



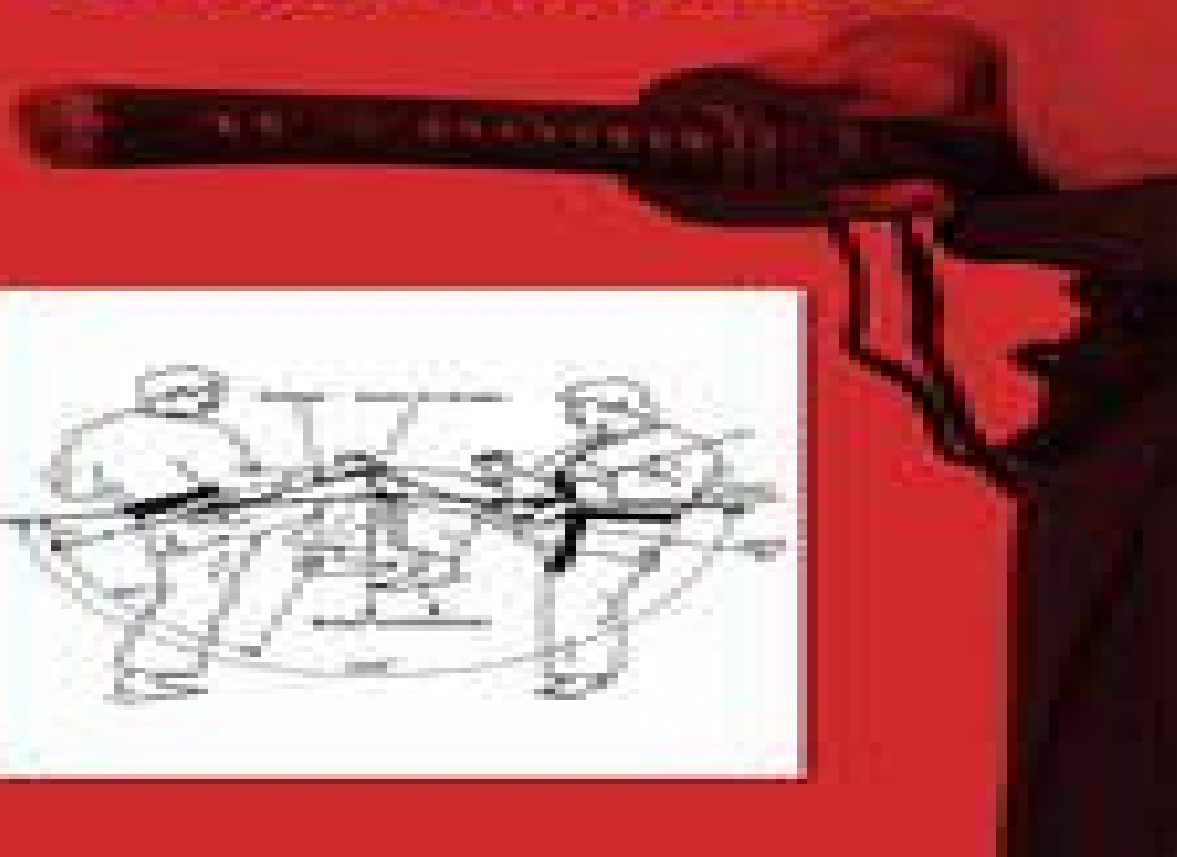
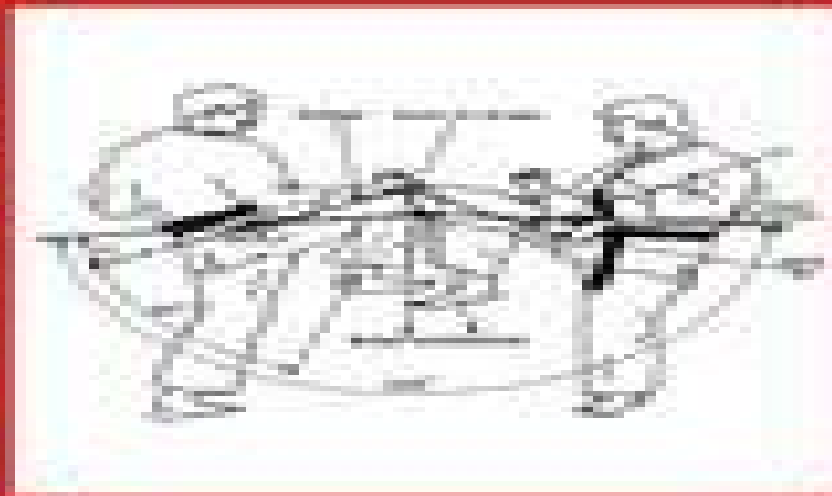
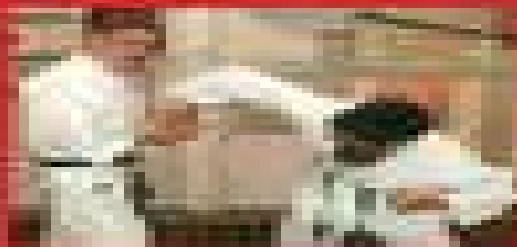
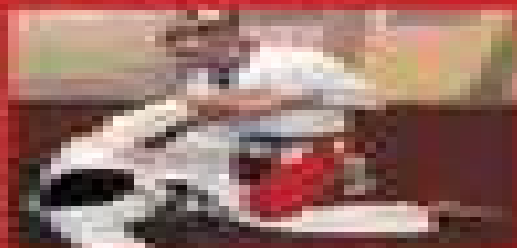
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SECOND EDITION

Biomechanics of Human Motion

Applications in the Martial Arts

Emeric Anus, PhD



Biomechanics Of Human Motion Applications In The Martial Arts

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considerations and the analysis of the physical properties of a range of techniques Focusing on martial arts and sports activities this book is designed to be used by undergraduate and graduate students of human movement science physical education and fitness as well as college instructors and martial artists Biomechanics of Human Motion Emeric Arus,2017

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value in the modern world Expanding Western philosophy's global outlook the book forces a theoretical reckoning with the concerns of Chinese philosophy and the aesthetic and technical dimensions of martial arts practice Striking Beauty explains the relationship between Asian martial arts and the Chinese philosophical traditions of Confucianism Buddhism and Daoism in addition to Sunzi's Art of War It connects martial arts practice to the Western concepts of mind body dualism and materialism sports aesthetics and the ethics of violence The work ameliorates Western philosophy's hostility toward the body emphasizing the pleasure of watching and engaging in martial arts along with their beauty and the ethical problem of their violence

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Biomechanics Of Human Motion Applications In The Martial Arts Book Review: Unveiling the Magic of Language

In an electronic era where connections and knowledge reign supreme, the enchanting power of language has become much more apparent than ever. Its power to stir emotions, provoke thought, and instigate transformation is actually remarkable. This extraordinary book, aptly titled "**Biomechanics Of Human Motion Applications In The Martial Arts**," published by a highly acclaimed author, immerses readers in a captivating exploration of the significance of language and its profound effect on our existence. Throughout this critique, we will delve into the book's central themes, evaluate its unique writing style, and assess its overall influence on its readership.

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