

ANATOMY & PHYSIOLOGY

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HUMAN ANATOMY AND PHYSIOLOGY

Study of the structure and function of the human body



Anatomy

The scientific study of the structure of the human body

Physiology

The scientific study of the function of the human body

Structural levels

Also known as the levels of organization of the human body

- 1. Chemical level - study of the chemical composition of the body
- 2. Cellular level - study of the structure and function of cells
- 3. Tissue level - study of the structure and function of tissues
- 4. Organ level - study of the structure and function of organs
- 5. System level - study of the structure and function of body systems
- 6. Organism level - study of the structure and function of the whole body

CELLS AND TISSUES

Cells are the basic units of structure and function of the body



Composition of cellular fluids

Cells are composed of various fluids

Extracellular fluid - fluid outside the cell

Intracellular fluid - fluid inside the cell

Interstitial fluid - fluid between cells

Blood plasma - fluid part of blood

Organic fluids - fluids containing organic molecules

Inorganic fluids - fluids containing inorganic molecules

Electrolytes - substances that conduct electricity

Non-electrolytes - substances that do not conduct electricity

Acids - substances that release hydrogen ions

Bases - substances that accept hydrogen ions

pH - measure of acidity or alkalinity

Homeostasis - the body's ability to maintain a stable internal environment

Feedback loops - mechanisms that regulate homeostasis

Positive feedback - amplifies a response

Negative feedback - reduces a response

Set point - the desired value of a variable

Range - the acceptable range of values for a variable

Stimulus - a change in the environment that triggers a response

Receptor - a structure that detects a stimulus

Control center - a structure that processes information and issues orders

Effector - a structure that carries out the response

Response - the body's reaction to a stimulus

Homeostatic imbalance - a state of disequilibrium

Disease - a condition that disrupts homeostasis

Disorder - a condition that disrupts normal function

Symptom - a sign or sensation that indicates a problem

Sign - an objective indication of a problem

Symptom - a subjective indication of a problem

Diagnosis - the identification of a disease or condition

Prognosis - the prediction of the outcome of a disease or condition

Therapy - a treatment for a disease or condition

Prevention - measures taken to avoid a disease or condition

Health - a state of well-being and absence of disease or illness

Wellness - a state of optimal health and well-being

Quality of life - a measure of a person's overall well-being

Life expectancy - the average number of years a person is expected to live

Mortality rate - the number of deaths per 1,000 people per year

Morbidity rate - the number of cases of a disease or condition per 1,000 people per year

Prevalence - the number of cases of a disease or condition at a given time

Incidence - the number of new cases of a disease or condition at a given time

Risk factor - a characteristic that increases the likelihood of a disease or condition

Protective factor - a characteristic that decreases the likelihood of a disease or condition

Genetics - the study of heredity and the variation of inherited traits

Chromosomes - structures that carry genetic information

Genes - segments of DNA that code for specific proteins

Alleles - different versions of a gene

Phenotype - the observable characteristics of an organism

Genotype - the genetic makeup of an organism

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