

Workbook to Accompany Theory & Practice of

THERAPEUTIC MASSAGE

4th Edition

Mark F. Beck

This workbook is designed to accompany *Theory and Practice of Therapeutic Massage*, 4th Edition. Loaded with activities for each chapter, it is an essential resource for mastering skills and techniques covered in the main text. Using a wide variety of question types that directly reinforce the text content, such as short answer, multiple choice, true-false, matching, and more, this workbook provides a creative and dynamic resource for you as you study massage therapy.

Key Features

- Over 230 activities, many of them new to this edition, support the 19 chapters in *Theory and Practice of Therapeutic Massage*, 4th edition.
- Word Review lists are added for each chapter, challenging you to recall definitions of key terms vital to understanding therapeutic massage.
- Matching and Identification activities use anatomy and physiology illustrations from the text, allowing you to test mastery of this information.
- The updated Exam Review with answers is an excellent self-testing tool to help you prepare for licensing or certification.

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By Mark F. Beck

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ISBN-13: 978-1-4018-8031-6
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0195337573; ISBN 13 ; 9780195337570 ...