

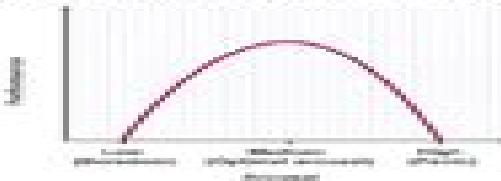
GCSE PE NEA (Coursework): Analysis 1,2,3,4 Evaluation 5,6,7

The information below is to help you format and structure the **seventh** section of the NEA (coursework). Please note that you should use your own wording as much as possible and research online for as much information as possible. Lastly, read the exemplar to support your understanding.

Section 7 - Theoretical Cause.pdf

Section 7: Theoretical Cause

This section requires you to choose a theoretical element from the AQA GCSE PE specification. This theoretical element must be presented as a cause to your weakness, outlined in section 4 of your analysis (**SKILL WEAKNESS**). You will need to outline your knowledge of this **theoretical link (AO1)** and apply to your **skill weakness (AO2)**. Then you will need to present corrections to help improve your skill weakness. These strategies will require you to review information and then bring it together to form a conclusion, drawing on evidence such as **strengths, weaknesses, alternatives and relevant data (AO3)**. The two most relevant theories that can be applied generally are the **information processing model** and the **Inverted-U theory**. The table below outlines will get you to explore which one applies most to your skill weakness identified in section 4.

Theoretical Cause	Corrections
Information processing - input, decision making, output and feedback Research: Information processing model - Performance feedback in sport - Eduqas - GCSE Physical Education Revision Video: GCSE PE - INFORMATION PROCESSING MODEL - (Skill Acquisition & Psychology) - (Skill Acquisition 8.4) Lesson: Lesson 3: Information Processing Model Link between skill weakness(es) and theoretical cause Re-read section 4 of your analysis. Can you apply your skill weakness to any of the following issues? • Poor selective attention? An inability to respond or react to a stimulus efficiently? • Poor decision making? An inability to execute the correct pass, pass. Are you being called up for footwork violations etc.? • Is your output (skill performance) poor or too slow? • Are you unable to respond to feedback (intrinsic or extrinsic) effectively? If you've answered yes to any of these questions then the information processing model might be your theoretical cause. Now study the corrections to see if they might help improve your skill performance.	Strategies have been proposed for each part of the information processing model below: • Input: Strategies to improve selective attention – blocking out everything, eg noise / other visual stimuli / other than key focus points above, ie the ball • Decision making: Strategies to improve long term memory by storing more motor programmes (Repetition, Use Memory Aids, Mental rehearsal etc.) • Output: Strategies to speed up the process of sending information (nerve impulses) to muscles – (Use a Step-by-step Approach and Repetition of Skills, Use Technology Tools) • Feedback: Strategies to increase the receiver feedback via self (intrinsic / kinaesthetic) and / or others (extrinsic) – did you hit ball / how did it feel / Where did it go / did you misread the ball - Types of feedback - intrinsic and extrinsic - Performance feedback in sport - Eduqas - GCSE Physical Education Revision All corrections should improve the qualities of decision making in sport.
Inverted-U theory - The relationship between arousal level and performance level, e.g. when under aroused, performance level is low/under or over arousal causing low performance levels. 	Strategies should focus on how arousal can be controlled using stress management techniques before or during a sporting performance - deep breathing, mental rehearsal/visualisation/imagery, positive self-talk. Preparation techniques - breathing control and self talk - Mental preparation - AQA - GCSE Physical Education Revision - AQA - BBC Bitesize Visualisation and mental rehearsal - why does it help? - Mental preparation - AQA - GCSE Physical Education Revision - AQA - BBC Bitesize

Aqa Pe Coursework As Handout

**Sue Young, Symond Burrows, Michaela
Byrne**



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AS PE for AQA Nesta Wiggins-James, Rob James, Graham Thompson, 2005 The only books written specifically to match the AQA specification AS PE for AQA is a brand new course that has been written exactly to match the AQA specification The Student Book provides students with the right level of support and the Workbook acts as a useful teaching and revision tool The only book written specifically for the AQA AS course Practice exam questions help students understand the demands of their exams Revision questions at the end of each topic consolidate students learning Learning objectives at the beginning of each unit really focus students on what they need to learn Key word boxes help students learn and use technical vocabulary

Sport Examined Entry Level Teacher Support Pack Paul Beashel, Andy Sibson, John Taylor, 2004 Packed with activities to motivate students and help them engage with the subject and theory of PE Sport and Recreation Activity sheets cover topics including application of skills knowledge of rules and regulations and evaluation of students own and others performance

My Revision Notes: AQA A-level PE Sue Young, Symond Burrows, Michaela Byrne, 2018-02-26 Target success in PE with this proven formula for effective structured revision key content coverage is combined with exam style tasks and practical tips to create a revision guide that students can rely on to review strengthen and test their knowledge With My Revision Notes every student can Plan and manage a successful revision programme using the topic by topic planner Consolidate subject knowledge by working through clear and focused content coverage Test understanding and identify areas for improvement with regular Now Test Yourself tasks and answers Improve exam technique through practice questions expert tips and examples of typical mistakes to avoid Get exam ready with extra quick quizzes and answers to the practice questions available online

Improving Teaching And Learning In Physical Education Grout, Harvey, Long, Gareth, 2009-06-01 This book is about the PE lesson at key stages 3 and 4 It serves to enhance teaching and learning in physical education by showing trainee teachers how to understand and apply the concepts fundamental to planning teaching and learning and how they can apply theory to their own practice in order to become a successful teacher and to develop successful learners Each chapter explores important aspects of PE pedagogy and relates them directly to pupil learning within the lesson

Contemporary Issues in Physical Education Ken Hardman, Ken Green, 2011 The book provides an insight into the current situation of PE in schools across Europe as a forerunner to addressing PE related existing and emerging issues in various contexts

Assessment In Secondary Schools Brooks, Val, 2002-01-01 The entire text is devoted to assessment and therefore it is able to offer an in depth consideration of aspects of assessment which exercise teachers at the beginning of their career for example the relationship between assessment and learning how assessment contributes to planning ways of marking pupils work writing reports for parents and meetings with parents

My Revision Notes: AQA A-level PE Second Edition Sue Young, Symond Burrows, Michaela Byrne, 2022-10-28 Set your students on track to achieve the best grade possible with My Revision Notes Our clear and concise approach to revision will help students learn practise and

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