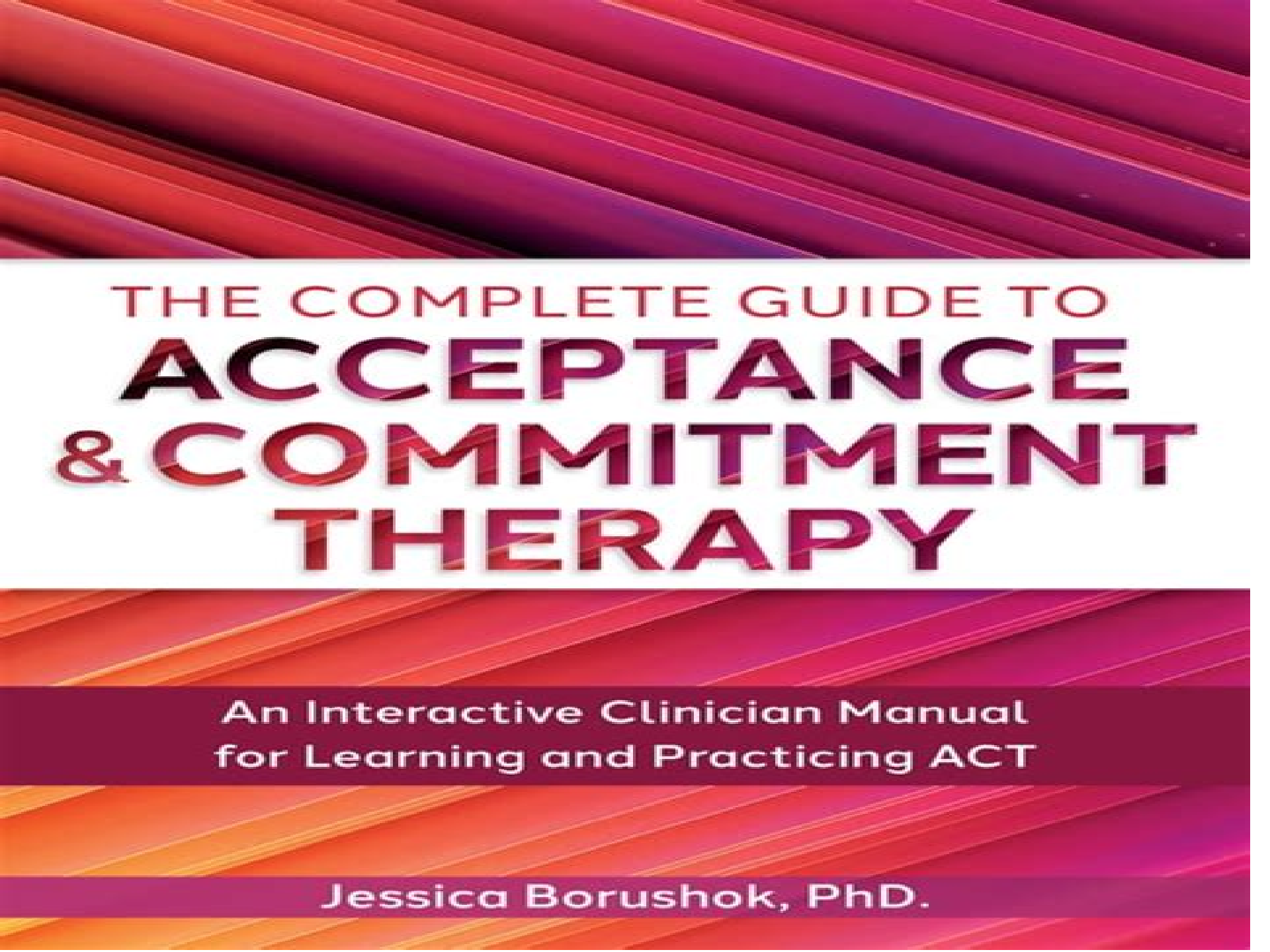




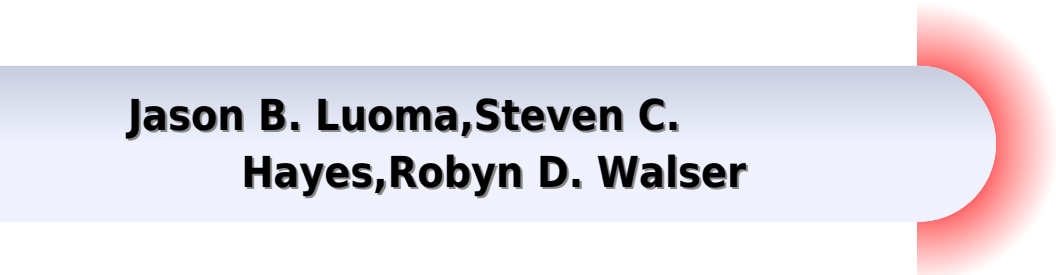
THE COMPLETE GUIDE TO **ACCEPTANCE & COMMITMENT THERAPY**

An Interactive Clinician Manual
for Learning and Practicing ACT

Jessica Borushok, PhD.

Acceptance Commitment Manual

**Jason B. Luoma, Steven C.
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