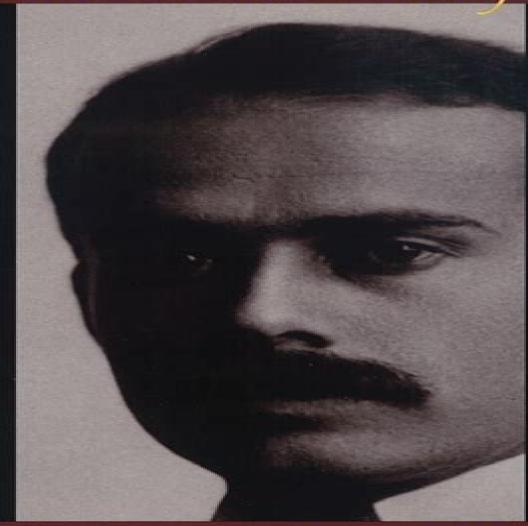
A Mind That Found Itself

An Autobiography

The classic account of the ravages of mental illness

Preface by Robert Coles



CLIFFORD WHITTINGHAM BEERS

A Mind That Found Itself Contemporary Community Health Series

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A Mind That Found Itself Clifford W. Beers, 2014-08-15 With a Preface by Robert Coles At once a classic account of the ravages of mental illness and a major American autobiography A Mind That Found Itself tells the story of a young man who is gradually enveloped by a psychosis His well meaning family commits him to a series of mental hospitals but he is brutalized by the treatment and his moments of fleeting sanity become fewer and fewer His ultimate recovery is a triumph of the human spirit The publication of A Mind That Found Itself did for the American mental health movement what Thomas Paineis Common Sense did for the American Revolution Moreover it grips the imagination of readers not because it is a document of social reform but because it is a superb narrative As the distinguished psychiatrist and writer Robert Coles has noted the book provides the virtues of clinical analysis as well as personal reminiscence all rendered with a novelistis eye for the particular for emotional nuance for chronological progression Steadily forthrightly we come in touch with the nature of delusions and hallucinations the complex symbolically charged nightmarish world of fear suspicion irritability and truculence Recovered from his illness Beers began a lifelong crusade through the National Committee for Mental Hygiene and the American Foundation for Mental Hygiene to revolutionize the care and treatment of the mentally ill The persuasive chronicler of mental illness became a sophisticated pragmatic organizer and reformer A Mind That Found Itself was first published in 1908 but remains compelling and clinically accurate an unforgettable reading experience Found Itself Clifford Whittingham Beers, 2013-01-02 In the groundbreaking book Clifford Beers tells what it was like to be institutionalized at a time when mental illness received little attention or respect A Mind that Found Itself is Clifford Beers s own story as one of five children who all suffered psychological distress and were all confined to mental institutions at one time or another Beers who wrote the book after his own confinement gained the support of the medical profession and was a leader in the mental hygiene movement A Mind that Found Itself has been an inspiration to many mental health professionals in their choice of a profession It also did much to help the rest of the world see mental health issues as a serious disease A Mind that Found Itself is an excellent read for anyone seeking to better understand or treat mental illness National **Library of Medicine Current Catalog** National Library of Medicine (U.S.),1982 Current Catalog National Library of Medicine (U.S.),1982 First multi year cumulation covers six years 1965 70 Monographic Series Library of Congress, 1982 Clio Medica. Acta Academiae Internationalis Historiae Medicinae, Vol. 17, 2020-01-29 As periodical of the International Academy of the History of Medicine this Clio Medica volume contains 12 papers The Aging Bennett M. Rich, Martha Baum, 2010-11-23 This book provides a comprehensive analysis of federal programs for the aging and their origins Landmark federal legislation affecting the aging was enacted in the 1930s and the intervening decades have witnesses a dramatic increase in the number and scope of programs But far from constituting a cohesive national policy for the elderly the many programs reflect the particular political and social conditions surrounding their origin and implementation The multiplicity

