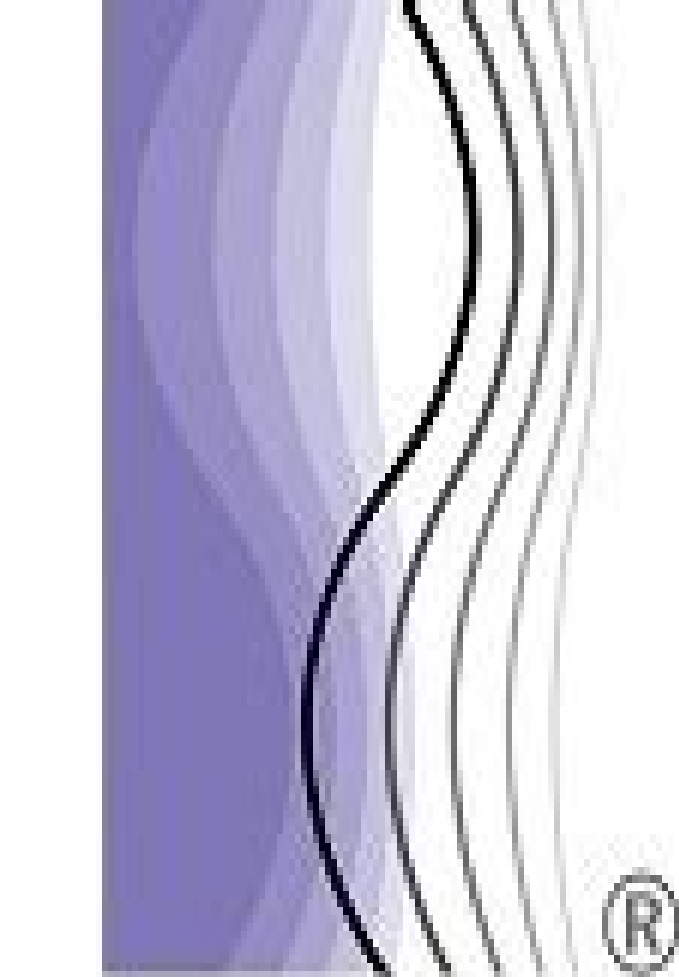




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June Alexander, Janet Treasure



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Academy for Eating Disorders (AED) Academy for Eating Disorders (AED),200? **Comprehensive Nutrition Therapy for Co-Occurring Gastrointestinal & Eating Disorders** Janelle E Smith,Emily Arkin,Beth Rosen,2025-03-27 The EDGI Training Project Comprehensive Nutrition Therapy for Gastrointestinal and Eating Disorders is a groundbreaking resource designed for registered dietitians to proficiently navigate the intersection of gastrointestinal GI health and eating disorders EDs This comprehensive handbook equips clinicians with the knowledge and skills necessary to provide expert medical nutrition therapy to clients with co occurring GI and ED conditions from a weight inclusive trauma informed approach The guide lays the groundwork by offering in depth insights into the psychological nuances of these overlapping chronic illnesses and how digestion is impacted by EDs and GI disorders Each chapter provides a thorough overview of the essential tools and complexities of assessment treatment and recovery Readers will find a practical guide to treating the co occurrences of EDs and GI disorders and navigating the challenges of nutrition interventions for these clients From effective screening and referral strategies to detailed nutrition assessment and diagnosis protocols healthcare providers will build the tools needed to develop tailored nutrition plans that address the unique needs of their clients The EDGI Training Project provides clear guidelines to apply evidence based interventions across a spectrum of conditions including gastroparesis irritable bowel syndrome celiac disease lactose intolerance small intestinal bacterial overgrowth inflammatory bowel diseases and more

Eating Disorders Justine J. Reel,2018-05-10 This encyclopedia offers a variety of resources for readers interested in learning more about eating disorders including hundreds of reference entries interviews scholarly debates and case studies While many people may reflexively imagine an anorexic or bulimia teenage girl upon being asked to think about eating disorders eating disorders are a form of mental illness that can take many forms and affect individuals of all genders ages and ethnic backgrounds In fact an estimated eight million people in the United States struggle with an eating disorder making eating disorders one of the most prevalent forms of mental illness in America This two volume encyclopedia comprehensively examines eating disorders as the forms they can take their causes and potential complications and how they can best be treated and prevented It also examines the influence had by cultural factors such as the fashion industry television and movies and social media More than just a simple A to Z reference *Eating Disorders Understanding Causes Controversies and Treatment* also includes valuable features such as Q A interviews with those affected by and working to combat eating disorders case studies scholarly essays that voice opinions in key debates and a directory of resources for individuals seeking help **The Psychology of Eating Disorders** Christine L.B. Selby,Christine Selby,2018-12-28 Offers a clear concise up to date introduction to eating disorders for students in the health professions This is a concise accessible introduction to eating disorders for undergraduate and graduate students in psychology as well as those specializing in health education and nutrition Easy to read and grounded in DSM 5 definitions and the most up to date research the text is

designed for students in the health professions as well as health professionals seeking a basic understanding of the challenges associated with their diagnoses and treatment. Written by a licensed psychologist and certified eating disorders specialist, the book describes what eating disorders are and are not, who is likely to develop them, and signs and symptoms of specific disorders. It discusses biological, medical, psychological, interpersonal, and socio-cultural risk factors and helps the reader to identify those who are at risk for experiencing an eating disorder and how to refer them for evaluation. Scenarios reflect the wide spectrum of people who suffer from eating disorders, including young and old, male and female, and athlete and non-athlete. Uniquely, the book also covers the range of reactions someone, including treatment providers, can have to an individual diagnosed with an eating disorder. The text also delivers strategies for treatment and prevention with overviews of their effectiveness. Print version of the book includes free searchable digital access to its entire contents.

