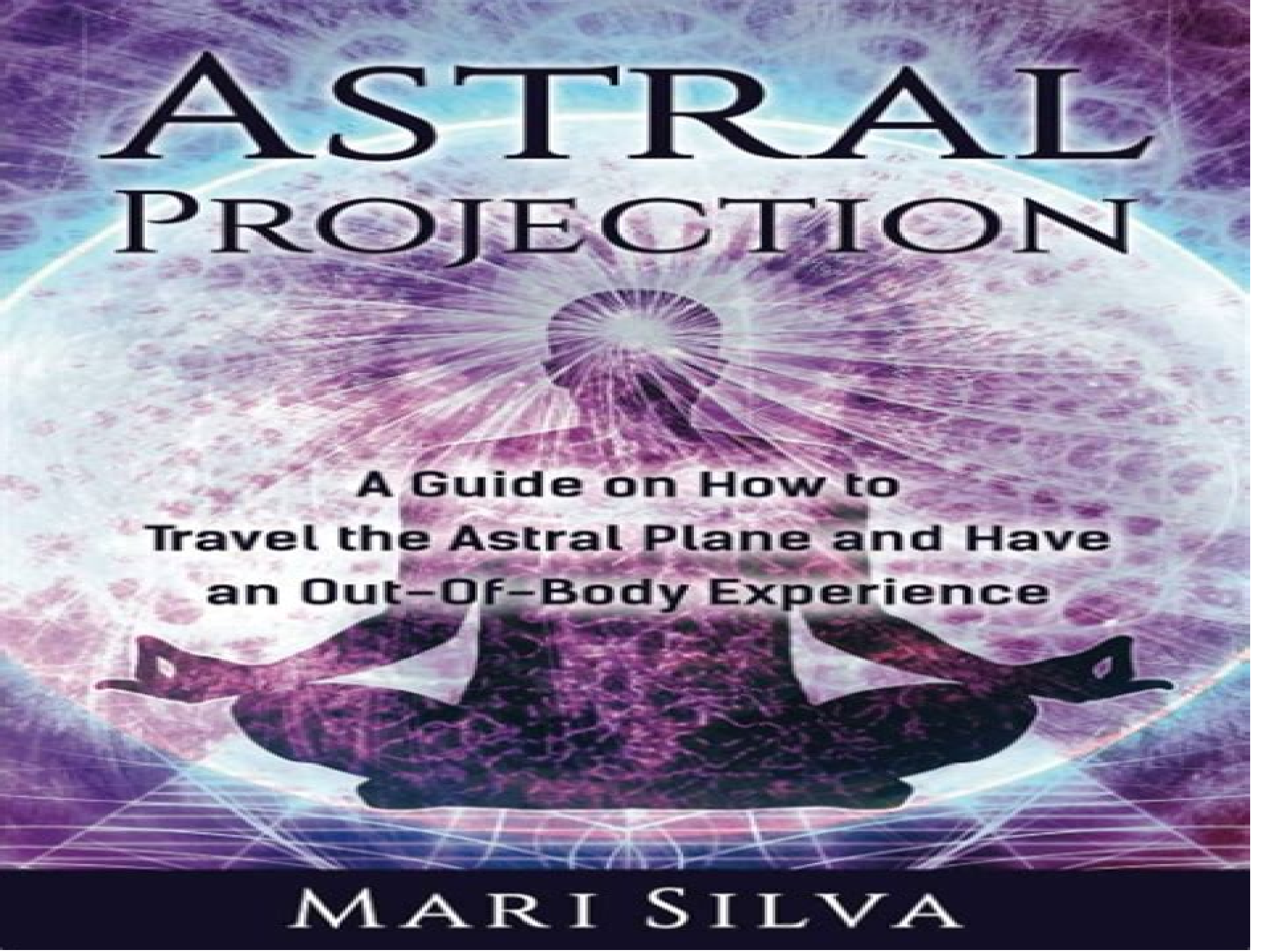


ASTRAL PROJECTION

The background of the cover features a person in a meditative pose, possibly performing a yoga asana like Padmasana. The person is depicted in a dark silhouette, with a bright, multi-colored aura or energy field radiating from their head and torso. The aura consists of concentric circles and lines of light in shades of purple, blue, and white. The overall background is a deep purple with a subtle, intricate pattern of light lines and dots, suggesting a cosmic or spiritual theme.

**A Guide on How to
Travel the Astral Plane and Have
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MARI SILVA

Astral Projection A Guide

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Astral Projection Mari Silva, 2020-10-05 This book covers intentional out of body experiences, covers astral

projection and exploration of the astral realm From A to Z it tells you everything you need to know *Astral Projection* Kristin Komak,2019-06-29 This book covers the topic of astral projection and will educate you on exactly what astral projection is the history of astral travel why you should engage in it and how to do so safely Inside this book you will discover the steps required to successfully and safely enter the astral plane and also learn about the many benefits of doing so Despite being relatively unknown astral projection has long been practiced in many cultures around the world By learning how to engage in this powerful activity you will open yourself up to a whole new world of experiences and be able to greatly improve your own life as well as the lives of those around you At the completion of this book you will be ready to begin your own journey with astral projection and be armed with the necessary knowledge to do so both safely and effectively Here Is A Preview Of What You ll Learn About Inside What Is Astral Projection Dreams Astral Travel The History Of Astral Travel How To Astral Travel How To Stay Safe During Astral Projection Common Myths About Astral Projection Benefits Of Astral Projection Much Much More [Astral Projection](#) Samuel Shepherd,101-01-01 Unlock the Secrets of Out of Body Travel Higher Consciousness Have you ever wanted to leave your body explore the universe and experience the limitless nature of your consciousness What if you could visit other dimensions meet spirit guides and access divine wisdom all from the comfort of your own home Astral projection is real and you can learn how to do it Introducing the Ultimate Astral Projection Series This 4 book series is a complete guide to mastering the art science and spiritual power of out of body travel Whether you re a beginner looking for your first projection or an advanced seeker ready to explore higher dimensions this series will take you step by step through the incredible world of astral travel What You ll Learn Inside This 4 Book Collection Book 1 The Beginner s Guide to Astral Travel Unlocking Your First Out of Body Experience Learn proven techniques to achieve astral projection no prior experience needed Master deep relaxation and separation methods to leave your physical body with ease Overcome fear doubt and mental blocks preventing successful projection Book 2 The Science and Spirituality of Astral Projection Exploring the Boundary Between Worlds Discover how science and quantum physics support the existence of out of body experiences Explore ancient teachings on astral travel and consciousness expansion Understand brainwave states and how they impact projection success Book 3 Astral Combat Psychic Defense Navigating the Dangers of the Astral Plane Protect yourself from negative entities energy parasites and thought forms Master psychic shielding energy defense and vibrational control to ensure safe travels Develop strength and awareness to maintain sovereignty in the non physical realms Book 4 Sacred Journeys Beyond the Veil Meeting Spirit Guides and Unlocking Past Lives Connect with spirit guides ancestors and ascended beings for wisdom and guidance Access the Akashic Records to reveal your past lives and karmic lessons Experience deep spiritual healing and soul level transformation through astral travel Why This Series is a Must Read Step by Step Guidance No vague theories Each book provides clear instructions and actionable techniques you can practice today Science Meets Spirituality Learn how modern research and ancient wisdom align to unlock the mysteries of astral projection

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