

BLOOD SUGAR AND BLOOD PRESSURE CHART

PATIENT DETAILS

Name: Mr. Garret Brown

Date of Birth: August 16, 1998

Gender: Male

Underlying Medical Conditions: None

Target SBP: <120 mm Hg

Target DBP: <80 mm Hg

Target Blood Sugar (Before Meals):
<130 mg/dL

Target Blood Sugar (After Meals):
<180 mg/dL

DATE	TIME	BEFORE/AFTER MEALS	DBP	BLOOD SUGAR
June 15, 2040	07:30 AM	Before	115/80 mm Hg	150 mg/dL
June 15, 2040	07:15 PM	After	120/72 mm Hg	160 mg/dL
July 15, 2040	07:30 AM	Before	122/81 mm Hg	130 mg/dL
July 15, 2040	07:15 PM	After	118/82 mm Hg	155 mg/dL
August 15, 2040	07:30 AM	Before	115/89 mm Hg	150 mg/dL
August 15, 2040	07:15PM	After	114/88 mm Hg	175 mg/dL
September 15, 2040	07:30 AM	Before	123/81 mm Hg	122 mg/dL
September 15, 2040	07:15PM	After	121/78 mm Hg	150 mg/dL

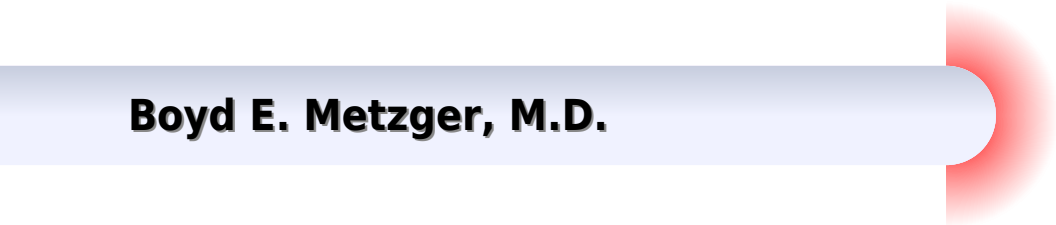
AVERAGE Blood Sugar (Before Meals): 138 mg/dL

AVERAGE Blood Sugar (After Meals): 160 mg/dL

AVERAGE BPM: 119/81 mm Hg

Blood Glucose And Blood Pressure Chart

Boyd E. Metzger, M.D.



Blood Glucose And Blood Pressure Chart:

Blood Pressure and Glucose Log Book Meadow Belle, 2021 Diabetics can chart their blood pressure and blood glucose levels throughout each day and have a handy record for doctor's appointments 6 x 9 110 Pages 2 Page Weekly Spreads 52 Weeks Total Each Day has 4 Time Slots to Record Systolic Diastolic and Heart Rate Each Day has 4 Time for Blood Sugar Glucose Readings Before and After Meals Handy Blood Pressure Chart and Blood Sugar Chart at the Front of the Journal Premium Matte Soft Cover in a Space with Planets Pattern **Mosby's Pocket Guide to Nursing Skills and Procedures**

- E-Book Anne G. Perry, Patricia A. Potter, 2017-12-13 Mosby's Pocket Guide to Nursing Skills Procedures 9th Edition is a concise pocket sized study tool and clinical reference based on the best selling textbook Clinical Nursing Skills Techniques 9th Edition This spiral bound presents 85 key nursing skills in a convenient A to Z format Step by step instructions include full color photos plus rationales explaining why and how to use specific techniques to help you troubleshoot potential problems and take appropriate actions to address them With the latest in evidence based practice this essential guide is a great tool to help you safely and effectively perform core nursing skills Clear two column format shows you how to perform skills with rationales for each step explaining the reason behind the practice and the benefit to patients Alphabetical organization of skills makes it easy to find information quickly with each skill beginning on a new page A convenient pocket size and spiral binding allow the book to fit easily into your coat pocket and to stay open on the page you want Safety alerts highlight important information for patient safety and effective performance of skills Special Considerations address teaching the home care setting and care modifications for pediatric and geriatric patients Documentation guidelines include a bulleted list of what should be reported and recorded in the patient records Unexpected outcomes and related interventions help you to troubleshoot potential problems and take appropriate actions to address them NEW Additional nursing skills cover Obtaining a 12 lead Electrocardiogram ECG and Applying a Cardiac Monitor to address these vital elements of cardiac care NEW Up to date content is based on the most recent edition of Perry Potter's Clinical Nursing Skills Techniques the bestselling nursing skills text Guide - Fundamental of Nursing - 2021/35 Akash Tiwari, 2021-08-26 Books prepared as per NORCET AIIMS RRB ESIC DSSSB JIPMER PGIMER GMERS COH GUJARAT etc FAQs IMP Topics are Covered Highly

