



Autism and Puberty

Travis Breeding



Autism Puberty Travis Breeding

Saleema Noon, Meg Hickling



Autism Puberty Travis Breeding:

Autism Aggression at Puberty Travis Breeding, 2018-07-11 Puberty is a confusing time for autistic people leaving those who love and support them baffled by their actions This book explains some of the reasons for aggressive behaviors during puberty and talks about how to soothe and comfort the autistic teen as their body is changing along with their emotions This book gives you the social tools needed to help your loved one breeze through puberty with grace and dignity If you have ever wondered what it feels like to be confused by the world around you then imagine yourself in the shoes of an autistic twelve year old going from elementary school to middle school All of a sudden you are experiencing puberty Your body and emotions are changing but so are the social rules at school Socializing is no longer playing tag with each other on the playground It is now about having small talk and connecting with conversation It is now a game of popularity and you are unsure how to play the game Read this book to see how an autistic man coped with the ever changing environment in middle school along with his changing body and emotions The author shares tips for how to prepare autistic teens in advance for puberty and the best ways to help them understand their ever changing feelings and mood swings It will also touch on aggression and explain why the autistic teen is more on edge during puberty if you have a loved one on the spectrum going through puberty or you support an autistic teen in your career this book is for you It will guide you in guiding the autistic teen through the challenges they face in making it through puberty

Puberty the Autism Way Travis E. Breeding, 2017-06-15 Puberty for anyone can be stressful and confusing When you are autistic it seems everything can be confusing to understand Puberty was something that really affected Travis life and not being prepared to handle it led to a development of a mental illness for him This book is a first hand account of how puberty affected one person with autism This book is a guide for how to handle puberty for autistic people written by an individual with autism spectrum disorder who hopes to help make a difference in people's lives Travis holds nothing back and shares details of his personal life and experiences with puberty to help the reader gain an understanding of how someone with autism might process puberty and sexuality This book will give you simple steps to help prepare your child for puberty even if they have autism so that they are ready to take on life There are many useful tips in this book including advice on starting early to prepare for puberty Travis says we need to teach autistic people from a younger age than neurotypicals because it may take more time to prepare for puberty From teaching proper social context where it is appropriate to masturbate to helping prepare women with autism for their menstrual cycles by having them wear pads as young as 9 or 10 years old this book has all the tips that Travis can think of on how to better prepare for puberty Travis shares everything with you that he knows now that he wished he had known as a teenager going through puberty with autism

Autism and Puberty Travis Breeding, 2015-11-29 Travis talks about the importance of addressing puberty with your children on the autism spectrum He shares some of his experiences with dealing with puberty later than his peers He shares mistakes he made when trying to understand puberty and how that led to him being bullied or

made fun of He gives the reader tips and ideas about how to talk to your children about puberty in this great book This book will be an excellent resource for both parents and educators in teaching teens with autism about puberty This is not the birds and bees of puberty and sexuality This book is the real deal and will help you prepare to have the uncomfortable conversations with your children Travis holds nothing back in this never before seen book Travis shares how it is important to have these conversations with your children before your child has the conversations with other students It is so important to be able to beat their peers to the point As a parent you want to be the one in charge of having the puberty and sexuality talk with your son and Travis will teach you how to do that in this great book Here is an excerpt from the book It is also important when you are teaching sexuality and puberty to someone with autism that you use real pictures and provide real examples Do not show them a picture of a cartoon or anything like that because it is not going to go as deep in detail People with autism need to see the real thing so they know what things look like and they need to hear about the real wordage that our society uses to describe sex You should never be afraid to talk about the slang words because a person with autism might get bullied like I did if they do not know and understand the real words of sexuality and puberty **Autism: I Have Desires Too** Travis Breeding, 2013-08-11 In a book like no other Travis Breeding goes where no one has gone before and talks about his experience with puberty and sexuality with having Autism This is anything but the birds and bees of puberty and sexuality You will get real life experiences as Travis shares his heart with you Sexuality is confusing for teens and young adults on the Autism Spectrum You ll learn how Hollywood confuses are teens with things seen on television You ll see how the special interest can play a role in sexuality You will go through Travis s junior high and high school experiences You will learn how important it is to teach and develop your child s self esteem before they reach puberty Most importantly you will learn just how important context really is This book is a must read for all parents and educators wanting to gain better insight into their children or students When talking about puberty with your child it s important to remember and understand two things related to social skills 1 Social Thinking 2 Social Context Social thinking is more than just the social skill When I am socializing I am using more than just the skill Im thinking about how it s being perceived by others and what I can do to maintain a conversation I m thinking about how I m standing Where my eyes are There s a lot to this that is covered in the book Context is how something you tell your child might be perceived by them An example of this is a young woman with Autism who is now a mom Her mother had always told her growing up that she couldn t get pregnant until she got married We are very literal thinkers The girl thought her mom meant she couldn t physically get pregnant until she was married and didn t use proper protection You must prepare for our literal interpretation of things and think careful about what you re telling your children Here are some key points covered in this book Your teen may realize he or she is different than their peers by the time puberty sets in Travis felt as if he was an alien or an animal and couldn t figure out why he didn t fit in with the rest of the kids Travis gave up his lunch in order to sit next to people during lunchtime As a young adult Travis was taken

