

APROVECHO



A MEXICAN-AMERICAN

BORDER COOKBOOK

TERESA CORDERO-CORDELL AND ROBERT CORDELL

Aprovecho A Mexican American Border Cookbook
Hippocrene Cookbook Library

Laura Giannatempo



Aprovecho A Mexican American Border Cookbook Hippocrene Cookbook Library:

Aprovecho Teresa Cordero-Cordell, Robert Cordell, 2007-09 This is a celebration of the food and culture of the US Mexico border region This comprehensive book contains over 250 recipes from enchiladas quesadillas and margaritas to more exotic delights like Cactus Salad Ensalada de Nopalitos Lobster and Tequila Langosta y Tequila and Watermelon Sorbet Also included are special sections that relate popular legends a glossary of chillies and cooking terms and a Mexican pantry list

A Pied Noir Cookbook Chantal Clabrough, 2005 This unique cookbook relates the story of the Pied Noir or Black feet Sephardic Jews from the North African nation of Algeria The cuisine of the Peid Noir reflects a storied history Expelled from Spain and later forced to flee Algeria their cookery was influenced by the nations they inhabited as well as the trade routes that passed through these areas Over the centuries they collected recipes and flavours that came to form a unique and little known culinary repertoire The 85 recipes in this fascinating book are accompanied by a history of the Pied Noir and the story of the author s family A glossary of culinary terms and menus for Pied Noir feasts are also included

Regional Greek Cooking Dean Karayanis, Catherine Karayanis, 2008 This is a Greek family cookbook with unique flavours and home kitchen recipes This book showcases dishes from the key regions of mainland Greece as well as the islands and introduces readers to little known spices and ingredients providing ways to track them down Of particular interest is a section on micro brewed beers regional wines and different ouzos Also included is an overview of the Hellenic detailing the culinary history and culture of provincial and mainland Greece

A Taste of Haiti Mirta Yurnet-Thomas, 2004 With African French Arabic and Amerindian influences the food and culture of Haiti are fascinating subjects to explore From the days of slavery to present times traditional Haitian cuisine has relied upon staples like root vegetables pork fish and flavour enhancers like Pikliz picklese or hot pepper vinegar and Zepis ground spices This cookbook offers over 100 Haitian recipes including traditional holiday foods and the author s favourite drinks and desserts Information on Haiti s history holidays and celebrations necessary food staples and cooking methods will guide the home chef on a culinary adventure to this beautiful island Recipe titles are given in English Creole and French

Mama Nazima's Jewish-Iraqi Cuisine Rivka Goldman, 2006 When the Jews fled Iraq for Israel they could not take their material possessions with them but did take their rich cuisine Delicious dishes like Smack ab Thum oo Rihan Garlic and Basil Fish and Burekas im Gevina veh Tered Feta and Spinach Pie are included in this unique book Jewish Iraqi aphorisms and beautiful photographs complete this presentation of the foods of the Iraqi Jews As the saying goes Man yakle al ein au el thum Who desires the food the eyes or the mouth

Secrets of Colombian Cooking Patricia McCausland-Gallo, 2004 Colombia is a country of vast exotic culinary creations and diverse territories that range from the Caribbean Sea to the Pacific Ocean producing a plentiful variety of seafood to the Amazon Magdalena and Cauca rivers that bathe its soils with fertility and to the Andean mountains that present coller climates The author travelled throughout these regions to collect the most authentic dishes With over 175 recipes and a glossary of

ingredients cooks will become acquainted with many of Colombia's indigenous foods such as cilantro tamarind tree tomatoes gooseberries and sweet and hot peppers

Flavorful India Priti Chitnis Gress, 2007-10 The cuisine of Gujarat a state in western India is famed for its delicately flavoured vegetarian dishes This collection of over 80 family recipes introduces readers to some of India's often overlooked culinary offerings Also included are an introduction to Gujarati culture and cuisine a section on spices ingredients and utensils and a chapter on non vegetarian specialties Each recipe is presented in an easy to follow format and adapted for the western kitchen Enchanted drawings throughout the book the flavours of India alive

A Ligurian Kitchen Laura Giannatempo, 2006 Liguria on the Italian Riviera is home to some of Italy's finest cooking The Ligurian kitchen is famous for fish fresh produce and herbs Tales of loveable uncles and a lyrical account of making pasta in the midst of a storm tantalise just as much as the sumptuous recipe on offer in this book In these 100 recipes the specialties of artisan bread bakers and those of the region's cucina povera combine to create a zestful collection that exemplifies that extraordinary marriage of land and sea that is Ligurian cuisine

Sweet Hands Ramin Ganeshram, 2005-10-31 Callaloo and Buss Up Shut Mother in Law And Kuchela Chip Chip and Doubles The verbiage of Trinidad's cuisine is both lyrical and mysterious The variety of foods from this Caribbean nation and their fanciful names tell the story of a rich and eclectic cultural heritage A British colony from 1779 until 1962 during those years Trinidad Tobago's population grew to include East Indian and Chinese indentured servants who worked in the sugar plantations alongside former African slaves Trinidadian food is marked by the blending of these cultures As such curry Indian breads callaloo a soup of West African origin and fried rice are all among the national dishes The book includes these dishes as well as many others including Shrimp Creole Beef Stew with Dumplings and Ginger Beer Also included are fascinating histories and anecdotes on such topics as Trinidadian rum Buccaneer Cooking and Black Cake Beautiful photographs by Jean Paul Vellotti bring this beautiful island nation and its unique cuisine to life

Farms and Foods of the Garden State Brian Yarvin, 2005 This second in Hippocrene's line of state cookbooks is a comprehensive look at the incredibly diverse and bountiful state of New Jersey The author captures the essence of the Garden State by profiling some of its most interesting farms including a vineyard a buffalo ranch and a trout hatchery More than 100 simple easy to follow recipes feature products from the profiled farms making the direct but often overlooked connection between farmers and cooks Recipes such as Chicken Vindaloo Italian style stewed Peppers and Portuguese Kale Soup also reflect New Jersey's ethnic diversity An ingredients glossary and a shopping guide are also included

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