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Akash Tiwari, 2023-04-01 Archives of Internal Medicine, 1916 **Type 2 Diabetes** Robert Fried, Richard M.

Carlton, 2018-10-25 Approximately 29 million Americans are diagnosed with Type 2 diabetes annually Of that number only about 36 percent 10 44 million diabetes sufferers achieve satisfactory medical outcomes and would need additional help rarely available to reliably control their glucose levels Contrary to popular belief although anti diabetic medications can lower sugar levels nevertheless they have a poor performance track record because inflammation in the blood vessels persists This book details recent scientific findings that cardiovascular kidney vision peripheral nervous system and other

body damage caused by chronic high levels of blood sugar hyperglycemia in Type 2 diabetes is actually due to excessive generation of unopposed free radicals and reactive oxygen species ROS These in turn cause chronic systemic inflammation and dysfunction of the endothelial lining of the arterial blood vessels jeopardizing the formation of the protective molecule nitric oxide NO thus severely impairing the blood supply to every organ and tissue in the body This book also catalogues the evidence that chronic hyperglycemia causes profound and often irreversible damage even long before Type 2 diabetes has been diagnosed In addition because conventional prescription treatments are unfortunately often inadequate the book details evidence based complementary means of blood sugar control *Glucose and Blood Pressure Log Book* Charlotte

Journals,2021-05-24 Accurately tracking your blood sugar and blood pressure is important and beneficial for an overall successful health management By recording daily blood sugar levels and blood pressure readings in a log book you and your doctor will be able to more easily identify patterns to better customize your treatment goals This log book was created to make it easy to record and document your daily glucose numbers before and after meals BP with time of day including heart rate and even add in additional thoughts or feelings about the week Journal Features Personal Data page with blood type medications emergency contact doctor and specialists information including physician pharmacy eye doctor and dentist for easy reference Know Your Numbers guide page with blood glucose chart blood pressure chart and heart rate chart Pages on how to control blood sugar naturally and how to manage stress to lower blood pressure Each WEEKLY page includes the following Week log with weight and mood tracker Date log and day of the week starting every Monday Blood sugar numbers log before and after breakfast lunch dinner and snacks Blood pressure systolic and diastolic log for morning noon evening and bedtime Heart rate log Additional notes If you prefer a comprehensive journal to track and monitor your pain better this log book is for you BUY YOURS TODAY *International Handbook of Research on Conceptual Change* Stella

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Living with Diabetes Boyd E. Metzger, M.D.,2009-05-18 More Than 3 Million American Medical Association Books Sold From

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Vision 2007: Johns Hopkins White Papers Susan B. Bressler, 2003

Unveiling the Power of Verbal Artistry: An Psychological Sojourn through **Blood Glucose And Blood Pressure Chart**

In a global inundated with displays and the cacophony of instant transmission, the profound power and psychological resonance of verbal artistry often fade into obscurity, eclipsed by the regular onslaught of sound and distractions. Yet, nestled within the lyrical pages of **Blood Glucose And Blood Pressure Chart**, a fascinating work of literary splendor that impulses with natural feelings, lies an remarkable trip waiting to be embarked upon. Penned with a virtuoso wordsmith, that interesting opus courses viewers on a psychological odyssey, softly exposing the latent possible and profound impact embedded within the delicate web of language. Within the heart-wrenching expanse with this evocative examination, we shall embark upon an introspective exploration of the book is key styles, dissect their charming publishing style, and immerse ourselves in the indelible impression it leaves upon the depths of readers souls.

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