



Atlas of Chinese Tongue Diagnosis

Barbara Kirschbaum



Second Edition

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Atlas Of Chinese Tongue Diagnosis 2nd Edition

D S Grewal



Atlas Of Chinese Tongue Diagnosis 2nd Edition:

Atlas of Chinese Tongue Diagnosis Barbara Kirschbaum, 2003 The second volume of Atlas of Chinese Tongue Diagnosis this facilitates connection between theory of tongue diagnosis and reality of practice in the clinic In over 100 full case histories the tongue signs are evaluated in the broader context of the other symptoms to reveal the actual process of diagnosis and formulation of a treatment strategy

Pocket Atlas of Tongue Diagnosis Claus C. Schnorrenberger, Beate Schnorrenberger, 2011-01-26 Praise for the First Edition The authors take a comprehensive approach to treatment by including acupuncture herbs and diet the photos are good and the cases are interesting The Lantern A Journal of Traditional Chinese Medicine In this fully up to date Second Edition experts in Chinese medicine explain how traditional Chinese tongue diagnosis can be used in daily practice to complement conventional Western methods The guide begins with a brief introduction to the history anatomy physiology and methodology of tongue diagnosis followed by basic techniques and systematic procedures for identifying the manifold individual characteristics of the tongue s shape and its many modifications Full color photographs of tongues then demonstrate a variety of clinical scenarios to help readers develop a holistic approach to diagnosis Features An in depth review of the tongue s most important anatomic and physiologic features including the lingual papillae the tongue muscles arterial supply and much more More than 180 full color illustrations and high quality clinical photographs of Western tongues enhance the text Treatment suggestions for using acupuncture herbs and nutrition accompany each clinical image Medical assessment of 28 case histories with real life photographs from the authors practice The Second Edition of Pocket Atlas of Tongue Diagnosis is an essential resource for every practitioner or student of Chinese medicine acupuncture or complementary medicine

Pocket Atlas of Tongue Diagnosis Claus C. Schnorrenberger, Beate Schnorrenberger, 2005 Together with taking the pulse observing the tongue forms an integral part of the examination which is needed to make a Chinese medical diagnosis This Color Atlas is concise and to the point The first half explains individual tongue characteristics and the second half combines these characteristics in real case studies thus deepening the reader s understanding of tongue diagnosis The clearly written text is augmented by high quality full color images Together with taking the pulse observing the tongue forms an integral part of the examination which is needed to make a Chinese medical diagnosis This Color Atlas is concise and to the point The first half explains individual tongue characteristics and the second half combines these characteristics in real case studies thus deepening the reader s understanding of tongue diagnosis The clearly written text is augmented by high quality full color images

Atlas of Chinese Tongue Diagnosis Barbara Kirschbaum, 2000 This second volume of Atlas of Chinese Tongue Diagnosis works seamlessly with the first to facilitate the connection between the theory of tongue diagnosis and the reality of practice in the clinic As in the first volume the case histories and related photographs are organized around the various disharmonies of the organs Here however the tongue signs are evaluated in the broader context of the other symptoms and clinical findings including the vitality and constitution

of the patient to reveal the actual process of diagnosis and formulation of a treatment strategy in each case This provides a true picture of how tongue diagnosis is integrated into the whole of diagnosis and treatment

Dental Herbalism Leslie M. Alexander, Linda A. Straub-Bruce, 2014-06-30 A comprehensive practical reference to herbal dental care for all ages Details the use of 41 safe and effective herbs for the mouth Explores 47 common conditions that affect the mouth such as gingivitis periodontitis acid reflux and tooth loss Provides recipes for herbal toothpastes mouth rinses pain relieving poultices and teas for prevention and daily care Examines infant and toddler oral care including remedies for teething and thrush Our oral health is intimately linked with our overall health and well being In this practical guide to herbal dental care medical herbalist Leslie Alexander and registered dental hygienist Linda Straub Bruce detail how to use 41 safe and effective herbs for the mouth for optimum oral health prevention of decay and inflammation and relief from pain and discomfort The authors provide recipes for herbal toothpastes and rinses poultices for pain and inflammation and teas and tinctures for intervention prevention and daily care They explain how recent research confirms the link between poor oral health and many diseases such as diabetes stroke and heart disease They examine the risk factors symptoms causes and herbal preventives and remedies for 47 common conditions that affect the mouth such as gingivitis periodontitis bruxism acid reflux GERD and tooth loss They explore the complete anatomy of the mouth and explain proper brushing flossing and tongue cleaning techniques to prevent tooth decay and gum disease and maintain bridges implants and braces The authors address the importance of diet and nutrition in oral health as well as controversial topics including fluoride They provide an in depth chapter on pregnancy infant and childhood oral care including herbal remedies for teething and thrush Ideal for those looking to improve their own oral health herbalists looking to address the root cause of systemic inflammation or dental professionals searching for natural alternatives this authoritative yet practical guide empowers each of us to reclaim the health of our mouths and sustain a full strong set of teeth for a lifetime

