HEAD TO TOE ASSESSMENT

Before the Exam

- Ensure privacy and keep the room at a comportable temperature
- · Sit/Stand at eye level + make good eye contact
- · Use open-ended questions to gather unbiased information

General & Health History

SUBJECTIVE -

- 1. Health history
- 2. Family history 3. Cheif complaint

OBJECTIVE

- Behavior + mood
- 2. Appears stated age Hygiene + nourishment level
- Posture and mobility
- 5. Level of conclousiness 4 Alert ? Oriented?

Integument

Inspect Skin.

- Color:
- 2. Moisture 5. Texture
- 4. Turgor
- 5 Lesions









T Z

PTOG

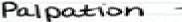
- 1. Inspect + parpate hair, scarp + face
- 2. Test CN VIII have pt. smile, frown Show teeth, frown 's pure cheeks
- 3. Inspect Science, inist conjunctivity for any discoloration /abnormalities
- 4. Test vision Snellen chart
- 5 Check Dupits are equal, round and reactive to light * accommodation

Neurological + Mental Status

- 1- Assess opecon patiern
- Z. Orientation to person, place, time and situation
- 3. Assess recent and remove memory
- 4. Screen for depression + anxiety
- 5. Ensure the client's thought process is logical and concrent
- 6. Assess mond + facial expression

Inspection

Look + Smell





Percussion

top to assers for dwirness | tympony

Auscultation listen for sounds

Ears



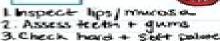
- 1. Test hearing
- 2. Inspect pinha and inner ear

Nose



- 1. Assess paterky
- 2. Ensure sense of Smetti
- 3 Inspect septum + turbinates

Mouth

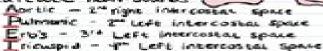


Threat

- Linspect uvula-
- 2. Test CN IX
- "Say anhhn" Test CN XII move conque

Cardiovascular

- Inspect anterior and posterior chest
- 2. Percuss Lung fields
- 3. Palpate Apreal pure
- 4. Auscultate lung sounds



Mitral - 5th intercetor space or misconicular

Abdomen - GI & GU

- I Inspect Contour, symmetry 2. Auscultate for bower sounds
- 3. Percuss an 4 quadrants
- 4. Paipate all 4 quadrants
- 5. Assess bladder+ voiding habits

Extremities + Musculoskeletal

- 1. Assess ROM + muscle Strength
- 2. Check for + grade any edema
- 3. Inspect posture + quit 4. Test deep tendon reflexes /



Assessment Guide

Kevin S. Douglas, Randy K. Otto



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