



USJA (ACE) AIKIDO CERTIFIED EXAMINERS MANUAL



UNITED STATES JUDO ASSOCIATION

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**(ACE) AIKIDO CERTIFIED EXAMINERS
TRAINING MANUAL
for Students & Instructors**

**By Doshu Edward E Wilkes,
Chairman of the Board on the
USJA (ACE) Aikido Certified Examiners**

Millenium Edition

A course in Aikido for Juniors & Seniors



Aikido Training Manual

Michal Rosen-Zvi



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