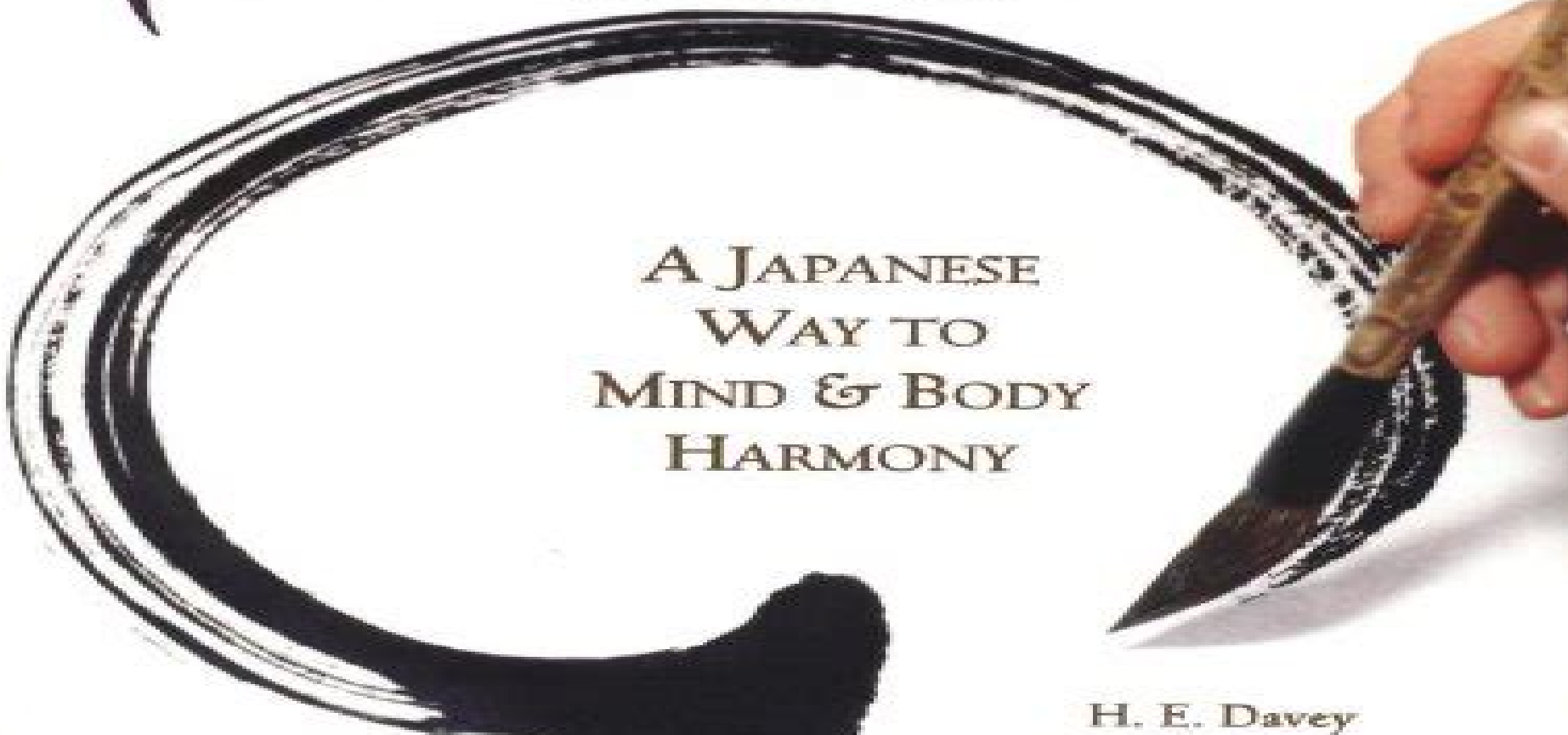


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Brush Meditation



A JAPANESE
WAY TO
MIND & BODY
HARMONY

H. E. Davey

Brush Meditation A Japanese Way To Mind And Body Harmony

Sabine Zange



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every angle Passionate and playful the book is filled with enlightening discussions fun facts photos exhibits anecdotes and games It s a reference source workbook and entertaining read all in one Novices and kanji experts alike will find treasures in its pages The Open Hand Barry M. Kroll,2013-11-15 Based on five years of classroom experimentation The Open Hand presents a highly practical yet transformational philosophy of teaching argumentative writing In his course Arguing as an Art of Peace Barry Kroll uses the open hand to represent an alternative approach to argument asking students to argue in a way that promotes harmony rather than divisiveness and avoiding conventional conflict based approaches Kroll cultivates a bodily investigation of noncombative argument offering direct pedagogical strategies anchored in three modalities of learning conceptual procedural kinesthetic and contemplative and projects activities assignments informal responses and final papers for students Kinesthetic exercises derived from martial arts and contemplative meditation and mindfulness practices are key to the approach with Kroll specifically using movement as a physical analogy for tactics of arguing Collaboration mediation and empathy are important yet overlooked values in communicative exchange This practical engaging and accessible guide for teachers contains clear examples and compelling discussions of pedagogical strategies that teach students not only how to write persuasively but also how to deal with personal conflict in their daily lives *Contemporary Authors* Julie Keppen,2004-10 A biographical and bibliographical guide to current writers in all fields including poetry fiction and nonfiction journalism drama television and movies Information is provided by the authors themselves or drawn from published interviews feature stories book reviews and other materials provided by the authors publishers **Islands Magazine** ,1999-11 *Persimmon* ,2000 Asia Pacific Economic Review ,1999

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