

Couples Counseling Assessment

Patient information	
Name:	Date of assessment:
Contact information:	
Phone:	Email:
Relationship status: (e.g., married, engaged, cohabitating)	
Length of relationship:	
Relationship history	
1. How did you meet?	
2. What significant events have shaped your relationship?	
3. What are some of your favorite shared activities or experiences?	
Current relationship dynamics	
1. What are the strengths of your relationship?	
2. What challenges are you currently facing?	
3. How do you typically resolve conflicts?	
4. Rate your overall relationship satisfaction on a scale of 1-10 (1 being very dissatisfied, 10 being very satisfied):	
☐ 1 ☐ 2 ☐ 3 ☐ 4 ☐ 5 ☐ 6 ☐ 7 ☐ 8 ☐ 9 ☐ 10	
Goals for counseling	
1. What are your primary goals for counseling?	
2. What specific issues would you like to address during counseling?	

Assessment Of Couples And Families Assessment Of Couples And Families

Len Sperry



Assessment Of Couples And Families Assessment Of Couples And Families:

Assessment of Couples and Families Len Sperry, 2004-09-01 Assessment of Couples and Families considers the impact of recent changes on the assessment process and provide practitioners with a review of contemporary techniques and the means by which they can be implemented into practice in conjunction with new reporting inventories and observational methods These new assessment strategies will be presented collaterally with case material that addresses a specific problem such as family violence or marital suitability This unique problem focus will provide practitioners with a handy point of reference to acquaint themselves with modern practice techniques that address issues new to the therapy session while providing a supplement to coursework on assessment

Assessment of Couples and Families Len Sperry, 2004 This book represents an up to date comprehensive survey of the major contemporary and cutting edge tools and strategies used in the clinical assessment of couples and families

Couple and Family Assessment Len Sperry, 2019-05-07 The field of family child and couple assessment continues to evolve and change since the first edition of this book appeared in 2004 Couple and Family Assessment Third Edition is a thoroughly revised and updated resource for anyone working with children adolescents couples and families It provides an in depth description of an even larger number of clinically useful assessment tools and methods including issue specific tools self report inventories standardized inventories qualitative measures and observational methods Each chapter provides strategies for systematically utilizing these various assessment methods and measures with a wide range of family dynamics that influence couples and families These include couples conflict divorce separation mediation premarital decisions parenting conflicts child abuse family violence custody evaluation and child and adolescent conditions i e depression anxiety conduct disorder bipolar disorder obsessive compulsive disorder autism Asperger s syndrome and learning disorders that can significantly influence family dynamics This third edition features the latest most common and important assessment tools and strategies for addressing problematic clinical issues related to working with families couples and children Chapters 3 through 11 include matrices that summarize pertinent information on all instruments reviewed allowing readers to instantly compare more than 130 assessment devices Finally the book provides extensive clinical case material that illustrates the use of these various assessment tools and strategies in a wide array of clinical situations Couple and Family Assessment Third Edition will be useful to both trainees and practitioners as a ready reference on assessment measures and strategies for working with families couples and children

Handbook of Couple and Family Assessment Karin Jordan, 2003 This outstanding book is intended to help systems practitioners to keep abreast of how to do assessments of the couple the family the family sub system and individual couple family member s It is designed to assist both systemic practitioners and graduate students being trained in systems therapy The chapters are most relevant to practitioners in their work with couples families system as a whole subsystems and individual couple and family members with a variety of presenting problems The chapter topics were chosen by surveying the field of systematic therapy and then

focusing on those topics that are currently in the forefront The underlying philosophy of the book is that due to the current demands for time and cost effective therapy providing quality therapy for today s evolving diverse couples and families is no longer enough Therefore today s systems practitioners need to be knowledgeable about how to assess couples and families and guide the goal setting and treatment approach

Couple and Family Assessment Len Sperry,2024-09-17 This fourth edition text features the latest most common and important assessment measures and strategies for addressing problematic clinical issues related to working with families couples and children Chapters provides strategies for systematically utilizing these various assessment measures with a wide range of family dynamics that influence couples and families These include couples conflict divorce separation mediation premarital decisions parenting conflicts child abuse family violence custody evaluation and child and adolescent conditions i e depression anxiety conduct disorder bipolar disorder obsessive compulsive disorder autism Asperger s syndrome and learning disorders that can significantly influence family dynamics Filled with extensive clinical case material that illustrates the use of these various assessment measures and strategies in an array of clinical situations this edition is filled with new assessment devices as well as a new chapter on family trauma and family chronic illness This book is essential reading for both students in family and couple therapy courses as well as practitioners working with families couples and children

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Essential Assessment Skills for Couple and Family Therapists Lee Williams,Todd M. Edwards,JoEllen Patterson,Larry Chamow,2011-07-19 Showing

how to weave assessment into all phases of therapy this indispensable text and practitioner guide is reader friendly straightforward and practical Specific strategies are provided for evaluating a wide range of clinical issues and concerns with adults children and adolescents families and couples The authors demonstrate ways to use interviewing and other techniques to understand both individual and relationship functioning develop sound treatment plans and monitor progress Handy mnemonics help beginning family therapists remember what to include in assessments and numerous case examples illustrate what the assessment principles look like in action with diverse clients See also the authors Essential Skills in Family Therapy Third Edition From the First Interview to Termination which addresses all aspects of real world clinical practice and Clinician s Guide to Research Methods in Family Therapy

Couple and Family Assessment Len Sperry, 2024 This fourth edition text features the latest most common and important assessment measures and strategies for addressing problematic clinical issues related to working with families couples and children

Specialty Competencies in Couple and Family Psychology Mark Stanton, Robert K. Welsh, 2011-06-09 Specialty Competencies in Couple and Family Psychology provides a comprehensive explanation of the competencies involved in the specialty and illustrates how complexity reciprocity interdependence adaptation and self organization are important aspects of the epistemology of a couples and family approach

Case Studies in Couple and Family Therapy Frank M. Dattilio, 2017-02-13 Featuring case presentations by many of the most distinguished practitioners of couple and family therapy this volume brings to life the full spectrum of approaches in the field The cases illustrate the principles and techniques of the respective approaches and allow the reader to listen in on highly skilled therapists at work Editor Frank Dattilio comments on each case with a focus on ways to integrate systemic and cognitive behavioral approaches He suggests ways that cognitive principles might usefully be called upon at specific points Responses from contributors consider the benefits of Dattilio s suggestions and elucidate each practitioner s decision making process See also Dattilio s authored book Cognitive Behavioral Therapy with Couples and Families which combines the empirical research base with practical clinical guidance

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