advantage of and paid people to be his friend Travis was a late bloomer Travis developed an interest in girls at the age of 21 Travis didn't understand how to interact with the opposite sex Travis used his financial aid money to pay girls to go on dates with him He would pay them to be on the date not just pay for the date Travis would sometimes pay as much as 1 500 00 for a date Travis didn't understand the slang words for sex or body parts and was bullied and picked on because of that These are all key points covered in Autism I Have Desires Too Travis shares what he went through and this offers advice to help your child through these years Great book for teachers educators therapists and parents Also a great book for teens and adults on the spectrum

Real Talk Puberty and Sexuality for Autism Travis E. Breeding, 2016-05-06 Travis puts the birds and bees of puberty and sexuality to rest in this real book using real terms for teaching teenagers with autism about sex Travis says if you do not teach your kids about sex then someone else's kid is going to be the one to end up teaching them and that could be a disaster waiting to happen Travis says we must teach the slang words so that your child does not get bullied This is a great book that will help parents talk to their teenagers about sex and puberty It gives you step by step directions on how to explain puberty and sexuality to your child It also gives you some ideas for what to say when they ask you questions about their body changing or about having sex with someone Travis shares how he was bullied by his peers because he did not know anything about sex and this was in college No one had ever talked to him about it and he had to teach himself by doing a lot of research to understand it He was stuffed in trashcans locked inside of lockers and even hit and punched as punishment for not knowing about sex This is a great book for those wanting some guidance and reassurance on how to teach their autistic teenager about sex sexuality and puberty This book is highly recommended for parents to read along with their teenagers as they are both trying to gain an understanding of sex sexuality and puberty Here is an excerpt from this book I did not learn about sex until I was in college and other men started talking to me about it and making fun of me because I had never experienced it or tried it and I knew basically nothing at all about it The other men in college were willing to teach me about it for a fee that I would have to pay them They told me that I had to pay them because I had autism and that I was different than everyone else This really bothered me and made me feel like I was being singled out I just wanted to be like the other guys but did that mean that I necessarily had to have sex

Making Sense of My Feelings As a Teen with Autism Going Through Puberty Travis Breeding, 2012-10-17 In this book I express my feelings I had during my teenage years as a teen with autism Watching other kids go through puberty and begin interacting with the opposite sex in different ways than I knew or understood was very frustrating It is my goal that this book helps you prepare other children for the teenagers years and puberty Puberty is tough to deal with for anyone Throwing Autism into the mix only made things more confusing for me I needed more clarity on what was going on with my body I sought out answers on my own because no one talked to me about it in ways I understood This is an important issue I feel needs addressed with more intensity in the Autism community I hope this book can be a helpful tool in helping us do just that