Ayurvedic Tongue Diagnosis Walter 'shantree' Kacera, 2007-01-01 In addition to offering a comprehensive understanding of the art of tongue diagnosis this book includes ancient and modern healing practices based on Healing Tastes Herbal Therapies and Dietary Protocols The knowledge contained in this book is invaluable for supporting oneself and others on the journey to wholeness The educational foundation of the book prepares us to really understand the meaning and use of tongue diagnosis The ancient art of tongue diagnosis as this book defines it is the science of the shape shadings and markings of the tongue which describe the current state of an individual's health as well as their inherited constitution The potential of tongue diagnosis is that it gives a non invasive way to measure the tissue integrity of the body especially the Agni of the digestive system or the Fire or strength of the digestive system This can be assessed by simply observing the color and structure of the tongue then we have a very simple way to take preventive steps to correct those imbalances and we have a very simple feedback system meaning the tongue's color size shape and shading to let us know how successful our approach has been

Atlas of Surgery of the Facial Nerve, Second Edition D S

Grewal,2012-04 The second edition of this atlas has been fully updated to give a step by step guide to facial nerve surgery Beginning with an introduction to the anatomy and neurophysiology of the facial nerve and nerve regeneration the text then discusses surgery for a range of conditions including Bell s palsy hemi facial spasm and tumours causing facial palsy The atlas contains more than 300 intra operative photographs and numerous illustrations of the facial nerve and its various anatomical and physiological features Two interactive DVDs illustrating different aspects of facial nerve surgery for a range of conditions and disorders are also included

The Yin and Yang of Climate Crisis Brendan Kelly,2015-09-01 Marrying western environmentalism with Chinese medicine this revolutionary book illustrates the many ways that our personal well being and climate health are vitally connected Crises such as melting ice caps dying forests and devastating floods are symptoms of deeper issues both within us as individuals and within our culture Informed by author Brendan Kelly s experience as a practitioner of traditional Chinese medicine The Yin and Yang of Climate Crisis reveals that the current life threatening severity of climate change speaks to the level of imbalance that exists in the people and institutions responsible for the crisis Considering issues such as loss of life from increasingly severe storms stress on farmers from rapidly changing weather and increasing rates of disease this book goes on to present hopeful deep reaching personal and societal remedies to treat the underlying causes of climate change and to restore our own health The Yin and Yang of Climate Crisis blends the external focus of environmentalism western science policy issues regulations with the internal focus of Chinese medicine personal health balancing Qi diet to present a holistic view of our interrelationship with the planet Kelly provides a deeper look at how we ve gotten to this place of climate destabilization and ways to treat both the symptoms and their root causes Looking through the lens of Chinese medicine we are better able to understand that the severity of climate destabilization speaks to deeper philosophical and spiritual issues and provides an opportunity to address our own personal and collective imbalances With his unique perspective and far reaching perceptions Kelly encourages us to translate the reality of our warming planet into an opportunity to ask bigger and deeper questions including who we are what we re here to do and what promotes health and healing

Shamanism in Chinese Medicine CT Holman,2020-07-21 This engaging highly anticipated book compellingly describes healing techniques of Chinese shamanism while respecting the tradition CT Holman a medically trained and licensed clinician of over 20 years clearly explains how Chinese shamanism can be seamlessly woven into modern lifestyle and contemporary medical practices He explores effective methods to address physical pathologies and emotional imbalances by applying shamanic influenced techniques including visualizations verbal healing and shamanic drumming among others for self care and medical treatment The primary resource for the material presented originates from the author s intensive decade long study under shamanic teacher Master Zhongxian Wu Several color illustrations and before and after patient photos are included that beautifully depict the spirit based diagnostics and treatments Incorporating numerous clinical examples and thoroughly researched procedures this book teaches practitioners how to combine treatments

concentrating on the spirit and soul with modern medicine to treat the whole person and enrich their practice This enlightening book is a must read for Chinese medicine practitioners other medical professionals and non professionals interested in the subject **Treating Emotional Trauma with Chinese Medicine** CT Holman,2017-11-21 Emotional trauma can upset the harmony of the body and reduce the body s ability to heal and regulate itself Once the traumas are identified and treated the body will function at an optimum level and will respond to treatments for other conditions present This book integrates the multi diagnostic and treatment methods existing in Chinese medicine and contains diagnostics such as facial pulse tongue and channel palpation diagnosis Treatments include acupuncture Chinese herbal formulas qigong shamanic drumming and lifestyle and nutritional recommendations Many types of emotional traumas and their manifestations are presented including fear anxiety panic attacks PTSD depression mood swings insomnia and sensory organ impairment How to prevent future emotional trauma will be discussed and case studies are included to show the application of theory in practice

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