Key Features

- Provides an easy-to-read introduction to the full range of eating disorders.
- Discusses risk factors and warning signs of eating disorders.
- Discusses evidence-based treatment approaches and prevention.
- Considers long-term effects of eating disorders.
- Includes illustrative narratives of diverse individuals with EDs.

Authored by a certified eating disorders specialist. *A Collaborative Approach to Eating Disorders* June Alexander, Janet Treasure, 2013-03-01

While many aspects of eating disorders remain a mystery, there is growing evidence that collaboration is an essential element for treatment success. This book emphasises and explains the importance of family involvement as part of a unified team approach towards treatment and recovery. *A Collaborative Approach to Eating Disorders* draws on up-to-date evidence-based research as well as case studies and clinical vignettes to illustrate the seriousness of eating disorders and the impact on both the sufferer and their loved ones. Areas of discussion include current research, including genetic factors, socio-cultural influences, and early intervention. Clinical applications such as family-based, dialectical, and cognitive-behavioural treatments, treatment developments for both adolescents and adults with a range of eating disorders, building collaborative alliances at all levels for treatment and ongoing recovery. With contributions from key international figures in the field, this book will be a valuable resource for students and mental health professionals, including family doctors, clinicians, nurses, family therapists, dieticians, and social workers.

Restoring Our Bodies, Reclaiming Our Lives Aimee Liu, 2011-04-26

Full recovery from an eating disorder is possible. Despite what you may have been led to believe, most people with anorexia, bulimia, or binge eating disorder are able to completely restore their health and well-being. But how does this happen? Author Aimee Liu has woven together dozens of first-person accounts of recovery to create a breakthrough roadmap for healing from an eating disorder. *Restoring Our Bodies, Reclaiming Our Lives* answers key questions, including: How does healing begin? What does it feel like? What supports and accelerates it? Will I ever be free of worry about a relapse? Throughout the book are informative sidebars written by leading professionals in the field, addressing essential topics such as finding the right therapist, the use of medications, exploring complementary treatments, and how family members can help. Learn more at the author's website.

www.aimeeliu.net Eating Disorders Barbara P. Kinoy, 2000-12-27 Fully revised to reflect changes in the field this collection of essays by psychotherapists who specialize in the treatment of anorexia nervosa and bulimia explains in accessible and humane terms how the treatment process works and demonstrates strategies that lead to recovery The book details the interaction between practitioner and patient practitioner and practitioner and family members The collection which draws upon the knowledge and experience of clinicians who have practiced at the Wilkins Center for Eating Disorders also points up the advantages of a collaborative team for both the patient and professionals Eating Disorders in Childhood and Adolescence Bryan Lask, Rachel Bryant-Waugh, 2013-02-11 In the fourth edition of this accessible and comprehensive book Bryan Lask and Rachel Bryant Waugh build on the research and expertise of the previous three editions First published in 1993 this was the first book of its kind to explore eating disorders in children and young adolescents a population that is very different from those in their late teens and adulthood The contributors experience and knowledge have increased and the field has moved forward over the past 20 years This fully revised edition offers a distillation of current information relating to the younger population and contains brand new chapters on areas of experience research and practice including The perspective of a young person going through an eating disorder Experiences of a parent Updated information regarding advances from neuroscience Therapeutic engagement Cognitive remediation therapy Eating Disorders in Childhood and Adolescence offers the reader knowledge insight and understanding into this fascinating but challenging patient group It has both a clinical and research focus and will be an essential text for a wide range of professionals as well as being readable for parents of children suffering from eating disorders **Eating Disorders in America** David E. Newton, 2019-03-07 An indispensable resource for readers interested in eating disorders this book summarizes their history in human civilization assesses the current status of eating disorders in American society and describes efforts for establishing effective prevention and treatment programs Although eating disorders have existed for centuries considerable controversy remains as to the basic cause or causes of these disorders and their genetic biological and or psychological factors Eating Disorders in America A Reference Handbook investigates these disorders priming readers on the causes symptoms controversies and treatments available The two opening chapters of the book provide general background and a historical review of the existence of eating disorders in society The remaining chapters provide resources the reader can use for further research such as an extensive annotated bibliography a glossary and a chronology This book differs from others on the topic in that it provides both an expository section that provides information as well as a set of resources for further research The book also contains a perspectives chapter in which writers describe and discuss their personal views on the subject of eating disorders Together with the author's expertise these views add to the value of this book as a resource for eating disorder research **Eating Disorders and Obesity** Laura H. Choate, 2015-01-07 Both practical and comprehensive this book provides a clear framework for the assessment treatment and prevention of eating disorders and obesity Focusing

on best practices and offering a range of current techniques leaders in the field examine these life threatening disorders and propose treatment options for clients of all ages This text written specifically for counselors benefits from the authors collective expertise and emphasizes practitioner friendly wellness based approaches that counselors can use in their daily practice Parts I and II of the text address risk factors in and sociocultural influences on the development of eating disorders gender differences the unique concerns of clients of color ethical and legal issues and assessment and diagnosis Part III explores prevention and early intervention with high risk groups in school university and community settings The final section presents a variety of treatment interventions such as cognitive behavioral interpersonal dialectical behavior and family based therapy Requests for digital versions from the ACA can be found on wiley.com To request print copies please visit the ACA website here [Reproduction requests for material from books published by ACA should be directed to](http://publications.counseling.org)

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