FOURTH EDITION

Auriculotherapy Manual

Chinese and Western Systems of Ear Acupuncture





Terry Oleson

CHURCHILL LIVINGSTONE

Foreword by Richard C. Niemtzow

Auriculotherapy Manual Chinese And Western Systems

Terry Oleson

Auriculotherapy Manual Chinese And Western Systems:

Auriculotherapy Manual Terry Oleson, 2013 Auriculotherapy Manual Chinese and Western Systems of Ear Acupuncture provides a comprehensive guide to the practice of Chinese and Western systems of ear acupuncture This impressive new edition utilizes 3 D models of the external ear as well as 3 D anatomical images to demonstrate the somatotopic relationship between particular parts of the body and specific regions of the auricle This is the first ear acupuncture text that has incorporated 3 D technology in order to present amazing images of the auricle which precisely indicate ear acupoint positions The book offers in depth evaluation of the theoretical and clinical underpinnings of auriculotherapy describing and illustrating over 200 ear acupuncture points and more than 200 auriculotherapy treatment protocols for clinical discorders ranging from chronic pain to substance abuse to visceral and neurological disorders There are an expanded number of auricular landmarks that are utilized to guide the practitioner in accurately determining the precise location of hidden ear points on the 3 D model These landmarks further reveal the varied depth perspectives of the external ear The ear reflex points presented in this manual are based upon systematic research conducted at the UCLA Pain Management Center and upon the extensive clinical findings of medical doctors and acupuncturists in China and Europe over the past 50 years Scientific and clinical information from the most recent international symposia of auricular acupuncture have been used to update the scientific and clinical knowledge presented in this fourth edition Each chapter is organized in same basic order beginning with an introductory overview progressing to the main topics in the chapter and ending with a section listing a definition of terms and a set of preparatory sample questions. The book is concise and clear enough for students yet provides provides sophisticated clinical approaches to allow the experienced practitioner to enhance and complement their existing treatment strategies Auriculotherapy Manual Terry Oleson, 1992 This comprehensive manual on auriculotherapy presents the basic principles of ear acupuncture in an informative yet easy to understand manner This intriguing system of treating areas of the body by their holographic relationship to specific areas of the ear is graphically shown in illustrative pictures descriptive text Dr Oleson has integrated his pioneering research on auricular diagnosis auriculotheropy conducted at the UCLA Pain Management Center with clinical information compiled from both traditional Chinese acupuncture tests from the innovative work of the French physician Dr Paul Nogier This textbook delineates the precise location of over 250 ear acupuncture points including Nogier's three different phases of auricular medicine Auriculotherapy treatment plans are presented for over 200 medical disorders including specific treatments for headaches back pain sciatica pain TMJ dysfunction smoking control narcotic addition weight control arthritis asthma anxiety The somatotopic correspondence of different body organs to specific areas of the ear are shown in graphic pictures of auricular anatomy distinct auricular landmarks An auricular nomenclature system is used to describe master points as well as specific ear points for treating disorders of the musculoskeletal gastrointestinal respiratory cardiovascular endocrine nervous systems Auriculotherapy

