

THE ULTIMATE BLS FIELD GUIDE INFOGRAPHIC

Basic life support (BLS) skills can make the difference between life and death for a patient. A BLS field guide and summary sheet are essential for preparing responders for any resuscitation event.

SureFire CPR

911



BLS Core Components

The two primary components of BLS are **cardiopulmonary resuscitation (CPR)** and automated external **defibrillator (AED)** use.



3 Steps of CPR

CPR involves a series of chest compressions and ventilation. To administer CPR, follow the **3 steps of CAB**:

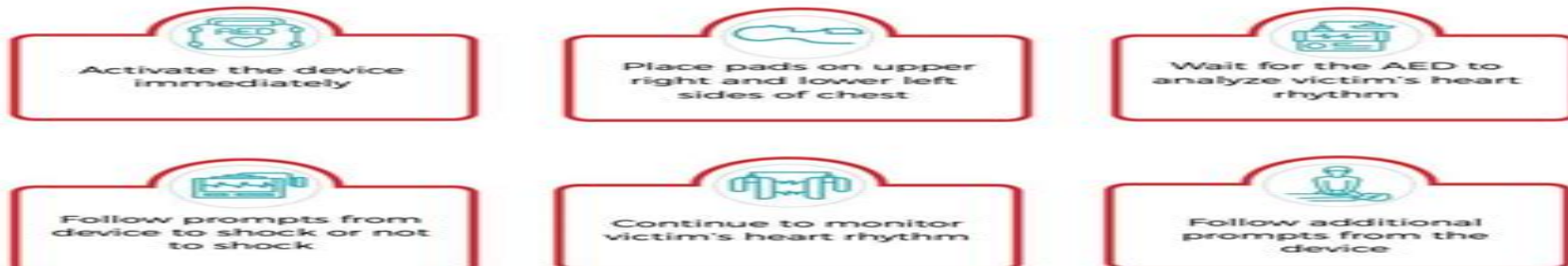
1. Deliver **chest** compressions, using quick, firm motions
2. Open the **airway** by tilting the head and lifting the chin
3. Administer **breaths** (mouth-to-mouth breathing)



Steps for AED Use

An AED is an effective and relatively simple device to use in the event of cardiac arrest. **To operate an AED, follow these steps:**

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What does Cardiac Arrest Look Like?

Common signs of cardiac arrest include:

- Sudden loss of consciousness
- Gasp for air or not breathing at all
- No response to shaking or shouting
- No pulse detected within 10 seconds

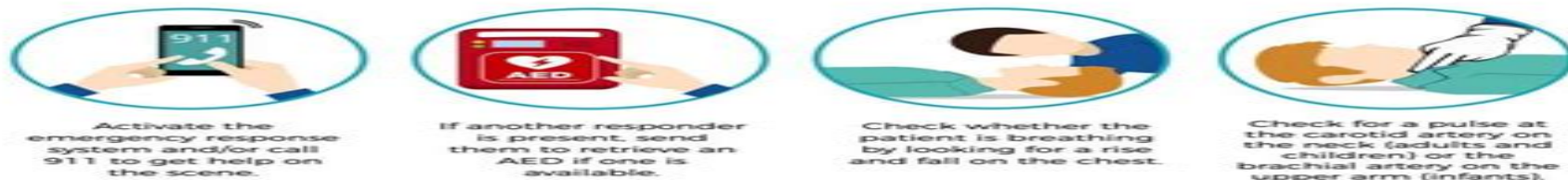


Assessing the Situation and the Patient

When you encounter a person in need of assistance:

Confirm the scene is safe before approaching the victim. If it is not, call 911 from a safe location

SureFire CPR



Bls Guide

Lisa Dougherty, Sara Lister



Bls Guide:

BLS Update United States. Bureau of Labor Statistics, 2000 **Running the Numbers: A Practical Guide to Regional Economic and Social Analysis: 2014** John Quintero, 2014-12-18 Through use of practical examples and a plainspoken narrative style that minimises the use of maths this book demystifies data concepts sources and methods for public service professionals interested in understanding economic and social issues at the regional level By blending elements of a general interest book a textbook and a reference book it equips civic leaders public administrators urban planners nonprofit executives philanthropists journalists and graduate students in various public affairs disciplines to wield social and economic data for the benefit of their communities While numerous books about quantitative research exist few focus specifically on the public sector *Running the Numbers* in contrast explores a wide array of topics of regional importance including economic output demographics business structure labour markets and income among many others To that end the book stresses practical applications minimises the use of maths and employs extended chapter length examples that demonstrate how analytical tools can illuminate the social and economic workings of actual American regions

Guides to Federal Statistics , 1978 *Census Catalog and Guide* United States. Bureau of the Census, 1995 Includes subject area sections that describe all pertinent census data products available i e Business trade and services Geography Transportation etc **The Complete Guide to OSHA Compliance** Joel M. Cohen, Robert D. Peterson, 1995-12-13 The Complete Guide to OSHA Compliance is an easy to understand one stop resource designed to help safety professionals industrial hygienists and human resources personnel ensure compliance with existing and upcoming OSHA regulations This essential book explains employer and employee rights and responsibilities and it provides everything you need to know about employer standards and standards for specific operations The Complete Guide to OSHA Compliance describes the process of injury illness recordkeeping and the reporting system required by OSHA It also explains how to conduct a self audit to determine whether a company is in full compliance Furthermore it informs companies of their rights in an inspection and explains how to handle citations and appeals should they arise **Census Catalog and Guide (1995 49th Ed)** DIANE Publishing Company, Helps you select from all the Census Bureau publications Covers every Census Bureau product issued from mid 1993 through 1994 including printed reports maps microfiche computer tapes CD ROM fax diskettes online access and maps Includes statistical publications from other federal agencies Covers agriculture business construction and housing foreign trade geography governments international manufacturing population transportation and much more Provides detailed facts about each product Identifies sources of assistance **Pharmacy Essentials: A Compact Guide for Students and Practitioners** Dr. Amit Kumar, Dr. Ravi Prakash Degala, Mr. Prakash Nathaniel Kumar Sarella, Mrs. Vinny Therissa Mangam , Dr. Ajmal Tariq Hussain, 2025-07-20 The Textbook of Pharmacy Essentials A Compact Guide for Students and Practitioners is as an indispensable resource for pharmacy students and practicing professionals It covers fundamental

concepts of pharmaceutical sciences drug classifications medication therapy management and essential clinical practices written in clear accessible language It is perfect for both quick consultations and in depth study for academic learning and daily pharmacy practice It contains the core principles of pharmacy practice into a single accessible volume Enhanced with clinical pearls decision making algorithms and therapeutic guidelines this book will help transform complex pharmaceutical concepts into practical applications Whether you re a student preparing for exams or a seasoned pharmacist seeking a reliable reference this book provides the vital information you need at your fingertips Publications of the U.S. Department of Labor United States. Department of Labor. Office of Information and Public Affairs,1985 *The Royal Marsden Hospital Manual of Clinical Nursing Procedures* Lisa Dougherty,Sara Lister,2011-05-02 A guide to essential nursing procedures by the Royal Marsden hospital *Publications of the U.S. Department of Labor, Subject Listing* United States. Department of Labor. Office of Information,1985

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