

Beyond Individualism

**TOWARD A NEW UNDERSTANDING
OF SELF, RELATIONSHIP, & EXPERIENCE**



Gordon Wheeler

Beyond Individualism Toward A New Understanding Of Self Relationship And Experience

G Thomas



Beyond Individualism Toward A New Understanding Of Self Relationship And Experience:

Beyond Individualism Gordon Wheeler, 2013-04-15 In this pathbreaking and provocative new treatment of some of the oldest dilemmas of psychology and relationship Gordon Wheeler challenges the most basic tenet of the West cultural tradition the individualist self Characteristics of this self model are our embedded yet pervasive ideas that the individual self precedes and transcends relationship and social field conditions and that interpersonal experience is somehow secondary and even opposed to the needs of the inner self Assumptions like these Wheeler argues which are taken to be inherent to human nature and development amount to a controlling cultural paradigm that does considerable violence to both our evolutionary self nature and our intuitive self experience He asserts that we are actually far more relational and intersubjective than our cultural generally allows and that these relational capacities are deeply built into our inherent evolutionary nature His argument progresses from the origins and lineage of the Western individualist self model into the basis for a new model of the self relationship and experience out of the insights and implications of Gestalt psychology and its philosophical derivatives deconstructivism and social constructionism From there in a linked series of experiential chapters each of them a groundbreaking essay in its own right he takes up the essential dynamic themes of self experience and relational life interpersonal orientation meaning making and adaptation support shame intimacy and finally narrative and gender culminating in considerations of health ethics politics and spirit The result is a picture and an experience of self that is grounded in the active dynamics of attention problem solving imagination interpretation evaluation emotion meaning making narration and above all relationship By the final section the reader comes away with a new sense of what it means to be human and a new and more usable definition of health

Getting Beyond Sobriety Michael C. Clemmens, 2014-05-22 In this ground breaking book Michael Clemmens offers a new model of treatment for long term recovery which goes beyond the traditional disease paradigm Working from the belief that a fuller life for the recovering addict is grounded on a foundation of abstinence the author explores a self modulation approach which leads to a change in the behavior from within the individual while developing and expanding connection with others

Heart of Development, V. 1 Gordon Wheeler, Mark McConville, 2014-05-22 In these groundbreaking new collections the reader will find an exciting board ranging selection of work showing an array of applications of the Gestalt model to working with children adolescents and their families and worlds From the theoretical to the hands on and from the clinical office or playroom to family settings schools institutions and the community these chapters take us on a rewarding tour of the vibrant productive range of Gestalt work today always focusing on the first two decades of life With each new topic and setting fresh and creative ideas and interventions are offered and described for use by practitioners of every school and method

Heart of Development, V. 2 Mark McConville, Gordon Wheeler, 2013-04-15 In these groundbreaking new collections the reader will find an exciting board ranging selection of work showing an array of applications of the Gestalt model to working with children adolescents and

their families and worlds From the theoretical to the hands on and from the clinical office or playroom to family settings schools institutions and the community these chapters take us on a rewarding tour of the vibrant productive range of Gestalt work today always focusing on the first two decades of life With each new topic and setting fresh and creative ideas and interventions are offered and described for use by practitioners of every school and method Persons in Context Roger Frie,William J. Coburn,2011-01-19 In contemporary forms of psychoanalysis particularly intersubjective systems theory the turn towards contextualism has permitted the development of new ways of thinking and practicing that have dispensed with the notion of isolated individuality For many who embrace this post subjectivist way of thinking and practicing the recognition that all human experience is fundamentally immersed in the world makes the question of individuality seem confusing even anachronistic Yet the challenge of individuality remains an important and pressing issue for contemporary theory and practice many clinicians are left to wonder about the role of individual experience and how to approach it conceptually or clinically This volume of original essays gives the problem of individuality its due without losing sight of the importance of contextualized experience Drawing on a variety of disciplinary backgrounds philosophical developmental biological and neuroscientific the contributors address the tension that exists between individuality and the emergence of contextualism as a dominant mode of psychoanalytic theory and practice thereby providing unique insights into the role and place of individuality both in and out of the clinical setting Ultimately these essays demonstrate that individuality no matter how it may be defined always occurs within a contextual web that forms the basis of human experience Contributors William J Coburn Philip Cushman James L Fosshage Roger Frie Frank M Lachmann Jack Martin Donna Orange Robert D Stolorow Jeff Sugarman **Trauma Therapy And Clinical Practice: Neuroscience, Gestalt And The Body** Taylor, Miriam,2014-03-01 This book weaves together the experience of trauma neuroscience and Gestalt theory and applies these to clients **The Relevance of the Wisdom Traditions in Contemporary Society** Transnational Network for the Study of Physical, Psychological, and Spiritual Wellbeing. International Conference,Mark Blows,2004 *The Quick Theory Reference Guide* Karin Jordan,2007 Since the beginning of the concepts of family therapy mental health professionals have known that the family the system is a powerful source of support for change or a powerful force for resistance to change Some professionals work with individuals some with families and some with groups However all work with the context of the systems family group community country etc Students especially beginning students are overwhelmed and confused at the variety of approaches to working with clients Many programs introduce students to individual as well as systems concepts in the course of training Students need assistance in learning this variety of theories They need to be able to compare and contrast theories and techniques to determine when and where to utilise the best skills in order to facilitate client change Dr Karin Jordan has compiled a comprehensive text that enables the students to discover each theory as it is presented in its purist form The text is accessible yet the content provides comprehensive knowledge of each theory Dr Jordan has brought together

the master educators and clinicians in our fields to write about their particular expertise **Relational Gestalt Practice:**

Key Concepts The Gestalt Legacy Project, 2014-03-14 This text is a review of key concepts for Relational Gestalt Practice

Africanity and Ubuntu as Decolonizing Discourse Otrude Nontobeko Moyo, 2021-02-07 This book explores and discusses emerging perspectives of Ubuntu from the vantage point of ordinary people and connects it to human rights and decolonizing discourses It engages a decolonizing perspective in writing about Ubuntu as an indigenous concept The foregrounding argument is that one's positionality speaks to particular interests that may continue to sustain oppressions instead of confronting and dismantling them Therefore a decolonial approach to writing indigenous experiences begins with transparency about the researcher's own positionality The emerging perspectives of this volume are contextual highlighting the need for a critical reading for emerging transformative and alternative visions in human relations and social structures

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