

# **Acrobatic Gymnastics**

# Australian Levels Program



# **Acrobatic Gymnastics Qld Levels Manual Levels**

**Julia Schneider** 

# **Acrobatic Gymnastics Qld Levels Manual Levels:**

**Directory of Australian Associations** ,1984 **Acrobatic gymnastics** ,2010 The aim of the Acrobatic Gymnastics Level 1 3 manual is to promote participation and increase participant s knowledge in the sport being acrobats coaches and judges It provides a smooth transition from complete novice at level 1 to level 4 that is based strongly around FIG judging and routine guidelines p 5 **Australian Official Journal of Trade Marks** ,2003-07-03 **The Advocate** ,2001-08-14 The Advocate is a lesbian gay bisexual transgender LGBT monthly newsmagazine Established in 1967 it is the oldest continuing LGBT publication in the United States The Cultivator & Country Gentleman, 1881 New International Fifth Edition Abbreviation Dictionary Ralph De Sola,1978 Men's Canon ,1957 Acrobatic Gymnastics ,2013 Gymnastics Levels Manual Australian Gymnastic Federation, 1979 Women's Artistic Gymnastics, 2015 and Beyond Australian Levels Program, 2014 The Australian Levels Program ALP incorporating the National Levels and International Levels has been structured to provide gymnasts with inclusive attainable and challenging sport program The 2015 ALP will provide appropriate pathways to allow gymnasts irrespective of their ability to develop to their fill athletic potential facilitating athletes to cross between National Levels and International Levels The International Levels program allows athletes to reach their gymnastic potential with the ability to be fast tracked to international standard within the appropriate age range This program is both a developmental and a competition program with the emphasis on the Foundations Level and the development of good technique This manual has been designed to include all the requirements of the Women s International and National Levels It should be used in conjunction with the 2013 2016 FIG Women's Artistic Code of Points and the WAG ALP Videos and Physical Testing Program resources Introduction

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