. This book is for successful people who want more fulfillment in their lives and realize it won't come from the next victory the next sale the next conquest or significant increase in their bottom line. Let Bob Buford be your guide to make sure your best years are ahead of you. Ken Blanchard bestselling coauthor of *The One Minute Manager*. *At the Crossroads* Clayton L. Smith, Mr. Dave Wilson, 2016-08-02 Retirement can be the most purpose filled satisfying fun phase of your life. Thousands of men and women are retiring each day and many look forward to this phase of life with equal parts excitement and anxiety. Baby boomers have high expectations of retirement they want to be redeployed to a life that is meaningful significant and full of joy. But this requires thoughtful planning and many soon to be retirees wonder how they'll get there or if they're even on the right path. *At the Crossroads* by Clayton Smith and Dave Wilson is a six week Bible based study offering comprehensive practical help for Christians who are approaching entering or

already in retirement Readers can work through the book on their own or as part of a group The book guides readers through a study and reflection process to discover their purpose passion and mission for retirement It includes self assessments and other planning tools to help readers develop a personal and spiritual mission statement The book also facilitates discussions with family and friends about shared priorities expectations and end of life decisions bringing a sense of peace for all involved Finally the book includes a chapter on financial planning with a focus on the reader s legacy for an impact that will last through generations Most churches do too little to reach people who are nearing or entering retirement Case in point the baby boomer generation which is slipping away from the church At the Crossroads is a gift for people in this group and for church leaders seeking to nurture them It offers a way for retirees to reclaim God s purpose for their lives and to serve as never before This is powerful for the individual and for the church Pastors should use this as the basis for preretirement classes It is a comprehensive study in service community stewardship life purpose and spirituality William B Randolph Director Aging and Older Adult Ministries Discipleship Ministries UMC For Boomers who are ready to take a serious look at their future At The Crossroads is an excellent place to start Perfect for small groups and individuals who are ready to engage in six critical discussions participants will be guided to discover their purpose as they move into the second half of life Rev Dr Craig Kennet Miller author of Boomer Spirituality Seven Values for the Second Half of Life and Director of Congregational Development at Discipleship Ministries with the United Methodist Church A useful tool for a community of Boomers looking to build and grow an enriching fellowship for the body mind and spirit We are excited to use this study Tiwana Whitten First United Methodist Church Topeka KS At the Crossroads is a creative six week bible based study that will help those of us over 55 to prepare for transition into or live out our retirement years in more exciting and productive ways I thank Clayton Smith and Dave Wilson for sharing from their experiences as an executive pastor and lay leader at Church of the Resurrection in a resource that will help us move from senior adult programs that mainly focus on entertainment and travel to instead preparing and motivating seniors to use their many gifts and graces in their church and community I especially appreciate the book being grounded in biblical practices while using business like methods that will be familiar to recent retirees The tools included and available on line help develop an inventory that will be used as building blocks for establishing a personal Mission Purpose Statement and Strategic Plan The many God Stories in personal interviews and the Chapter that focuses on Caring Conversations with family and friends make this book special in accomplishing a bridge to the many current Boomers who think of retirement as a career shift not as a traditional approach to retirement Paul R Ervin Jr Director of Generous Living Long s Chapel UMC Lake Junaluska NC

Finishing Well Bob P. Buford, 2011-04-05 Author Bob Buford called them code breakers They are people age 40 and older who have pioneered the art of finishing well in these modern times and who can teach us to do the same starting today Buford sought out 60 of these trailblazers including Peter Drucker Roger Staubach Jim Collins Ken Blanchard and Dallas Willard and has recorded their lively conversations in these pages so that

they can serve as mentors in print for all of us Twenty years from now Buford writes the rules for this second adulthood as a productive season of life may be better known But for now we're out across the frontier breaking new ground Buford gives you a chance to sit at the feet of these pioneers and learn the art of finishing well so you can shift into a far more fulfilling life now no matter your age and pursue a lasting significance that will be a legacy for future generations **Better Your Best**

Jo Bruce,2023-10-27 In life we need friendly reminders of who we are at our best a nudge to evolve to do better and insights to ignite us to act This book focuses on your strengths your dreams your whys in life It's about building on the good to make it better Bettering Your Best The secret sauce in life is the ingredients we choose Read and digest the recipes that Jo's top clients colleagues and friends from Detroit and across the country have to say about success happiness and influence Life is like a huge buffet with many choices Choose wisely and satisfy your appetite in the best healthiest most delicious way Self worth and happiness start with great ingredients confidence gratitude goal setting and thinking deeper about what matters and why Life is truly about living and leading with love and leaving behind the most important ingredient love Jo shares her perspectives on living life with her dollop of good juju from JoJo Discover for yourself in this inner active book what your special ingredients are to create your gold medal blue ribbon and three star Michelin life **Second Wind for the Second**

Half Patrick M. Morley,1999 Raising issues common to many during the middle years this book offers practical ideas to make peace with the changes that occur and shows readers how to pass through to a deeper significance and joy **40/40 Vision**

Peter Greer,Greg Lafferty,2015-10-01 At midlife our outlook can become blurry But it's also an opportunity to recalibrate our vision Drawing on Ecclesiastes this book helps us navigate midlife with fresh clarity and purpose renewing us for meaningful mission and service Rediscover who God has called you to be and see the rest of your life with the clarity of 40/40 vision

Subject Guide to Books in Print ,1997 *Forthcoming Books* Rose Arny,2000 **Halftime** Bob Buford,2000-09-01 In Halftime a book about mid life Buford focuses on the possibilities at this stage for revitalization for catching new vision for living the second most rewarding half of life His promise is that the second half of life can be better than the first

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