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A Primer on Prostate Cancer



The Empowered Patient's Guide

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Medical Oncologist Specializing in Prostate Cancer

and

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Partner of a Warrior in the Battle Against Prostate Cancer

Second Edition

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**Virginia Vandall-Walker, Katherine
Moore**



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Everyone's Guide to Cancer Therapy Andrew Ko, Malin Dollinger, Ernest H. Rosenbaum, 2011-05-12 Written by two oncologists this authoritative but readable reference stands out as a uniquely comprehensive thorough source of up to date information Library Journal For more than thirty years Everyone's Guide to Cancer Therapy has been the definitive resource for anyone confronting a cancer diagnosis The revised and updated fifth edition draws on the latest research information and advice from more than 100 top oncology specialists Equally informative and accessible this comprehensive book helps cancer patients and their caregivers navigate through diagnosis treatment and supportive care Topics include Information on recently approved targeted therapies for various cancer types The newest strategies in cancer diagnosis and prevention Cancer biology translating scientific discoveries into meaningful advances for patients Supportive care and complementary approaches

The Journey Through Cancer Dr. Jeremy Geffen, 2007-12-18 The Journey Through Cancer is an essential guide for all cancer patients their families and their loved ones As a board certified oncologist with more than ten years of experience serving as physician guide mentor coach and friend to thousands of cancer patients and their families Dr Jeremy Geffen has learned how cancer often challenges the mind heart and spirit of patients and their families as deeply if not more deeply than it challenges the physical body Yet this simple truth is often overlooked by Western medicine as it aggressively pursues the best ways to diagnose and treat cancer Too often physicians focus almost exclusively on the physical dimensions of the disease rather than caring for the whole person who has the disease Dr Geffen presents a groundbreaking seven level program used at his cancer center in Florida that addresses every dimension of the person with cancer physical mental emotional and spiritual Education and Information giving patients answers to questions about their disease and their treatment options Psychosocial Support focusing on the need for and benefits of a strong support network The Body as Garden exploring the vast array of alternative and complementary therapies Emotional Healing helping patients and families deal with the often overwhelming emotional challenges of cancer The Nature of Mind exploring how patients thoughts and beliefs profoundly influence their journey Life Assessment showing patients how to discover their life's deepest meaning and purpose The Nature of Spirit connecting patients to the profoundly healing spiritual aspect of life we all share In The Journey Through Cancer Dr Geffen presents a revolutionary model of healing based on the best treatments available from every culture and paradigm of medicine one that respects and explores every possible avenue and resource for healing and transformation blending East and West body and mind heart and technology science and spirit

Cancer Is a Four-Letter Word Larry Kreps, 2009-12 Prostate cancer is the second leading cause of cancer death in American men today closely following lung cancer About one man in six will be diagnosed with prostate cancer during his lifetime But only one in 35 will die from it More than two million men in the United States who have been diagnosed at some point are still alive today I am one of them My book Cancer is a Four Letter Word A Pilgrimage into the Emotional Sexual and Spiritual Aspects of Prostate

Cancer chronicles my own experience with this terrible disease From early diagnosis fear and panic to shopping for the best treatment to surgery and subsequent recovery I trace not only the physical journey of getting my stamina and good health back but also the psychological and sexual implications My format includes an interweaving of my own story of prostate cancer with other men s stories along with open ended questions at the end of each chapter to keep men and their partners talking late into the night There s also a resource list to provide support for a lifetime Although concise and easy to read my book doesn t hold back any personal details Readers will learn what to expect in regard to diapering oneself post surgery working through debilitating depression and forging the uncharted territory of a different kind of sexual intimacy More importantly they ll hear about learning to accept support from loving friends and how to talk to God in a whole new way Rarely does a reader find an account of experiencing God s overwhelming love and grace in the same chapter as explicit details on how to give oneself penile injections to overcome erectile dysfunction

The Encyclopedia of Men's Health Glenn S. Rothfeld, Deborah S. Romaine, 2005 An A Z reference containing over 600 entries discussing issues regarding men s health including medical social scientific physiological female relationship fatherhood and more

The Prostate Cancer Treatment Book Peter Grimm, John Blasko, John Sylvester, 2004-01-05 The latest and most progressive treatment advice from prostate cancer experts at the nation s top medical centers this book offers readers complete answers to all their questions about the best treatment options for fighting and beating prostate cancer

Before and After Radical Prostate Surgery Virginia Vandall-Walker, Katherine Moore, 2008 Now in its third revised edition Before and After Radical Prostate Surgery is a research based comprehensive and comprehensible resource on prostate surgery in Canada Aimed at men with concerns about prostate surgery and their partners this invaluable guide includes chapters on preparing for prostate surgery the surgery itself recovery in hospital and at home a list of recommended resources and special sections to record personal notes and important contact information

A Primer on Prostate Cancer Stephen B. Strum, Donna L. Pogliano, 2002 Includes how to proceed the basics of Prostate cancer diagnosis and testing treatment options and more

Prostate and Cancer Sheldon Marks, 2011-02 Prostate cancer is one of the most common cancers affecting American men with over 186 000 new cases diagnosed in the United States annually 1 in 6 men will be diagnosed with prostate cancer during his lifetime Renowned prostate cancer specialist Sheldon Marks offers the definitive guide for men concerned about or diagnosed with prostate cancer and for their families Since the third edition 2003 there have been significant changes in treatment and resources Working with Dr Judd Moul the Chairman of Urology at Duke and one of the worlds top experts on prostate cancer Marks provides the most up to date information on diagnosis treatment and common questions

Books in Print

Supplement, 2002

Invasion of the Prostate Snatchers: Revised and Updated Edition Mark Scholz, Ralph H. Blum, 2021-08-24 An indispensable map through the medical minefield of prostate cancer revised and updated with the latest developments in treatment options Every year almost a quarter of a million confused and frightened American men are

tossed into a prostate cancer cauldron stirred by salespeople representing a multibillion dollar industry Patients are too often rushed into a radical prostatectomy a major operation that rarely prolongs life and more than half the time leaves them impotent Invasion of the Prostate Snatchers argues that close monitoring active surveillance rather than surgery or radiation should be the initial treatment approach for many men at the low and intermediate risk stages In a unique collaboration doctor and patient provide a wholly new perspective on managing this disease Ralph Blum s account of his personal struggle together with Dr Mark Scholz s presentation of new scientific advances offers convincing evidence that this noninvasive approach can be crucial in preventing tens of thousands of men from being overtreated each year This revised and updated second edition Highlights the latest prostate cancer treatment options that preserve erectile and urinary function while prolonging lifespan Establishes updated protocol for how to accurately interpret high prostate specific antigen PSA while avoiding the invasive dangerous random biopsy Recounts true patient stories that accurately represent the hurdles today s patients face while navigating a prostate cancer diagnosis Introduces the latest evidence in the radiation vs radical prostatectomy debate Presents the latest thinking on diet and exercise for men with prostate cancer

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