

TABLE 1. MACROELEMENTS

Patient Clinical Condition	Parenterally Administered (g/kg/d)	Total Energy (kcal/kg/d)	IN Recommendations		
			Essential (mg/kg/d)	Non- essential (g/kg/d)	Fluid (mL/kg/d)
Stable	0.8-1.0	20-30	0.5	1	20-30
Critically ill, injured, obese	1.2-2.0	20-30	1.0	1.5	Minimum to prevent electrolyte abnormalities
Minimum Parenteral Nutrition Requirements for Stable	Parenterally Administered (g/kg/d)	Total Energy (kcal/kg/d)			
Threonine (non-lysis)	1.0-1.5				
Valine	1.0-1				
Open abdomen	Additional 0.5-1.0 g/d essential				
Acute kidney injury	0.8-1.0				
Essential amino acid replacement therapy	Additional 0.2 g/kg/d and to meet 0.7 g/kg/d				
Chronic kidney injury with nephrotoxic medications	1.2				
Weight losses	1.2-2 based on "pre" weight and response				
Notes	0.5-1 (based on 200)	20-30 (based on 200)			

IN = intravenous

Threonine is essential nutrient. For sedated and/or stable adult patients, threonine (0.5 g/d) can be substituted for valine (1.0 g/d).

TABLE 2. ELECTROLYTE AND MINERAL

Electrolyte	Estimated Daily Requirement	Factors that increase needs
Calcium ^a	50-100 mg	High sodium intake
Magnesium	8-20 mg	Diuretics, medications, sweating
Phosphorus ^a	20-40 mg	High sodium intake, sweating
Sodium	0.2 mEq/kg ^b	Diuretics, sweating, ill patients, ill wounds
Potassium	0.2 mEq/kg ^b	Diuretics, sweating, ill patients, ill wounds, medications, sweating
Chloride	As needed to maintain acid-base balance	Renal insufficiency, metabolic alkalosis, ill wounds or transfusions
Others	As needed to maintain acid-base balance	Metabolic alkalosis, sodium depletion

^aNot needed if providing sodium and phosphorus intake is appropriate

^bIN recommendations

TABLE 3. DAILY REQUIREMENTS FOR ADULT PARENTERAL NUTRITION^a

Electrolyte	Estimated Daily Requirement
Threonine (g)	0 mg
Valine (g)	10 mg
Valine (g)	40 mg
Valine (g)	200 mg
Threonine (g)	10 mg
Threonine (g)	0 mg
Threonine (g)	0 mg
Valine (g)	40 mg
Threonine (g)	200 mg
Threonine (g)	0 mg
Threonine (g)	10 mg
Threonine (g)	40 mg
Threonine (g)	200 mg

^aEssential amino acids, threonine, valine, and isoleucine are required for protein synthesis. For the essential amino acids, threonine is 0.5 g/d, valine is 1.0 g/d, and isoleucine is 0.5 g/d.

TABLE 4. DAILY REQUIREMENTS FOR ADULT PARENTERAL TRACE ELEMENTS^a

Trace Element	Estimated Daily Requirement
Chromium	10 mg
Copper	0.5-1.0 mg
Manganese	40 mg
Selenium	40-100 mg
Zinc	1-5 mg

^aEssential amino acids, threonine, valine, and isoleucine are required for protein synthesis.

^bIN. These requirements are different for the pediatric population and are not included in the IN.

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Table of Contents Aspen Nutrition Guide

1. Understanding the eBook Aspen Nutrition Guide
 - The Rise of Digital Reading Aspen Nutrition Guide
 - Advantages of eBooks Over Traditional Books
2. Identifying Aspen Nutrition Guide
 - Exploring Different Genres
 - Considering Fiction vs. Non-Fiction
 - Determining Your Reading Goals
3. Choosing the Right eBook Platform
 - Popular eBook Platforms
 - Features to Look for in an Aspen Nutrition Guide
 - User-Friendly Interface
4. Exploring eBook Recommendations from Aspen Nutrition Guide
 - Personalized Recommendations
 - Aspen Nutrition Guide User Reviews and Ratings
 - Aspen Nutrition Guide and Bestseller Lists
5. Accessing Aspen Nutrition Guide Free and Paid eBooks
 - Aspen Nutrition Guide Public Domain eBooks

- Aspen Nutrition Guide eBook Subscription Services
- Aspen Nutrition Guide Budget-Friendly Options
- 6. Navigating Aspen Nutrition Guide eBook Formats
 - ePub, PDF, MOBI, and More
 - Aspen Nutrition Guide Compatibility with Devices
 - Aspen Nutrition Guide Enhanced eBook Features
- 7. Enhancing Your Reading Experience
 - Adjustable Fonts and Text Sizes of Aspen Nutrition Guide
 - Highlighting and Note-Taking Aspen Nutrition Guide
 - Interactive Elements Aspen Nutrition Guide
- 8. Staying Engaged with Aspen Nutrition Guide
 - Joining Online Reading Communities
 - Participating in Virtual Book Clubs
 - Following Authors and Publishers Aspen Nutrition Guide
- 9. Balancing eBooks and Physical Books Aspen Nutrition Guide
 - Benefits of a Digital Library
 - Creating a Diverse Reading Collection Aspen Nutrition Guide
- 10. Overcoming Reading Challenges
 - Dealing with Digital Eye Strain
 - Minimizing Distractions
 - Managing Screen Time
- 11. Cultivating a Reading Routine Aspen Nutrition Guide
 - Setting Reading Goals Aspen Nutrition Guide
 - Carving Out Dedicated Reading Time
- 12. Sourcing Reliable Information of Aspen Nutrition Guide
 - Fact-Checking eBook Content of Aspen Nutrition Guide
 - Distinguishing Credible Sources
- 13. Promoting Lifelong Learning
 - Utilizing eBooks for Skill Development
 - Exploring Educational eBooks

14. Embracing eBook Trends

- Integration of Multimedia Elements
- Interactive and Gamified eBooks

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