



HEALTH REPORTS:
DISEASES AND DISORDERS

ASTHMA



WENDY MURPHY

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Asthma Wendy Murphy,2011-01-01 More than twenty million people in the United States suffer from asthma a disease of the lungs In fact asthma is the most common serious chronic disease among American children Any person at any age can be affected by asthma but more cases have been linked to factors such as increased air pollution exposure to tobacco smoke and childhood obesity Without preventive treatments and lifestyle adjustments asthma can be a serious even deadly disease reports USA TODAY the Nation s No 1 Newspaper Fortunately if a person is diagnosed properly asthma symptoms can be managed In this book you will read case studies of people with asthma and how they handle the disease Also included is up to date information about the common symptoms of asthma how it is diagnosed risk factors associated with the disease and different forms of treatment All of these facts can help you learn about the disease and what can be done if you or someone close to you has asthma

STDs Diane Yancey,2011-08-01 USA TODAY the Nation s No 1 Newspaper reports that in the United States about 19 million new STD infections other than AIDS occur each year about half in young people between ages 15 and 24 Sexually transmitted diseases are bacterial or viral infections that can be passed from person to person

Understanding STDs their prevalence their symptoms how they are passed and how they can be treated is an important first step in controlling the diseases In this book you ll read case studies and receive up to date information on the symptoms and treatments of major STDs including chlamydia gonorrhea syphilis genital herpes Hepatitis B genital warts and HIV AIDS You ll also learn how to avoid catching the diseases and how people manage STDs for which there is no cure All of these facts can help you understand what can be done if you or someone close to you has an STD

Allergies Wendy Moragne,2011-09-01 A guide to allergies their causes diagnosis and treatment

Depression Wendy Moragne,2011-01-01 Examines the history forms and treatment options for depression a disease that affects a person s moods

Alternative Medicine Catherine G. Davis,2012-01-01 A thorough survey of the fast growing field of alternative medicine including sections on homeopathic medicine hypnosis chiropractic touch therapy and acupuncture

Influenza Connie Goldsmith,2010-08-01 Introduces case studies of patients with influenza and provides in depth details of the disease

Anxiety Disorders Bruce M. Hyman,Cherry Pedrick,2012-01-01 Shares stories of people living with anxiety disorders explores coping strategies and treatments and discusses the causes symptoms and diagnosis of the disorders

ADHD Amy Farrar,2010-08-01 ADHD haunts children into adulthood claimed a headline in USA TODAY the Nation s No 1 Newspaper The inability to focus sit still or complete tasks makes it very difficult for people with attention deficit hyperactivity disorder ADHD to succeed in school and work Their behavior can also be disruptive to those around them Some of the symptoms of ADHD may disappear over time But many people must cope with the effects of the disorder their entire lives According to the Attention Deficit Disorder Association ADHD affects 6 to 10 percent of children and 3 to 6 percent of adults in the United States The good news is that people with ADHD who receive treatment and support are able to live normal productive lives In this book you ll find valuable

information about ADHD to help you or someone close to you Case studies offer you a glimpse into the lives of people with ADHD and their families You ll also learn about the causes and effects of ADHD treatment options and alternatives support groups and other organizations that can help and more

Breathe Judy Monroe Peterson, 2012-07-15 The role of the respiratory system and the many ways teens can protect their lung health is described in this informative volume Exercising regularly getting flu shots practicing good hygiene and avoiding smoking are some of the healthy habits readers are encouraged to institute Important for today s environmentally aware teens the book also highlights the link between air quality and people s health Indoor and outdoor air pollution have been associated with an increased incidence of airway diseases including asthma Armed with the information provided teens can take action to improve the quality of the air in their homes schools and the world around them enabling everyone to breathe easier Content fulfills National Health Education Standards

AIDS Carol Sonenklar, 2011-01-01 In the United States and around the world AIDS remains a critical health issue Statistics from the U S Centers for Disease Control and Prevention show that 1.1 million people in the United States are living with HIV the virus that causes AIDS and an additional 56 000 are infected each year In July 2010 President Barack Obama s administration launched a new U S government initiative to stop the spread of HIV It was the first national strategy designed to cut new infections boost the number of people who get tested and treated and reduce disparities in access to care explains USA TODAY the Nation s No 1 Newspaper According to the government s report many people do not believe that HIV is an urgent health problem Yet without action the nation is likely to see an increase in the number of infections a lack of services for people living with HIV and a rise in health care costs In this book you ll learn more about the U S government initiative read stories of people living with HIV and AIDS and learn important information on how people cope with and live with this illness You ll discover the causes symptoms treatment and ways to stop the spread of HIV and get the facts you need to protect yourself your friends and your family from this serious disease

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