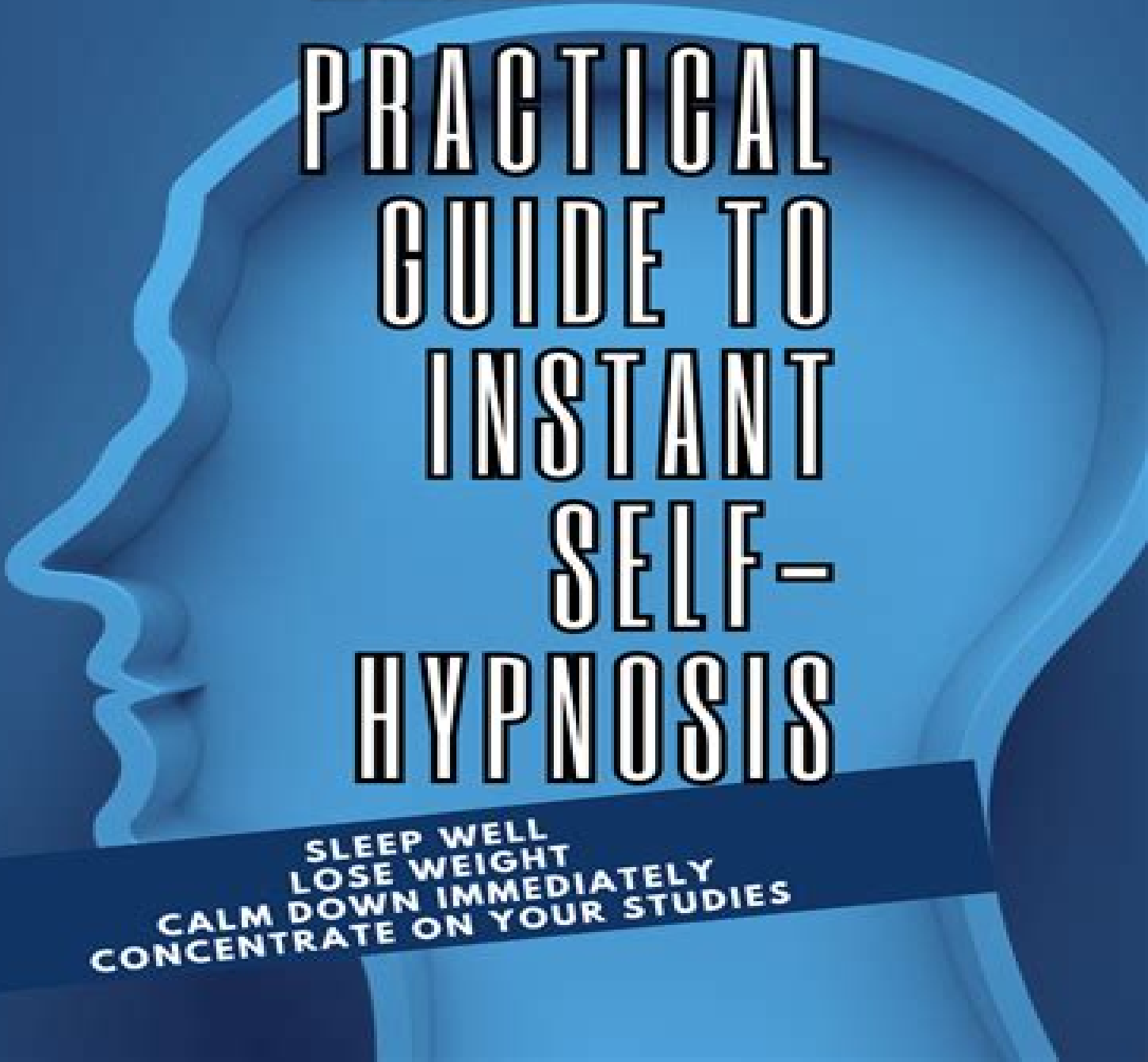


Beto Luiz de Souza



PRACTICAL GUIDE TO INSTANT SELF- HYPNOSIS

SLEEP WELL
LOSE WEIGHT
CALM DOWN IMMEDIATELY
CONCENTRATE ON YOUR STUDIES

A Smartys Guide To Self Hypnosis

Michael Hoelscher



A Smartys Guide To Self Hypnosis:

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