

Let's talk about

EATING DISORDERS



People struggling with an eating disorder often become obsessed with food, body image, and/or weight. If left untreated, eating disorders can be life threatening.

SOME TYPES OF EATING DISORDERS:

ANOREXIA NERVOSA:

- Self-starvation and excessive weight loss

BULIMIA NERVOSA:

- Cycle of binge eating followed by compensatory behaviors, such as self-induced vomiting, in attempt to counteract the binge eating

BINGE EATING DISORDER:

- Recurrent binge eating without the regular use of compensatory behaviors

Anyone can develop an eating disorder regardless of their gender, age, race, ethnicity, culture, size, socioeconomic status, or sexual orientation.



WANT TO LEARN MORE
ABOUT EATING DISORDERS?
SCAN THE QR CODE.



S About Eating Disorders

Arturo Cuomo



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