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Identify two common shortfall nutrients.

A) ProteinB) Folate

C) Potenti

C) Potassium

D) Carbohydrate - correct answers.B) and C)

Which of these is most often associated with an eating disorder?

A) Fitness

B) Happiness

C) Depression

D) Infection - correct answers.C) Depression

Match each influence to its correct category.

1) Healthful 2) Unhealthful

A) A social club organizes a bike race after dinner on a school night.
B) A social club organizes a health fair at school. - correct answers.
1) and
B)

and A)

Which of these is the most likely outcome of bulimia nervosa if the illness is left untreated?

A) Increased muscle mass

B) Tooth decay

C) Obesity

D) Increased physical fitness - correct answers.B) Tooth decay

To get the proper amount of physical activity, exercise for 10 minutes once a week.

A) True

B) False - correct answers.B) False

Skin creams contain chemicals associated with healthy skin.

Apex English Final Exam Semester 1 Answers

Richard Bailey

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