

FOREWORD BY LORA PLASKON, MD MS

*reclaiming your life
with neurogenic
bladder and bowel*



Beyond Embarrassment

JoAnne Lake
with Julia Parker, MS, MLIS

Beyond Embarrassment Reclaiming Neurogenic Bladder

Joanne S. Lake



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Beyond Embarrassment Joanne S. Lake, 2015-12-01 A story of taking her life back learning to advocate for herself shed the shame and stand proud A personal story health tips practical help and the latest medical research A ready resource for women who live with bladder problems and anyone who faces a challenging physical condition will educate encourage and inspire

The Neurogenic Bladder Frederick C. McLellan, 2013-03 *Evaluation and Treatment of the Neurogenic Bladder*, 2005

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