and complexity of resources and services available make achieving even a reasonable grasp of this field extremely difficult This study offers a coherent and readable summary of this important area of federal legislation The U.S. Experiment in Social Medicine Alice Sardell, 2012-01-12 This book represents the first political history of the federal government s only experiment in social medicine Alice Sardell examines the Neighborhood or Community Health Center Program NHC CHC from its origins in 1965 as part of Lyndon Johnson's War on Poverty campaign up until 1986 The program embodied concepts of social medicine community development and consumer involvement in health policy decision making Sardell views the NHC experiment in the context of a series of political struggles beginning in the 1890s over the boundaries of public and private medicine and demonstrates that these health centers so challenged mainstream medicine that they could only be funded as a program limited to the poor Modern Community Mental Health Kenneth Yeager, David Cutler, Dale Svendsen, Grayce M. Sills, 2013-03-21 This is the first truly interdisciplinary book that examines how professionals work together within community mental health It takes into account the key concepts of community mental health and combines them with current technology to develop an effective formula that redefines the community mental health practice A Mad People's History of Madness Dale Peterson, 1982-03-15 A man desperately tries to keep his pact with the Devil a woman is imprisoned in an insane asylum by her husband because of religious differences and on the testimony of a mere stranger a London citizen is sentenced to a private madhouse This anthology of writings by mad and allegedly mad people is a comprehensive overview of the history of mental illness for the past five hundred years from the viewpoint of the patients themselves Dale Peterson has compiled twenty seven selections dating from 1436 through 1976 He prefaces each excerpt with biographical information about the writer Peterson's running commentary explains the national differences in mental health care and the historical changes that have take place in symptoms and treatment He traces the development of the private madhouse system in England and the state run asylum system in the United States Included is the first comprehensive bibliography of writings by the mentally ill

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Table of Contents A Mind That Found Itself Contemporary Community Health Series

- 1. Understanding the eBook A Mind That Found Itself Contemporary Community Health Series
 - The Rise of Digital Reading A Mind That Found Itself Contemporary Community Health Series
 - Advantages of eBooks Over Traditional Books
- 2. Identifying A Mind That Found Itself Contemporary Community Health Series
 - Exploring Different Genres
 - Considering Fiction vs. Non-Fiction
 - Determining Your Reading Goals
- 3. Choosing the Right eBook Platform
 - Popular eBook Platforms
 - Features to Look for in an A Mind That Found Itself Contemporary Community Health Series
 - User-Friendly Interface
- 4. Exploring eBook Recommendations from A Mind That Found Itself Contemporary Community Health Series
 - Personalized Recommendations
 - $\circ\,$ A Mind That Found Itself Contemporary Community Health Series User Reviews and Ratings
 - A Mind That Found Itself Contemporary Community Health Series and Bestseller Lists
- 5. Accessing A Mind That Found Itself Contemporary Community Health Series Free and Paid eBooks
 - A Mind That Found Itself Contemporary Community Health Series Public Domain eBooks
 - A Mind That Found Itself Contemporary Community Health Series eBook Subscription Services
 - A Mind That Found Itself Contemporary Community Health Series Budget-Friendly Options
- 6. Navigating A Mind That Found Itself Contemporary Community Health Series eBook Formats

- o ePub, PDF, MOBI, and More
- A Mind That Found Itself Contemporary Community Health Series Compatibility with Devices
- A Mind That Found Itself Contemporary Community Health Series Enhanced eBook Features
- 7. Enhancing Your Reading Experience
 - Adjustable Fonts and Text Sizes of A Mind That Found Itself Contemporary Community Health Series
 - Highlighting and Note-Taking A Mind That Found Itself Contemporary Community Health Series
 - Interactive Elements A Mind That Found Itself Contemporary Community Health Series
- 8. Staying Engaged with A Mind That Found Itself Contemporary Community Health Series
 - Joining Online Reading Communities
 - Participating in Virtual Book Clubs
 - Following Authors and Publishers A Mind That Found Itself Contemporary Community Health Series
- 9. Balancing eBooks and Physical Books A Mind That Found Itself Contemporary Community Health Series
 - Benefits of a Digital Library
 - o Creating a Diverse Reading Collection A Mind That Found Itself Contemporary Community Health Series
- 10. Overcoming Reading Challenges
 - Dealing with Digital Eye Strain
 - Minimizing Distractions
 - Managing Screen Time
- 11. Cultivating a Reading Routine A Mind That Found Itself Contemporary Community Health Series
 - Setting Reading Goals A Mind That Found Itself Contemporary Community Health Series
 - Carving Out Dedicated Reading Time
- 12. Sourcing Reliable Information of A Mind That Found Itself Contemporary Community Health Series
 - Fact-Checking eBook Content of A Mind That Found Itself Contemporary Community Health Series
 - Distinguishing Credible Sources
- 13. Promoting Lifelong Learning
 - Utilizing eBooks for Skill Development
 - Exploring Educational eBooks
- 14. Embracing eBook Trends
 - Integration of Multimedia Elements
 - Interactive and Gamified eBooks

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