

A Practical Approach to
TRAUMA

Empowering Interventions

PRISCILLA DASS-BRAILSFORD



A Practical Approach To Trauma Empowering Interventions

G Orfield



A Practical Approach To Trauma Empowering Interventions:

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Religious Trauma, Queer Identities Joel Hollier, 2023-04-06 In a polarised milieu that too often posits queer and Christian as competing realms this book explores the complexities of identity development religious traumatisations and the task of creating safe faith spaces in which LGBTQA people can find healing particularly in the Evangelical context First Joel Hollier examines the historical path of Evangelicalism providing context for the current terrain of the culture war we find ourselves in He then parses out experiences of gender sexuality and religious spiritual identity development grounding them in an evolving theoretical base Finally Hollier offers a rounded critique of Evangelical church structures and mechanisms of trauma that hinder the healing process along with potential sources of healing Central to this work are the voices of LGBTQA people whose stories weave together a deeper understanding of the harms the Church has perpetrated and the path forward

Trauma Counseling, Second Edition Lisa López Levers, 2022-02-24 The only comprehensive text to focus on trauma stress crisis and disaster counseling from a clinical practice perspective This overarching text intended both for mental health practitioners in training and for practicing clinicians focuses on the impact of stress crisis trauma and disaster on diverse populations across the lifespan as well as on effective treatment strategies The second edition is newly

grounded in a trauma scaffold providing foundational information that therapists can build upon step by step to treat individuals affected by more complex trauma events This resource newly addresses the mental health implications of COVID 19 which has had an enormous impact on multitudes of people since the beginning of the pandemic its repercussions likely to continue for some time into the future The text also is updated to provide the most recent diagnostic information regarding trauma in the DSM 5 Two new chapters address the confluence of crises related to anthropogenic climate change and the effects of mass violence This unrivalled resource emphasizes stress management and crisis intervention skills as important building blocks for working with more complex issues of trauma and disaster It underscores the idea that trauma must be approached from multiple perspectives and in multiple dimensions encompassing individual community societal and systemic implications along with multicultural and diversity frames of reference The text integrates the latest findings from neuropsychology and psychopharmacology with an emphasis on Polyvagal Theory Additionally the text highlights the importance of clinical supervision in trauma care and examines ethical dimensions and the need for self care among trauma counselors Purchase includes digital access for use on most mobile devices or computers New to the Second Edition Reconceptualizes the text with the concept of a Trauma Scaffold as a foundation upon which to understand and develop treatment for increasingly complex trauma events Addresses the COVID 19 pandemic and its profound effect on the mental health of vast numbers of people Includes two new chapters on the confluence of crises related to anthropogenic climate change and the effects of mass violence Includes PowerPoint slides to accompany an updated Instructor s Manual Key Features Delivers both introductory and advanced clinical information addressing complex trauma Addresses trauma from a bioecological framework with emphasis on trauma informed practices multicultural pluralism diversity and social justice Considers neurobiological responses to trauma with new research and the contributions of Polyvagal Theory Examines individual familial community society and systemic understandings of stress crisis trauma and disaster Includes a wealth of resources for further study text boxes and case studies to reinforce learning

CRISIS INTERVENTION IN CRIMINAL JUSTICE/SOCIAL SERVICE James E. Hendricks, Cindy S. Hendricks, 2014-04-01 This expanded new edition continues to demonstrate and provide theoretical analytical and practical knowledge for first responders Face to face interaction with the client victim is part of the comprehensive approach advocated by the book which requires interveners to assess the nature of a crisis and the condition of the victim in order to determine the appropriate course of action The comprehensive balance of theory and practice presented in this book should enable the intervener in coupling his her general knowledge of human psychology and emotional crisis with the specific and novel characteristics of various crisis situations The text represents the work of national scholars who have expertise in criminal justice and social service issues Their chapters focus on a Historical and Theoretical Overview Ethics in Crisis Intervention Practice Intimate Partner Violence Police Response to Domestic Violence Children in Crisis Elder Mistreatment Suicide Crisis of Rape and Survivor Intervention Death Notification and the