Growing Up with Autism Journal Series

Book I Travis Breeding, 2013-08-16 *Growing Up With Autism* is a collection of journal entries from the author Travis Breeding. Travis has autism and hopes to help parents and educators around the world gain better insight into the mind of someone who lives with it every day. The first book in this series contains 20 journals. The journals are edited for grammar but have not been edited conceptually. They are original writings. The following is a list of topics you will read about in book 1 of *Growing Up With Autism*: Travis thoughts on the DSM V and Asperger's Syndrome; How Travis self-reinforces his own behavior plan; Learn about Travis junior high experience including his first locker; Learn about Travis experiences with working and employment; Learn about Travis high school experiences; Learn how Travis realized he wasn't like the other kids and made the most of it; Learn how Travis sometimes felt left out; Learn how Travis made career decisions; Learn Job Interview skills; Read about Travis Autism dream job; Learn about children's safety issues; Hollywood's effect on Autism; Learn about Travis first day of Kindergarten; Learn about Travis experiences going through puberty and understanding his sexuality; Learn how Travis handled the transitions from elementary to middle school; Learn about the transition from middle school to high school; Travis plea to end bullying; Learn how Travis tries to prevent a label being put on Autism; Learn about Travis book *the Reality of Living within Two Worlds*. **Autism and Emotional Puberty "Masturbating With Razor Blades"** Travis Edward Breeding, 2017-08-02 Travis shares why he has to be punished through masturbating with razor blades as a punishment for not experiencing puberty and sexuality like his neurotypical peers. Travis explains how he does not understand how to be more than one person at a time. He cannot fathom how he could be someone's friend and then their boyfriend. Travis explains emotional puberty in this amazing book about autism. In this book you will learn the reason behind Travis punishing himself for not having sex or experiencing sexuality. You will see how confused Travis is in social relationships because he does not understand how to be two completely different people all in one interaction with the same person. You will learn how Travis was kicked in his private parts and punished for not having sex in high school and college. Travis will share the emotional damage that puberty and sexuality has caused him in hopes of helping the reader prevent the same from happening to others with autism. Follow along as Travis tries to avoid punishment, figure out who he is supposed to be, and understand his own sexuality and meaning in life. *How to Teach Your Autistic Teen about Sex* Travis Breeding, 2014-04-09 This is a parenting guide book for parents who have teens on the Autism Spectrum going through Puberty. Written as a first-hand account by an adult who has Asperger's himself, Travis will share his experiences with puberty and discovering his own sexuality. Travis' book offers an advanced guide that is unlike anything we have ever seen before. Travis feels it is extremely important to eliminate the birds and bees of sexuality concept that our society has developed and dive into real literature and real words regarding sex. This book is written at an advanced level; it is not elementary reading and parents should read this book before letting their teenagers read it. Only getting the birds and bees of sex growing up hurt Travis because the other kids made fun of him and bullied him often. Travis talks very openly about sexuality to help the

parent understand what their Autistic teen may be feeling This is a very educational book about a topic that society often has trouble addressing This is excellent and required reading for parents and educators who have teens or work with teens on the Autism Spectrum **Talk Sex Today** Saleema Noon, Meg Hickling, 2016-08-05 Not sure what or how much information to share with children and teens regarding sex and sexual health Do you fear what they might ask Or how to respond to their questions Or whether you even know the answers yourself Saleema Noon knows all about these fears and concerns An expert in sexual health education and stepparent to two teenage daughters herself she understands the challenges adults face when addressing sensitive topics with their kids In Talk Sex Today Noon delivers an intelligent and sensible blend of current inclusive and practical information for children and teens and the adults who love them Noon builds on the foundational work of iconic sexual health educator Meg Hickling and her bestselling Speaking of Sex books to offer adults a break through guide on teaching body science Together with a combined 40 years of experience Noon and Hickling broach a host of topics including gender identity and stereotypes sexual diversity sexual consent bullying and harassment fostering healthy body image internet safety managing media influence pornography sexual decision making teaching sexual health to children and teens with special needs Not afraid of controversy and firm in her belief that knowledge is power Noon's broadly inclusive approach shines with the affirmation that every person regardless of race religion age ability gender identity gender expression and sexual attraction deserves respect and the information that will keep them safe This is the ultimate guide to teaching children about sexual health and is ideal for educators and parents alike

Reviewing **Autism Puberty Travis Breeding**: Unlocking the Spellbinding Force of Linguistics

In a fast-paced world fueled by information and interconnectivity, the spellbinding force of linguistics has acquired newfound prominence. Its capacity to evoke emotions, stimulate contemplation, and stimulate metamorphosis is truly astonishing. Within the pages of "**Autism Puberty Travis Breeding**," an enthralling opus penned by a highly acclaimed wordsmith, readers embark on an immersive expedition to unravel the intricate significance of language and its indelible imprint on our lives. Throughout this assessment, we shall delve to the book is central motifs, appraise its distinctive narrative style, and gauge its overarching influence on the minds of its readers.

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