

## CCRP AACVPR Exam with Correct Answers 2023

What influences a person's metabolic rate? – answer Exercise, gender, genetics, age

Which is the macronutrient that provides more than twice as many calories as the other two – answer Fat

Foods that raise insulin levels have... – answer added sugar

When feeling stressed, you may feel relief after eating a piece of chocolate because... – answer it will raise dopamine levels

What reduces the number of receptors for dopamine – answer insulin

What percentage of Cardiac Rehab patients re overweight or obese - answer 80%

Why is fructose a promoter of obesity? – answer promotes liver fat accumulation which promotes metabolic syndrome

What reduces the rate of carbohydrate absorption thus reducing insulin response – answer Fiber

Depression among cardiac patients has been associated with – answer higher risk of mortality

When a patient scores in the depressed range on a screening, which action should be taken – answer results to be discussed with patient and health care provider

if a patient dense feeling of sadness they... – answer may have non-dysphoric depression

depression is relevant to CR because – answer depression reduces recovery from exercise due to fatigue and low energy

the relationship between anger and hostility is. – answer anger is the emotion, hostility is the thought

social isolation is defined by – answer how connected a patient feels in their relationships

stress management is designed to – answer respond to the "flight or fight" response

What is the best approach to preventing exercise-induced hypoglycemia – answer check blood sugar before and after exercise and respond to patterns appropriately

# Aacvpr Ccrp Exam Study Guide

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Certified Cardiac Rehabilitation Professional (CCRP) ,2014      Guidelines for Cardiac Rehabilitation Programs American Association of Cardiovascular & Pulmonary Rehabilitation,2021 Guidelines for Cardiac Rehabilitation Programs Sixth Edition offers procedures for providing patients with low cost high quality programming that moves them toward a lifelong commitment to disease management      *Stanfield's Introduction to Health Professions with Navigate Advantage Access* Nanna Cross,Dana McWay,2022-02-04 Introduction to the Health Professions provides comprehensive coverage of all the major health professions The Eighth Edition includes the 75 careers and touches on every major facet of the field Training requirements job responsibilities and salaries are also described In addition this resource provides a thorough review of the U S healthcare delivery system managed care health care financing reimbursement insurance coverage Medicare Medicaid and the impact of new technology on healthcare services      Ccrp Exam Study Guide Pramod Lad,2019-03-24 This is a companion volume to the CCRP EXAM WORKBOOK The sequence of chapters is the same in both books to facilitate parallel review The study guide provides the didactic material while the exam workbook provides test questions pertaining to it For maximum effectiveness in exam preparation the two volumes should be studied together Clinical research management including the management of clinical trials is a complex activity involving several different individuals with varying educational and professional backgrounds Research investigators clinical research coordinators research nurses monitors IRB staff regulatory personnel to name a few all play an important role in clinical trial and clinical research management The Society of Clinical Research Associates SOCRA provides an important forum for the education and training of clinical research professionals A significant component of this training is the certification exam which results in the CCRP Certified Clinical Research Professional designation This designation is particularly important to clinical research coordinators and research nurses who provide the main site associated support for clinical trial and clinical research management The certification serves as an important milestone in career development and can assist clinical research coordinators in careers in both academic and teaching hospitals CROs as well as within the pharmaceutical industry The examination evaluates knowledge understanding and application of the conduct of clinical research and clinical trials involving humans It tests the familiarity with the International Conference on Harmonisation Guideline for Good Clinical Practice E6 ICH GCP ICH Clinical Safety Data Management Definitions and Standards for Expedited Reporting E2A the United States Code of Federal Regulations CFR and the ethical principles that guide clinical research consistent with the principles of the Nuremberg Code the Belmont Report and the Declaration of Helsinki This study guide provides one tool for the preparation and study for the CCRP examination The book addresses the key issues in in ICH GCP federal regulations outlined in statutes including Title 45 part 46 Protection of Human Subjects Title 21 part 50 Protection of Human Subjects Title 21 part 56 Institutional review Boards Title 21 part 54 Financial Disclosures by Clinical Investigators Also addressed are key FDA statutes involved in the

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