Theory and Practice of Delivering Bad News Terrorism and Crisis Intervention and Mass Casualty Crisis Response and Communication Helpful appendices in each chapter provide additional internet resources as well as a complete Model Law Enforcement Code of Ethics and Social Work Code of Ethics This new edition retains important information while providing current case studies such as the Miracle on the Hudson River crash the mass shootings at Virginia Tech the Boston Marathon bombing and the Yarnell Hill fire in Arizona This exceptional book is designed for firefighters police officers community service officers correctional workers emergency medical workers probation parole officers protective service workers psychological counselors social workers and victim assistance workers among others *Crisis and Disaster Counseling* Priscilla Dass-Brailsford, 2009-07-30 This text provides professionals with the skills needed to effectively assist survivors of disasters including Hurricane Katrina with healing recovery and resilience This comprehensive collection includes powerful direct accounts of first responders and the organizations they represent Taking a practical skill building approach it offers clear and pragmatic recommendations to help providers educators advocates and policymakers better understand how to meet the needs of children families and communities in the aftermath of disasters Key Features Provides a substantial review of the current theoretical and research literature on disasters and disaster response Emphasizes multicultural competency in the aftereffects of disasters Uses a practical skill building approach to develop competencies in crisis work Covers the spiritual dimensions of healing as well as funeral practices to encourage discussion on grief and mourning Intended Audience This book is a must have reference for mental health practitioners For graduate students of counseling psychology or social work *Crisis and Disaster Counseling* will clarify how theory and research can be applied to practice and policy **Clinical Mental Health Counseling** J. Scott Young, Craig S. Cashwell, 2016-07-27 Referencing the 2016 CACREP standards *Clinical Mental Health Counseling Elements of Effective Practice* by editors J Scott Young and Craig S Cashwell combines solid foundational information with practical application for a realistic introduction to work in community mental health settings Top experts in the field cover emerging models for clinical interventions as they explore cutting edge approaches to CMH counseling With case studies integrated throughout students will be well prepared to move into practicum and internship courses as well as field based settings **Encyclopedia of Trauma** Charles R. Figley, 2012-06-19 Trauma is defined as a sudden potentially deadly experience often leaving lasting troubling memories Traumatology the study of trauma its effects and methods to modify effects is exploding in terms of published works and expanding in terms of scope Originally a narrow specialty within emergency medicine the field now extends to trauma psychology military psychiatry and behavioral health post traumatic stress and stress disorders trauma social work disaster mental health and most recently the subfield of history and trauma with sociohistorical examination of long term effects and meanings of major traumas experienced by whole communities and nations both natural Pompeii Hurricane Katrina and man made the Holocaust 9 11 One reason for this expansion involves important scientific breakthroughs in detecting the neurobiology of trauma that is connecting biology

with human behavior which in turn is applicable to all fields involving human thought and response including but not limited to psychiatry medicine and the health sciences the social and behavioral sciences the humanities and law Researchers within these fields and more can contribute to a universal understanding of immediate and long term consequences both good and bad of trauma both for individuals and for broader communities and institutions Trauma encyclopedias published to date all center around psychological trauma and its emotional effects on the individual as a disabling or mental disorder requiring mental health services This element is vital and has benefited from scientific and professional breakthroughs in theory research and applications Our encyclopedia certainly will cover this central element but our expanded conceptualization will include the other disciplines and will move beyond the individual

Integrating the Expressive Arts Into Counseling Practice, Second Edition Suzanne Degges-White, Nancy L. Davis, 2017-09-28 When I used it I felt it was a very valuable resource linking work with the arts to the theoretical foundations of counseling Sally S Atkins EdD Professor Emerita Founding Director of Expressive Arts Appalachian State They Students like the activities since it helps them learn more about the counseling theory which was discussed in the Theories of Counseling class It provides more application Some activities are pretty detailed and class time does not allow for much practice But we discuss how this could be used in therapy sessions groups The book is short and very pointed in its information and use We like it Judy A Schmidt EdD CRC LPCA University of North Carolina at Chapel Hill Expanded and revised to reflect a broader understanding of the complementary approach to therapeutic treatment this is the only text to integrate expressive arts counseling techniques with major theories of counseling and psychology Substantial changes to the second edition include new chapters that address Neuroscience and Counseling Trauma Informed Counseling Animal Assisted Therapy Mindfulness and Counseling and Family Counseling along with a greater emphasis on cultural and diversity considerations throughout The book is updated with over 30 new interventions including animal assisted and videographic interventions and new information about the neuroscientific foundations of expressive arts therapies Updated references in each chapter and a suite of Instructor s Materials also add to value of the second edition The text integrates expressive arts therapies with 12 commonly used treatment modalities Each chapter reviews a particular theory and describes how expressive and creative techniques can support and be easily integrated within that orientation Over 90 field tested step by step interventions created by leading practitioners offer students and clinicians techniques that can be put to use immediately New to the Second Edition New chapters address Neuroscience and Counseling Trauma Informed Counseling Animal Assisted Therapy Mindfulness and Counseling and Family Counseling and the Expressive Arts Cultural and diversity considerations in each chapter Updated with new references Over 30 new interventions including videography Instructor s materials Key Features Integrates expressive arts counseling techniques with 12 major theories of counseling and psychology Presents over 90 expressive art interventions in easy step by step format Includes art writing bibliotherapy drama music movement dance puppetry and sand play Discusses appropriate

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