Manual Terry Oleson, 2013-10-21 Auriculotherapy Manual Chinese and Western Systems of Ear Acupuncture provides a comprehensive guide to the practice of Chinese and Western systems of ear acupuncture This impressive new edition utilizes 3 D models of the external ear as well as 3 D anatomical images to demonstrate the somatotopic relationship between particular parts of the body and specific regions of the auricle This is the first ear acupuncture text that has incorporated 3 D technology in order to present amazing images of the auricle which precisely indicate ear acupoint positions The book offers in depth evaluation of the theoretical and clinical underpinnings of auriculotherapy describing and illustrating over 200 ear acupuncture points and more than 200 auriculotherapy treatment protocols for clinical discorders ranging from chronic pain to substance abuse to visceral and neurological disorders There are an expanded number of auricular landmarks that are utilized to guide the practitioner in accurately determining the precise location of hidden ear points on the 3 D model These landmarks further reveal the varied depth perspectives of the external ear The ear reflex points presented in this manual are based upon systematic research conducted at the UCLA Pain Management Center and upon the extensive clinical findings of medical doctors and acupuncturists in China and Europe over the past 50 years Scientific and clinical information from the most recent international symposia of auricular acupuncture have been used to update the scientific and clinical knowledge presented in this fourth edition Each chapter is organized in same basic order beginning with an introductory overview progressing to the main topics in the chapter and ending with a section listing a definition of terms and a set of preparatory sample questions The book is concise and clear enough for students yet provides provides sophisticated clinical approaches to allow the experienced practitioner to enhance and complement their existing treatment strategies Scalp Acupuncture Richard A. Feely, 2011-01-01 Yamamoto New Scalp Acupuncture YNSA is a microsystem of anatomical scalp acupoint treatment for neuromusculoskeletal pain as well as meridian treatment This book offers the information essential for gaining a full understanding of the principles and use of YNSA based on specific algorithms for diagnosis and treatment The authors discussion of internal patient controls for verification of effectiveness of point location is particularly relevant for the practitioner seeking to optimize patient care Accompanying Thieme MediaCenter content online contains convenient and easy to follow video instruction in point identification and palpatory training Foreword by Toshikatsu Yamamoto **E-Book - Ear Acupuncture** Kajsa Landgren, 2008-05-23 Ear Acupuncture provides an up to date practical guide to the principles and practice of Chinese and Western ear acupuncture Written clearly with a practical and sensible approach this book is aimed at both the student and also the practitioner Excellent two colour illustrations are used throughout to illustrate the text Additionally it integrates the Chinese and Western opinions and also includes chapters covering ear acupuncture used in the treatment of addiction and also the Western theories about how acupuncture works Written with a practical and very sensible approach Clearly presented and easy to read Excellent 2 colour illustrations are used throughout to illustrate the text Includes an appendix of acupuncture points **Micro-Acupuncture in Practice**

Yajuan Wang, 2008-05-14 Unique and comprehensive this resource thoroughly discusses the various micro acupuncture systems with clear and clinically useful information for practice including styles of practice throughout the world overviews of each system and treatment for common disorders All micro systems are covered including information on point locations and functions Treatment protocols are given for more than 50 common diseases and conditions providing the tools necessary for the most effective treatment of patients The books readability evidence based approach excellent organization detailed illustrations comprehensive coverage of all micro systems and practical therapeutic treatment guidelines for commonly seen conditions make it an essential for anyone treating patients with acupuncture Covers all micro acupuncture systems including point locations and functions providing you with a wide variety of clinical tools all in one reference Treatment protocols for more than 50 conditions listed alphabetically for quick reference Logically organized with consistent coverage of introductory material micro systems and treatment protocols Clear and detailed illustrations and photos that show locations of acupuncture points and each micro system's relationship to the body enhancing your understanding of treatment techniques Based on current research with evidence behind the systems to ensure you are using the most authoritative information in the field Author Yajuan Wang an instructor at a major naturopathic university has more than 20 years of Musculoskeletal Disorders Alon Marcus, 1998 A combination of Oriental medicine traditional clinical experience biomedical orthopaedics Western osteopathic therapy and an updated Cyriax style of Orthopaedic medicine the book presents precise methodology for the diagnosis and treatment of musculoskeletal disorders The Complete Idiot's Guide to Acupuncture & Acupressure David Sollars, 2000-08-09 You re no idiot of course You know that for centuries acupuncture and acupressure have been among the most effective alternative medical treatments available Now you ve decided to try one of them but before you volunteer to be a human pincushion you have just a few questions So let's get to the point The Complete Idiot s Guide to Acupuncture and Acupressure offers a comprehensive look at these effective solutions in their various forms and functions In this Complete Idiot's Guide you get An introduction to the tools of the trade including needles magnets and exercise The lowdown on what to expect at your first treatment and how to relax and enjoy it Treatments for everything from acne to menopause Words of wisdom plus warnings and definitions to make the acu path easy to follow **Natural** Therapies for Overcoming Opioid Dependency Catherine Browne, 2018-11-13 With opioid dependency at epidemic levels Catherine Browne a doctor of acupuncture and Oriental medicine provides an accessible and practical guide to the effective use of natural therapies in helping people wean off opioids manage withdrawal symptoms and address pain without opioids Drawing on her extensive clinical experience Dr Browne explains how Chinese medicine acupuncture and acupressure herbs essential oils nutritional supplements meditation and exercise can be used to address addiction and restore the body to optimal functioning Individuals and families who are struggling with addiction as well as medical practitioners and holistic healthcare professionals will find help and encouragement in Dr Browne's detailed protocols and advice for integrating

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