

TABLE 1. MACROELEMENTS

Patient Clinical Condition	Parenterally Administered (g/kg/d)	Total Energy (kcal/kg/d)	IN Recommendations		
			Essential (mg/kg/d)	Non- essential (g/kg/d)	Fluid (mL/kg/d)
Stable	0.8-1.0	20-30	0.5	1	20-30
Critically ill, injured, obese	1.2-2.0	20-30	1-2	1-2	Minimum to prevent electrolyte abnormalities
Minimum Parenteral Nutrition Requirements for Stable	Parenterally Administered (g/kg/d)	Total Energy (kcal/kg/d)			
Threonine (non-lyophilized)	1.0-1.5				
Valine	1.0-1				
Open abdomen	Additional 0.5-1.0 g/d essential				
Acute kidney injury	0.8-1.0				
Essential amino acid replacement therapy	Additional 0.2 g/kg/d and to meet 0.7 g/kg/d				
Chronic kidney injury with nephrotoxic medications	1.2				
Weight losses	1.2-2 based on "pre" weight and response				
Notes	0.5-1 (based on 200)	20-30 (based on 200)			

IN = intravenous

Threonine is essential in neonates. For pediatric use during at least 100 days of parenteral nutrition (data not available) (based on research)

TABLE 2. ELECTROLYTE AND MINERAL

Electrolyte	Estimated Daily Requirement	Factors that increase needs
Calcium ^a	50-100 mg/d	High sodium intake
Magnesium	8-20 mg/d	Diuretics, medications, sweating
Phosphorus ^a	20-40 mg/d	High sodium intake, sweating
Sodium	0.2 mEq/kg/d ^b	Diuretics, sweating, ill patients, ill wounds
Potassium	0.2 mEq/kg/d ^b	Diuretics, sweating, ill patients, ill wounds, medications, sweating
Chloride	As needed to maintain anion-gap balance	Renal insufficiency, metabolic alkalosis, ill wounds or transfusions
Others	As needed to maintain acid-base balance	Metabolic alkalosis, volume depletion

^aNot needed if providing calcium and phosphorus orally to completion

^bIN recommendations

TABLE 3. DAILY REQUIREMENTS FOR ADULT PARENTERAL NUTRITION^a

Electrolyte	Estimated Daily Requirement
Threonine (g)	0 mg
Valine (g)	10 mg
Valine (g)	40 mg
Open abdomen	200 mg
Acute kidney injury	10 mg
Essential amino acid replacement therapy	0 mg
Chronic kidney injury with nephrotoxic medications	0 mg
Weight losses	40 mg
Threonine (g)	200 mg
Valine (g)	1 mg
Valine (g)	10 mg
Valine (g)	200 mg

^aEssential amino acids, threonine, valine, and isoleucine are essential in neonates and in adult bodybuilding. For the adult population, threonine is essential for 100 percent of patients (based on research)

TABLE 4. DAILY REQUIREMENTS FOR ADULT PARENTERAL TRACE ELEMENTS^a

Trace Element	Estimated Daily Requirement
Chromium	10 mg
Copper	0.1-0.2 mg
Manganese	40 mg
Selenium	40-100 mg
Zinc	1-2 mg

^aEssential and non-essential amino acids are essential in neonates and in adult bodybuilding

^bIN. These requirements are different for the pediatric population (based on research) (based on research)

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**L. Kathleen Mahan, Sylvia Escott-
Stump, Janice L. Raymond, Marie V.
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